

nutiva®

Dear Customer,

Thank you for inquiring about our products. Our production locations are highly proactive toward food safety and the prevention of allergen cross-contact per current Good Manufacturing Practices (cGMPs). Although unlikely, cross-contact is a possibility at any stage of the manufacturing process. We advise you to make sound purchasing decisions based on individual sensitivity and risk tolerance. Please note, full ingredient disclosure is on our product labeling as required by U.S. FDA and Canadian CFIA regulations. See below for a list of our products, their ingredients and certifications, and foods present in the manufacturing facility. The list of foods present in the manufacturing facility is provided in addition to the information on our product labels as a courtesy. For the most accurate allergen information, please refer to the product label.

Legally required allergen disclosures are listed on our product labels; however, we always encourage you to make the appropriate choices for yourself. You'll also find commonly asked questions and answers. We hope you find this information helpful. Please feel free to contact us if you have additional questions.

Note: We occasionally change our production facilities, so periodically check back with us for the most current version.

We encourage you to review this information carefully with your healthcare provider or allergist to see if our products are right for you.

Nutiva Organic Avocado Oil, 100% Pure

Ingredients: Organic Refined Avocado Oil.

Certifications:     

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic Chia Seed (Black, Ground)

Ingredients: Raw, Organic Chia Seeds.

Certifications:    

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic Coconut Manna™

Ingredients: Organic Whole Coconut Purée.

Certifications:   

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic Coconut Oil Buttery Flavor

Ingredients: Organic Refined Expeller-Pressed Coconut Oil, Organic Natural Flavors, Organic Annatto Extract (For Color).

Certifications:    

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic Coconut Oil - Virgin

Ingredients: Organic, Unrefined, Cold-Pressed, Virgin Coconut Oil.

Certifications:   

Fair Trade  for 15oz and 23oz sizes in glass jars

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic Coconut Oil, All Purpose

Ingredients: Organic, Refined, Expeller-Pressed Coconut Oil.

Certifications:   

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic Almond Coconut Spread

Ingredients: Organic Dried Coconut, Organic Palm Oil, Organic Roasted Almonds, Organic Coconut Flour, Organic Tapioca Starch, Organic Cane Sugar, Organic Coconut Milk Powder (Organic Coconut Milk, Organic Tapioca Maltodextrin), Organic High Oleic Sunflower Oil, Organic Sunflower Lecithin, Sea Salt, Organic Vanilla Extract.

Certifications:    

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, coconut, hazelnut)
- ◆ Wheat
- ◆ Milk
- ◆ Soy

Nutiva Organic Chocolate Coconut Spread

Ingredients: Organic Dried Coconut, Organic Palm Oil, Organic Cane Sugar, Organic Coconut Milk Powder (Organic Coconut Milk, Organic Tapioca Maltodextrin), Organic Tapioca Starch, Organic High Oleic Sunflower Oil, Organic Cocoa Powder, Organic Coconut Flour, Organic Cocoa Butter, Organic Sunflower Lecithin, Sea Salt, Organic Vanilla Extract.

Certifications:   

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, coconut, hazelnut)
- ◆ Wheat
- ◆ Milk
- ◆ Soy

Nutiva Organic Vanilla Coconut Spread

Ingredients: Organic Dried Coconut, Organic Palm Oil, Organic Coconut Flour, Organic Tapioca Starch, Organic Cane Sugar, Organic High Oleic Sunflower Oil, Organic Coconut Milk Powder (Organic Coconut Milk, Organic Tapioca Maltodextrin), Organic Vanilla Extract, Organic Sunflower Lecithin, Organic Vanilla Bean Powder, Sea Salt.

