

# TUNING TIPS

Your Kinekt Stem comes with 3 different springs that allow you to tune your comfort level to your riding style and the terrain. The Stem is designed to move approximately 15-20 mm. It will dramatically reduce **High-Frequency** vibrations transmitted through your handlebars and into your upper body.

## Soft (Blue)

The soft spring is best for very light riders, and those who ride primarily on pavement.

## Medium (Black)

The medium spring comes installed and is the best suited for most riders and riding conditions such as rough pavement, gravel, or dirt. Give it a try first.

## Firm (Green)

The firm spring is designed for aggressive riders and tough terrain, as well as for riders who use handlebar bags and riders who apply more force to their bars.

Your Stem is also equipped with high density dampers on the top and bottom of the spring to keep the movement smooth and help with ride comfort when up and out of the saddle or climbing. All parts are fully replaceable.

Your Stem is designed to move vertically and not affect your hand position on the bars. If you need to hit your brakes hard, you will feel in complete control with your Kinekt Stem. Ride safe!

### NEW Performance Damper. MSRP \$18.95

The Damper Kit allows you to tune the feel of your suspension stem to be firmer and to make bottom outs less abrupt. The system works by engaging both the support elastomer and bottom-out elastomer through the full travel range.

## Contact us

Bellingham, WA  
360.392.8302  
sales@cirruscycles.com

Go to [cirruscycles.com](http://cirruscycles.com) for more information, instructional videos, or to locate a local dealer.



**LIMITED PRODUCT WARRANTY:** Cirrus cycles warrants its products to be free from defects in parts and workmanship under normal use and service for a period of one (1) year from date of purchase by customer. Cirrus cycles is not responsible for any product failure due to abuse, misuse, modification or improper use. Products returned by prepaid freight, accompanied by proof of purchase and date and found defective will, at the option of cirrus cycles, be repaired or replaced at no charge. Cirrus cycles shall have no liability for implied warranties of merchantability and/or fitness for a particular purpose, lost profits or any such damages arising from the use of cirrus cycles products.

# CARE & MAINTENANCE FOR YOUR STEM

Your Kinekt Stem is durable, resilient, and made from the finest materials. For optimal longevity, care for it just like any other bike part.

1. Keep clean and dry.
2. The pivot bushings are designed to be self-lubricating and do not require oil or grease. If squeaking develops, check for contamination or excessive wear.
3. Pivot bushings should be replaced if excessive side to side movement develops.
4. Urethane bumpers should be replaced to maintain intended performance if they deteriorate over time.
5. A medium-strength thread-locker should be applied to set screws if the pre-applied treatment wears off.
6. Make sure to inspect your stem for movement of the hollow pins. Periodically retighten the set screws and check that indent in the pin is aligned with the set screw. Do not over tighten.

## SPRING CHANGE

1. Loosen set screw 2 turns and remove rear upper pivot pin.
2. Rotate upper link and handlebar forward to reveal spring assembly.
3. Remove upper spring guide with bottom out bumper.
4. Replace spring. Reverse steps to assemble. Make sure the set screw lines up with the indent on the pivot pin, then tighten until snug (2-2.5Nm).



# KINEKT SEATPOST

Combine your Kinekt Stem with the Kinekt Suspension Seatpost for the ultimate in riding comfort. The patented Kinekt Seatpost minimizes vibration and shock, reducing discomfort, back pain, and muscle fatigue. You'll have more control over all types of terrain. We call the result Comfort in Motion.™



Exclusive Rail Clamp  
Makes it easy to attach a saddle.

Patented Parallelogram Design  
Provides the most effective system for smoothing out rough roads. Helps you maintain seat position and ideal pedal stroke. Reduces road irritation, pain, and fatigue.

Easy Ride Adjustment  
This Kinekt exclusive allows you to fine tune the ride to your style and the terrain. Does not affect seat height.

Two Styles, Many Sizes  
Available in lightweight alloy or superlight carbon. Lengths and sizes to fit nearly any bike.

Friction-Free Vertical Travel  
No back-and-forth movement, so you'll stay right over your pedals.

Love riding more.



# KINEKT

## STEM PRODUCT GUIDE

## QUICK SET-UP

NOTE: Your new stem requires a threadless steer tube. If you have a old-style quill style stem, you will need to buy a quill threadless adapter. They are available online. Let us know if you need help finding this. Additionally, some handlebars will require shims to fit properly in your new stem. These can be purchased online or at your dealer.

1. Remove old stem from bike.
2. Install Kinekt Stem on steerer tube.
3. Install handlebars and tighten.  
(Note that 6Nm is the maximum torque for the Kinekt Stem, however some bars and steerers have different tolerances. Please refer to the manufacturer's specifications.)
4. Align front wheel with stem.
5. Tighten headset.
6. Tighten rear screws on stem that attach to headset. (4-6Nm).

