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30-Day Guarantee **Error! Bookmark not defined.**

Notice

The mindGear is Caputron's cranial electrotherapy stimulation (CES) device for the treatment of depression, anxiety and insomnia.



The mindGear device is a Class 2a type BF medical device.



To discard the device, it must be sent to separate collection facility for recovery and recycling. Please separate this device from household waste to help conserve natural resources.

Warnings



For your safety, read this manual thoroughly before using the mindGear.



Do not plug leads into wall sockets. High voltage may destroy device.

Precautions

Do not allow children to handle the mindGear without adult supervision.

Contraindications

Please do not use this device if you may have a pacemaker or other metallic implants around the head region. The safety of CES devices have not been established for pregnant women.

Indications for Use

mindGear is an effective CES device and is used for the treatment of Depression, Insomnia, and Anxiety. Recommended treatment time for a session is 15 or 30 minutes. Intensity on the other hand may be adjusted until comfortable tingling is felt.

Introduction

mindGear is the gentle, drug free treatment for Depression, Anxiety, and Insomnia. Based on decades of research at the nation's best medical centers and with thousands of satisfied users, mindGear provides you fast-acting relief, without the complications of drugs, in the privacy of your home or work. mindGear applies a gentle energy to your brain, allowing you to help yourself feel relief. Sometimes all you need is a little help. mindGear is there when you need it.

The Drug Free Treatment for Depression

Everyone occasionally feels blue or sad. These feelings are usually short-lived and pass. But when you have depression, it interferes with daily life and causes pain for both you and those who care about you. Change your brain state with mindGear.

The Drug Free Treatment for Anxiety

Anxiety disorders affect one in five adults, causing them to be filled with fearfulness and uncertainty. Anxiety can be associated with panic attacks, post-traumatic stress, and social phobias. Relax with your mindGear.

The Drug Free Treatment for Insomnia

People with insomnia have difficulty falling and staying asleep. While there are many causes for insomnia, the results can be severe: including depression, anxiety, stress, irritability, and a reduction in quality of life. Enjoy your sleep with mindGear.

mindGear at a glance



Power Switch

Use the Power Switch to turn on or off the mindGear

Turn On: Slide the Power Switch to **On** position.

Turn Off: Slide the Power Switch to **Off** position.



Time Button



The time button helps you select desired treatment time adjusting in step of 15 minutes.

Start/Stop Button

Use the Start/Stop button to start or stop treatment.



Start treatment: Press Start/Stop button after desired time is chosen to enable you select a comfortable intensity.

Stop treatment: Press Start/Stop button to ramp intensity and time to default.

Increase Time/Intensity button



Use this button to increase time or intensity when necessary.

Decrease Time/Intensity button

Use this button to decrease time or intensity when necessary.



Electrode connector



Connect the cable to this port.

Clip

Helps you to easily attach device pants.



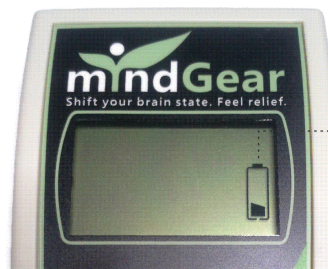
Battery Compartment

Slide down the lock and lift cover from sides to open the compartment.

LCD Screen and Indicators



Intensity Level
Treatment Time



Low Battery Indicator

Accessories

Electrodes: Use Caputron hydroPod self-adhesive electrode. Do not use 3rd party electrodes.



Electrode wire: 2mm Pin lead electrode wire connects electrodes to mindGear.



Ear Clip Electrodes (Optional): 2mm Pin lead electrode wire connects electrodes to mindGear.

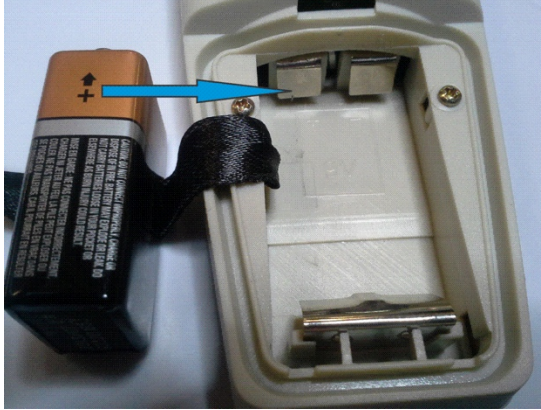


Battery: 9 volts alkaline battery.