Certifications:   

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, coconut, hazelnut)
- ◆ Wheat
- ◆ Milk
- ◆ Soy

Nutiva Organic Hazelnut Spread – Classic

Ingredients: Cane Sugar*, Palm Olein*, Oat Flour*, Tapioca Starch*, Hazelnuts*, Palm Oil*, Cocoa Powder*, Sunflower Lecithin*, Sea Salt, Natural Flavor*, Vanilla Extract*, Contains: Tree Nuts (Hazelnut). *Certified Organic

Certifications:    

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, coconut, hazelnut)
- ◆ Wheat
- ◆ Milk
- ◆ Soy

Nutiva Organic Hazelnut Spread – Dark

Ingredients: Cane Sugar*, Palm Olein*, Cocoa Powder*, Oat Flour*, Palm Oil*, Hazelnuts*, Tapioca Starch*, Sunflower Lecithin*, Sea Salt, Natural Flavor*, Vanilla Extract.* Contains: Tree Nuts (Hazelnut). *Certified Organic

Certifications:    

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, coconut, hazelnut)
- ◆ Wheat
- ◆ Milk
- ◆ Soy

Nutiva Organic Hempseed

Ingredients: Raw, Organic Shelled Hempseeds.

Certifications:   

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic Hemp Oil

Ingredients: Raw, Organic, Unrefined Hemp Oil.

Certifications:    

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic Hemp Protein – Peak Protein & Fiber Plus

Ingredients: Organic, Raw Hemp Protein.

Certifications:    

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic Hemp Protein Vanilla

Ingredients: Organic Hemp Protein, Organic Coconut Sugar, Organic Inulin (Sunchoke), Organic Natural Flavors, Organic Stevia Extract.

Certifications:    

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic Liquid Coconut Oil

Ingredients: Organic Coconut Oil.

Certifications:    

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic MCT Oil

Ingredients: Organic Coconut Medium-Chain Triglycerides from Coconut Oil.

Certifications:     

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic MCT C8 Oil

Ingredients: Organic Caprylic Acid (C8), Medium-Chain Triglycerides from Organic Coconut Oil.

Certifications:     

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic MCT Powder

Ingredients: Organic Coconut Medium-Chain Triglycerides, Organic Acacia Fiber.

Certifications:     

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic MCT Powder Vanilla

Ingredients: Organic Coconut Medium-Chain Triglycerides, Organic Acacia Fiber, Organic Natural Flavors, Organic Monk Fruit Extract or Stevia Extract (Canada).

Certifications:    

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic Plant Based Ghee

Ingredients: Organic Refined Expeller-Pressed Coconut Oil, Organic Refined Avocado Oil, Organic Vegan Natural Flavor, Organic Turmeric Extract, Organic Annatto Extract (For Color).

Certifications:     

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic Red Palm Oil

Ingredients: Organic Fair Trade Unrefined Red Palm Oil.

Certifications:      

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic Shortening

Ingredients: Organic Palm Fruit Oil, Organic Unrefined Virgin Coconut Oil, Organic Unrefined Red Palm Oil.

Certifications:     

The following foods are present in the same manufacturing facility:

- ◆ Tree Nuts (coconut, almond, hazelnut)
- ◆ Soy
- ◆ Milk

Nutiva Organic Plant Protein Powder Chocolate

Ingredients: Organic Protein Blend (Organic Pea Protein, Organic Sunflower Protein, Organic Pumpkin Protein, Organic Hemp Seed Protein), Organic Cocoa, Organic Creamer Base (Organic Coconut Milk, Organic Inulin, Monk Fruit Extract or Stevia Extract (Canada), Organic Tapioca Maltodextrin, Organic Acacia), Organic Natural Flavors, Fruit and Vegetable Blend (Spinach, Broccoli, Carrot, Sweet Potato, Orange, Apple, Strawberry, Sunflower Seed, Shiitake Mushroom, Maitake Mushroom), Himalayan Sea Salt, Organic Cinnamon, D-Alpha-Tocopherol (Vitamin E), Bifidobacterium Longum*, Enzyme Blend (Protease, Amalyse, Lipase, Cellulase, Papain, Bromelain). Contains: Coconut [†]12 vitamins 25% DV or higher per serving [†]*CFU as part of a balanced diet & healthy lifestyle Made without Milk, Soy or Artificial Flavors.