## FAQ

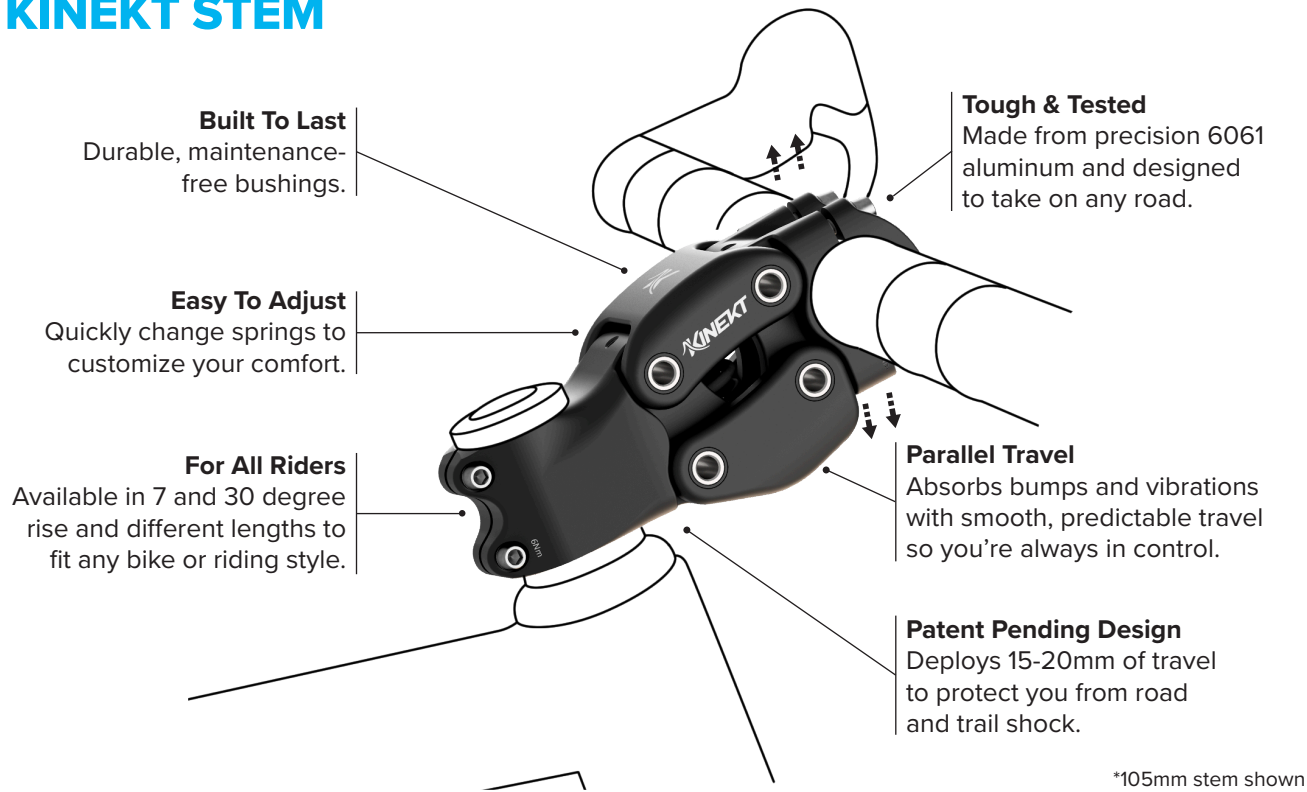
### WHAT ARE THE EXTRA SPRINGS FOR?

A firmer and a softer spring are included to tune the stem to suit you best.

### IS THIS COMPATIBLE WITH MY BIKE?

Yes, for any bike with a 31.8mm handlebar and 1 1/8" threadless headset this is a drop in replacement. For other bikes, you may need a handlebar shim or quill stem adapter. Adding or removing headset spacers may also be necessary. Note: We sell shims and quill-to-threadless adapters on our website.

## ANATOMY OF YOUR KINEKT STEM



## 50 DEGREE STEM SET-UP

1. Follow the **Quick Set-Up** instructions. Please note these additional steps.
2. Remove plastic cover on back of stem (3mm Allen key).
3. The 50 Degree Stem uses the longer bolt that comes with unit. Please do not use your original bolt. Use a 5mm Allen key to tighten (do not over-tighten).
4. Use the two front screws to attach the stem to your headset (4-6Nm)



## THANKS FOR BUYING

Your patent pending Kinekt Stem minimizes vibration and shock, reducing discomfort, hand pain, and muscle fatigue. You'll have more control over all types of terrain because your bike will move and you won't. The result is a more comfortable, confident, and enjoyable ride. We call it **Comfort in Motion™**.



### TOOLS REQUIRED

- 2.5mm Allen key
- 4mm Allen key
- Torque wrench



Show us how Kinekt helps you #LoveRidingMore  
[@cirruscycles.com](https://www.cirruscycles.com)

### 30-DAY COMFORT GUARANTEE

If you purchased directly from Cirrus Cycles, please contact Cirrus at 1-360-392-8302 or reach us at [sales@cirruscycles.com](mailto:sales@cirruscycles.com), to process your refund and/or exchange. All exchanges/refunds must occur within 30 days of your original purchase date. If you purchased your Kinekt seatpost somewhere other than [cirruscycles.com](https://www.cirruscycles.com), please take your receipt and your seatpost back to the original place of purchase for an exchange/refund. All exchanges/refunds must occur within 30 days of your original purchase date.