Getting Started

Insert the Battery



Find the 9 volt battery in the bag (USA only), remove from plastic covering. Open the battery compartment on the mindGear by sliding down the lock and lifting off the cover. Locate the + sign on the battery. Find the picture of the battery in the slot and place the battery likewise. + on battery to + terminal. Ensure that the battery is installed over linen strip to help when removing battery. Replace the cover and slide up the lock.

Switch on MindGear

Slide the Power Switch to **ON** position to turn on the MindGear. LCD display lights up showing default Intensity (POWER) and TIME levels. If the Low battery indicator shows, please use a new battery.

Note: After two (2) minutes of inactivity, LCD screen goes off since there is no treatment set. To turn on, simply press any button.

When not in use, the device should be switched to OFF to conserve battery.

Perform a treatment for Depression, Anxiety, or Insomnia

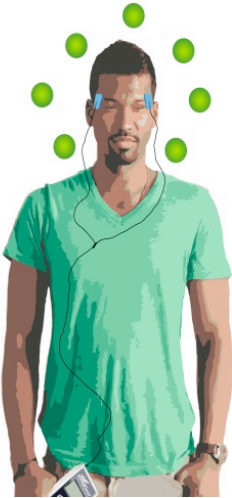
Please ensure that the mindGear is switched **ON** following the appropriate steps listed above.

Step 1

Insert the leads into the provided electrodes and connect cable to the mindGear. Attach electrodes to forehead avoiding hair and damaged skin. Please ensure that electrodes are about 2 inches apart but not directly above the eyes.

Step 2

Press Time button. Time will start blinking. Select desired treatment time (15 or 30 mins) by pressing ▲ or ▼ down buttons.



Step 3

Start the treatment by pressing Start/Stop Button. Intensity level (0.0) will start blinking. Adjust Intensity by pressing ▲ or ▼ button until comfortable tingling is felt.

You may adjust intensity level at any time. Selected intensity remains until you change it but timer reduces to zero to end treatment.

Relax and feel relief with mindGear.

Maintenance

Keep device clean and ensure dust does not enter battery compartment and all other openings. Clean your mindGear with a damp cloth when necessary.

Storage

You must take out your battery if you do not intend to use the mindGear for 1 week or more. Keep the mindGear and its accessories in a temperature between 0 and 68°F. Please keep the mindGear away from liquid and heat sources.

Support

Problem	Possible cause	Possible solution
Device goes off while in operation	Battery may have lost contact.	Insert battery correctly.
Device does not turn on when Power is switched ON	Battery may be depleted	<ol style="list-style-type: none"> 1. Insert battery correctly, ensuring + on battery goes to + terminal. 2. Replace battery.
Electrodes do not stick well.	Skin may be unclean or electrodes may be due for replacement	<ol style="list-style-type: none"> 1. Ensure that skin is clean. 2. Replace hydroPod electrodes
No tingling sensation.	May be normal with you as with others.	<ol style="list-style-type: none"> 1. Increase current on the device. 2. Be patient until treatment is over to see if your symptoms have subsided. (No sensation may be normal with you so treatment yields positive results)
No results	Device may have been improperly operated.	Repeat treatment at an increased current and time while ensuring 'no burns.' Recommend to use for ~3-4 weeks to maximize chance of benefits.

Technical Information

Electrical

Batteries	9 volt
Timer	15 minute countdown timers
Current	0 to 1.5mA
Frequency	0.5 Hz
Waveform	Symmetrical bi-phasic square wave
Pulse width	Variable 240 ms to 1 sec

Mechanical

Length 5.6"

Width 2.8"

Height 1.2"

Weight 4.0 oz

90-Day Guarantee

A ninety day guarantee is offered with the purchase of each mindGear stimulator. You may return the device within 90 days for a refund if it is undamaged and does not successfully treat your symptoms. The costs of shipping and extra accessories purchased are not refundable. To return a device, contact Caputron for an Return Authorization number which must be placed inside the return package. You may use any carrier to ship your device back to us, but **we strongly recommend you use delivery confirmation**. We are not responsible for refunding a lost device if there is no proof that we received it. The refund will be processed within 10 business days of receipt of your device.

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