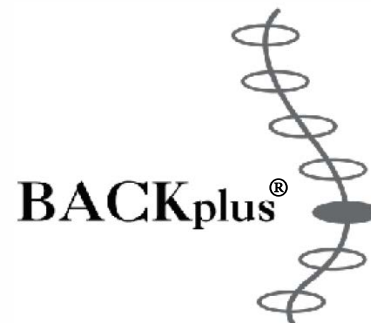



# 284 (142) x210mm

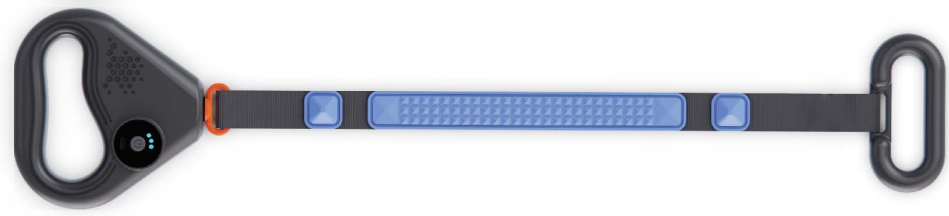


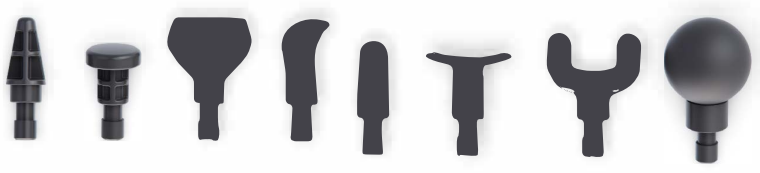
**BACKplus®**

**TOTAL BODY MASSAGER**  
Belt + Percussion



**Redfern**  
Smart Products for Home + Health





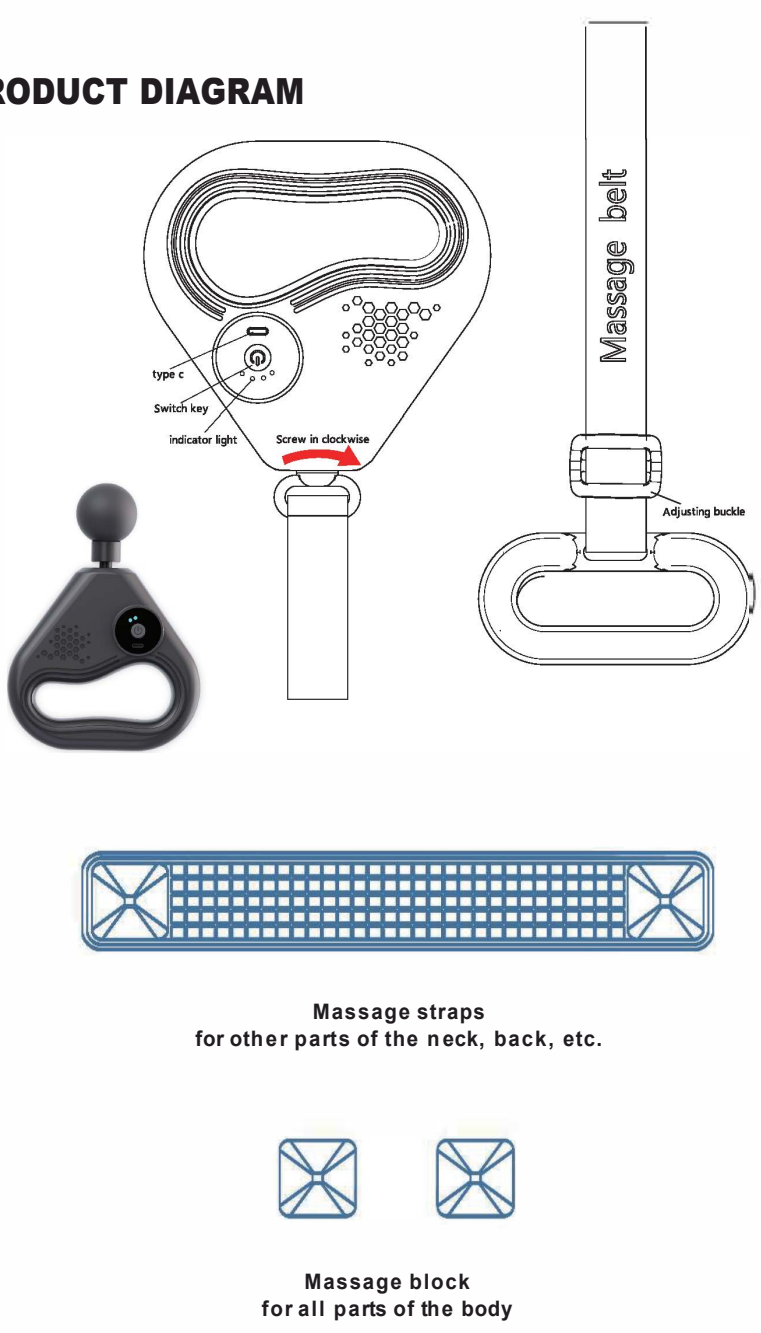
**PRODUCT INFORMATION**

Gear positions: 4	Switch: key type
Interface type: DC	Shell material: ABS+painting
Force: 60-S0LB	Process Power: brushless motor
Voltage: 7.4V	30W Motor diameter: 35mm
Motor revolutions: 1800-3000 rpm	Charging time: 3-4 hours
Battery capacity: 1500mah	Endurance: 4-6 h
Net weight of product: 0.5kg	Gross weight of product: 0.7kg

**CHARGING INSTRUCTIONS**

1. Power on/off button (the indicator light is off, long press to turn on/long press to turn off)
2. Press the key gear to replace.
3. Please select SV charging device for charging
4. For the first time, please charge for 3 hours. Please connect the data cable to the SV adapter for charging.
5. During charging, the four lights will flicker, and the four lights will always be on when fully charged. They are red, yellow and green in turn.

**PRODUCT DIAGRAM**



**Important Safety Instructions**

1. Use item only for its intended use.
2. This item is intended for household and residential use only. This product is not approved for commercial applications.
3. To protect against a risk of electric shock, do not immerse the item in water or other liquids.
4. The item should always be turned off before plugging or unplugging from power surge protected bar. Never yank the cord to disconnect from power surge protected bar, instead grasp plug and pull to disconnect.
5. Do not operate item if has been dropped or damaged.
6. If device is damaged it must be replaced by manufacturer, its service agent or similarly qualified technician in order to avoid a hazard.
7. To avoid the risk of electric shock, do not disassemble the item. Take or ship to a qualified service technician for examination and repair. Incorrect reassembly or repair can cause a risk of fire, electric shock or injury to persons when item is used.
8. Not intended for use by children. Close supervision is necessary for any item being used near children. Unsupervised use can result in fire or personal injury. Do not leave item unattended while plugged in.

DISCLAIMER: Content is for reference purposes and is not intended to substitute any advice given by a physician, pharmacist, or other licensed health-care professional. You should not use this information as self-diagnosis or for treating a health problem or disease. Contact your health-care provider immediately if you suspect that you have a medical problem. Redfern Enterprises assumes no liability for inaccuracies or misstatements about products. Not to be used by children or any adults that need supervision.

This product is not intended to be used by persons (including children) with reduced sensory or mental capabilities or lack of experience and knowledge unless they have been given supervision or instruction concerning this product by a person responsible for their safety. Children and vulnerable people should be supervised to ensure they do not play with this product.

