

THE CPA WAY

Competitive teams at CPA are not created in the traditional way of attending a single try-out & subsequently making a team. At CPA we hold two weeks of level practices and in essence allow each athlete 7-10 hours of stunting, jumping, and tumbling within a level, sometimes 2 levels, before placing each athlete onto a team.



STEP 1- INDIVIDUAL LEVEL ASSESSMENTS

Athletes will be levelled for Season 19 in one of two ways:

1. Athletes currently on an All Star team at CPA will be given a level or levels for Season 19
2. Athletes in any other CPA program/class, **OR** athletes new to CPA must book a Level Assessment

LEVEL ASSESSMENT BOOKING

The link above allows you to book an individual Level Assessment between the dates of May 9th - May 13th. Please choose a day and time that works for you. Each Level Assessment will cost \$20 plus HST which will be directly removed from your initial membership payment. Coaches will look at such things as strength, flexibility, tumbling, & ability to take corrections.

STEP 2- LEVEL PRACTICES

Once your athlete has been assigned a level or levels, you will register your athlete for Level Practices. In order to do this you will be required to pay the first 1/2 of the CPA membership fee. This fee is non refundable and varies based on the program (Elite Novice/All Star Prep/All Star). Level practices will take place between Thursday May 16th, and Wednesday May 29th.

Please see the [Level Practice Schedule](#)

****The level an athletes attends DOES NOT guarantee a team placement within that level or program**



STEP 3- TEAM PLACEMENTS

On Sunday June 2nd from 1:00pm-2:00pm CPA will hold our annual Team Reveal Party, where all athletes will find out what team they made together and have the opportunity to meet their teammates and coaches! Practices for each team will start the week of Monday June 3rd.

****MANY factors contribute to what program and subsequent team we place your athlete. Some of it is age and experience, but other factors include maturity, coach-ability, tumbling, stunting, and position. More importantly, where we feel the athlete will succeed, feel valued, and learn the most is at the forefront of our considerations**

YOUR ATHLETE WILL BE PLACED ON A TEAM IN ONE OF THE FOLLOWING PROGRAMS				
PROGRAM	AGES	PRE-REQUISITES	SIMILARITIES	MAIN DIFFERENCES
Elite Novice	4-8	- Session of Recreational or Novice preferred	- Membership Fee *varies by program - Team Tuition - Summer Practices - Full Season June-April - 1 practice per week Summer - 2 practices per week Sept-April	- Rented uniform - 3-4 Competitions - Rated at competition
All Star Prep	9-16	- 1 Year previous cheer experience OR - 1 Session of Novice or Novice Elite		- Purchased uniform - 3-4 Competitions - Ranked at competitions
All Star	8 AND UP	At least ONE or more of the following: - 1 Season of All Star Prep - Previous All Star Experience - Exceptional Tumbling and/or Stunting		- Purchased uniform - 6+ Competitions