

TWIST OUT



- Step 1. Begin with freshly washed hair using Shea Moisture's Jamaican Black Castor Oil Strength & Restore Shampoo and Conditioner.
- Step 2. Separate in small sections, about 10-15 sections depending how defined you want your curls. For this style, make sure to work on each section one at a time. The more sections, the tighter the coils
- Step 3. Detangle as you separate the sections with the Jamaican Black Castor Oil Strength & Restore Leave-In Conditioner using the Freestyle Flared Hard Cushion Brush.
- Step 4. While the hair is still slightly damp, seal the ends by using a few drops of the Jamaican Black Castor Oil Strengthen & Restore Oil Serum. Using the palm of your hands, rub together, then run through each allocated section.
- Step 5. Separate each section into two subsections of hair, grabbing the hair in each hand. While gripping firmly cross the portions of hair over each other, passing it onto the opposite hand.
- Step 6. Continue to do so until the section of hair is twisted to the end. Repeat for each section.
- Step 7. Once all sections are fully dry, untwist and fluff.

Shea Moisture[®]
Established 1912

STYLING
TIPS
@NATURALLYNELLA