Certifications:  

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy

Nutiva Organic Plant Protein Powder Vanilla

Ingredients: Organic Protein Blend (Organic Pea Protein, Organic Sunflower Protein, Organic Pumpkin Protein, Organic Hemp Seed Protein), Organic Creamer Base (Organic Coconut Milk, Organic Inulin, Monk Fruit Extract or Stevia Extract (Canada), Organic Tapioca Maltodextrin, Organic Acacia), Organic Natural Flavors, Fruit and Vegetable Blend (Spinach, Broccoli, Carrot, Sweet Potato, Orange, Apple, Strawberry, Sunflower Seed, Shiitake Mushroom, Maitake Mushroom), Himalayan Sea Salt, Organic Cinnamon, D-Alpha-Tocopherol (Vitamin E), Bifidobacterium Longum*, Enzyme Blend (Protease, Amalyse, Lipase, Cellulase, Papain, Bromelain). Contains: Coconut [†]12 vitamins 25% DV or higher per serving [†]*CFU as part of a balanced diet & healthy lifestyle. Made Without Milk, Soy or Artificial Flavors.

Certifications:  

The following foods are present in the same manufacturing facility:

- ◆ Tree Nut (almond, cashew, coconut, hazelnut, pecan)
- ◆ Wheat, Rye, Barley
- ◆ Peanut
- ◆ Milk
- ◆ Soy



Allergens: Frequently Asked Questions

Q: What allergens are tracked in your facilities?

A: Fish, Milk, Mustard, Peanuts, Sesame, Crustacean Shellfish, Soy, Sulphites, Tree Nuts, and Wheat. (Note: Coconuts botanically are a drupe, but are considered to be a Tree Nut.)

Q: I have a life-threatening peanut allergy. Would you recommend that I use your coconut oil?

A: The facility that our coconut oil is bottled in is not a certified peanut free facility. Please consult your healthcare provider or allergist to see if our products are right for you.

Q: Are your products gluten free?

A: Nutiva Brand products are naturally non-gluten, but are not certified gluten-free. Coconut Secret Brand products are certified gluten-free..

Q: Are your hemp products certified gluten free?

A: No, our hemp products are not certified gluten free.

To qualify for gluten free certification, products need to test less than 20 parts per million. We test every lot of our hemp foods and most of the time they are below those limits. Nutiva hemp products have no gluten containing ingredients in them and there are none in the facility either. However, if you have celiac disease, please be extra cautious and look for Certified Gluten Free products as there is still chance of cross-contamination at the farm level. Please consult your healthcare provider or allergist to see if our products are right for you.

Q: I have a tree nut allergy. Would you recommend that I use your products?

A: Our products contain the following tree nuts: almond, coconut and hazelnut, but some of our products are packaged in facilities that also process tree nuts. We advise you to make sound purchasing decisions based on individual sensitivity and risk tolerance. Please consult your healthcare provider or allergist to see if our products are right for you.

Q: Do your products contain sulfites?

A: No, our products do not contain sulfites.

Q: Do your products contain MSG?

A: Nutiva and Coconut Secret brand products do not contain any MSG.

Q: What are the Organic Natural Flavors made from?

A: The Organic Natural flavoring is proprietary. If you have food allergies, sensitivities, or follow a special diet, please refrain from using products which contain any organic/non-organic flavor in it as they may contain potential non-major food allergens. Single ingredient product or products that are labeled as Allergen Free are better options. If you have questions about what foods are safe for you to eat, please consult with your healthcare provider or allergist.

Q: I have Celiac disease / severe gluten-intolerance. Do you recommend that I use your products?

A: We recommend that you consult your healthcare provider or allergist as to whether it is necessary for you to consume only certified gluten-free products and whether our products are right for you.

Q: Do any of your products contain soy?

A: No, our products do not contain soy.

Q: Do your products contain milk?

A: Generally, our products do not contain dairy. However, Organic Hazelnut Spreads may contain trace amounts of milk. Please refer to individual ingredient information.



Certified
USDA
Organic



Non-GMO
Project
Verified



Certified
KETO



Certified
Gluten Free



Certified
Vegan



Certified
Kosher



Certified
Kosher Dairy



Glyphosate
Residue Free



Whole30
Approved



Certified Fair
For Life



Certified Fair
Trade



Palm
Done Right