



Welcome to mindgear.

To start, insert battery correctly and Push Power switch to On position.

Step 1

Insert the leads into the pad electrodes Plug the cable end into the electrode connector.

Attach pad electrode to forehead avoiding hair and unclean skin.

Step 2

Press Time button for time to start blinking. Select desired treatment time between 15 and 30 mins by pressing ▲ or ▼ button.

Step 3

Start the treatment by pressing Start/Stop button and wait for the intensity level (0.0) to start blinking.

Increase intensity between 0.1 and 1.5mA by pressing \blacktriangle until tingling is felt and comfortable.

Relax and Enjoy the relief of mindgear as time decreases to zero.