**Method of use**

Local muscle relaxation

Static technique

Dynamic techniques

Pectoralis	-30s	Rhomboids	-1min
Deltoid	-30s	Rotator cuff muscle	-25s
Rotator cuff muscles	-25s	Triceps	-25s
Biceps	-30s	latissimus dorsi	-45s
Brachialis	-30s	erector spinae	-35s
Brachioradialis	-30s	Henricus medius	1min to 1.5min
Abdominals	-45s	Gluteus maximus	1min to 1.5min
Iliopsoas muscle	-25s	Pear muscle	1min to 1.5min
Quadriceps	-60s	Iliotibial bundle	-25s
Hip abductors	-60s	Biceps brachii	-1min
Anterior tibialis	-45s	Greater adductor muscle	-25s
Peroneus longus	-30s	Semitendinosus & semimembranosus	-40s
Peroneus brevis shortus	-30s	Hallux valgus muscle	-20s
Scapularis elevator	-1min to 1.5min	Flexor digitorum brevis	-40s
Trapezius muscle	-1min to 1.5min	Heel	-20s

**SAFETY INSTRUCTIONS:**

In order to reduce the risk of electric shock, fire and personal injury, this product must be used according to the following instructions.

**FOR ADULTS ONLY (Not to be used by children)**

- This product can only be used on dry and clean skin surface, not through clothes.

Press and gently move on the skin.

- Use the device only on soft tissues of the body without causing pain or discomfort.

Do not use it on the head, any hard or bony part of the body.

- The length of message belt is adjustable. This product does not need to be tight when replacing the message head.
- Bruising may occur under moderate or normal pressure. Always check the area receiving the massage.
- In case of pain or discomfort, please stop using it immediately.
- Fingers, hair or other parts of the body should be kept away from the shaft and back of the vibrating head, as they may be squeezed.
- Do not place anything in the ventilation hole of the device.
- Do not immerse it in water or let water enter the ventilation hole of the device.

Do not drop the device or use it improperly. Only use 5 VDC to charge the device. Please carefully check the device and battery before each use. Do not change or modify the device in any way.

- Do not operate or charge unattended.

**IMPORTANT USE INSTRUCTIONS**

1. The interface position of this product is rubbed due to expansion and contraction. In order to prevent wear, lubricating oil should be applied. Pay attention not to get stained with clothes. The contact skin can be wiped or cleaned, but it will not be used for several times
2. This product cannot be used while charging, and you need to press and hold the ON key to use or close the key.
3. The product automatically shuts down every 10 minutes.

**Cleaning and maintenance**

**WARNING**

- Switch off the device each time before cleaning.
- **Clean the device with a slightly damp cloth only.**
- Under no circumstances may liquid enter the device or accessories.
- Do not use the device again until it is completely dry.
- Do not clean the device in a dishwasher.
- Do not use any abrasive cleaning products or hard brushes.
- Whenever the product is not in use, please store it in a cool, dry place in the original packaging. Do not place other items on top as the pressure could damage the product.

**1 Year Limited Warranty**

**This product is warranted for 1 year from the original date of purchase, against defects in materials and/or workmanship when utilized for normal household use. During this period if the unit is proven defective it will be repaired or replaced at the discretion of the authorized service technician.**

**The unit shall be returned, by original purchaser, freight prepaid with proof of original purchase date and \$29.99 return shipping/handling charges included. Redfern Enterprises does not accept C.O.D.'s and will not reimburse for any fees associated with the return or shipping of the item.**

**This warranty does not apply to any defect arising from a buyers misuse, negligence, failure to follow instructions, use on current or voltage other than that stamped on the unit or repairs not authorized by a Redfern Ent. technician will null and void the warranty.**

**If you believe that your product is defective, contact Redfern Enterprises Customer Services Department:**

**CANADA**  
101-127 Commercial Drive,  
Calgary, AB T3Z 2A7

TF: 1-877-387-7770 X 0 (Toll Free) Local 403.735.5130 X 0  
info@redferment.com www.redferment.com

**UNITED STATES**  
4168 N North Pecos Road, Ste 102  
Las Vegas, Nevada, 89115  
1-877-462-5757 X 1 (Toll Free) Local 703.795.3314 X1  
infous@redferment.com www.redfermentus.com

For Service you must first obtain a Return Authorization Number (RA Number) Original Proof of purchase must be provided to customer service for Warranty. Product must be shipped prepaid, with RA# on it and return shipping of \$29.99. Return Shipping is subject to change as the rates change.