

## Foot and Leg Massager





Please read this manual carefully before using this product.

# Using Backplus® Foot and Leg Massager

#### **Excellent for Legs & Calves**

Easy to use, simply tilt the massager to place your Legs & calves. The BACKplus ® Massager soothes and aids to stimulate blood flow to the legs to help relax the calf muscles



#### **Bottom of Foot**



When using the ball to soothe the arch of your foot, we recommend to wear socks.

Simply move your foot slowly up and down in the arch until you are feeling relaxed.

# Relaxation techniques for fatigued feet & ankles





#### **Soothing Foot Massage**

Let the textured pad on the Massager target your reflexology points. Choose from 9 preset modes or use it manually with up to 30 speeds to customize exactly as you need. Adjust your massage time from 1 -15 minutes. Use the remote control so you don't have to bend down. When finished, the remote magnetizes to the massager for easy storage. Use with or without shoes.

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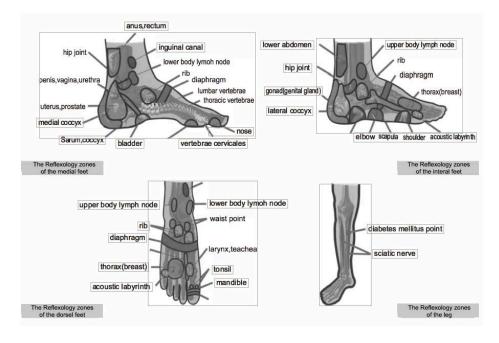
- Read the product instructions in detail to understand the requirements and instructions of the massager.
- 2. Check that the power supply and circuit of the product are not damaged to ensure safe use.
- 3. Determine the use voltage of the product and provide independent power supply for the product.
- 4. Connect the power supply of the product.
- 5. Press the power button and enter the function selection mode .
- 6. Choose a suitable massage mode according to your body condition.
- 7. Select the strength and speed of massage.
- Set the massage time. It is recommended to set the time between 15 and 30 minutes.
- Maintain comfortable posture and start foot massage .
- 10. Change foot position during massage according to need.
- 11. Adjust the function, strength, angle and speed of the massager in the process of massage according to your needs.
- 12. Shut down and separate the power supply after massage.
- 13. Let the massage machine cool down naturally.

#### Safety Notice for Using

- 1. Do not use the foot massager if intoxicated.
- Patients with severe heart disease, liver disease and lung disease, acute gastrointestinal ulcer and acute abdomen should not use. It is not suitable for patients with various malignant tumors.
- 3. Do not use if in early foot recovery stages.
- 4. In the process of using, some people will have the symptoms of physical discomfort. If symptoms persist do not continue.

#### **Important Safety Instructions**

- 1. Use item only for its intended use.
- 2. This item is intended for household and residential use only. This product is not approved for commercial applications.
- To protect against a risk of electric shock, do not immerse the item in water or other liquids.
- 4. The item should always be turned off before plugging or unplugging from power surge protected bar. Never yank the cord to disconnect from power surge protected bar, instead grasp plug and pull to disconnect.
- 5. Do not operate item with a damaged cord, or if the item has been dropped or damaged.
- 6. If cord is damaged it must be replaced by manufacturer, its service agent or similarly qualified technician in order to avoid a hazard.
- 7. To avoid the risk of electric shock, do not disassemble the item. Take or ship to a qualified service technician for examination and repair. Incorrect reassembly or repair can cause a risk of fire, electric shock or injury to persons when item is used.
- 8. Not intended for use by children. Close supervision is necessary for any item being used near children. Unsupervised use can result in fire or personal injury. Do not leave item unattended while plugged in.



DISCLAIMER: Content is for reference purposes and is not intended to substitute any advice given by a physician, pharmacist, or other licensed health-care professional. You should not use this information as self-diagnosis or for treating a health problem or disease. Contact your health-care provider immediately if you suspect that you have a medical problem. Redfern Enterprises assumes no liability for inaccuracies or misstatements about products.

## **Technical specifications**

Voltage:	110V 50/60Hz
Input power:	48W
Time:	15Mins
Rated load:	100kgs
Weight:	5kgs
Size:	38×30.5×25.5cm
Model:	Backplus® Foot & Leg Massager
	Time Control Speed Control



### **Operational instructions**

- 1.Preset modes: 0-9
- 2.Timer: 1min-15mins (1 min increments)
- 3.Manual speed levels:1-30
- 4.ON/OFF
- 5.< & >:Change the Program, Speed levels and time.
- 6. A & v : Choose Program, Speed and Time to change.

#### 1 Year Limited Warranty

This product is warrantied for 1 year from the original date of purchase, against defects in materials and/or workmanship when utilized for normal household use. During this period if the unit is proven defective it will be repaired or replaced at the discretion of the authorized service technician.

The unit shall be returned, by original purchaser, freight prepaid with proof of original purchase date and \$39.99 return shipping/handling charges included. Redfern Enterprises does not accept C.O.D.'s and will not reimburse for any fees associated with the return or shipping of the item.

This warranty does not apply to any defect arising from a buyers misuse, negligence, failure to follow instructions, use on current or voltage other than that stamped on the unit or repairs not authorized by a Redfern Ent. technician will null and void the warranty.

If you believe that your product is defective, contact Redfern Enterprises Customer Services Department:

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For Service you must first obtain a Return Authorization Number (RA Number) Original Proof of purchase must be provided to customer service for Warranty. Product must be shipped prepaid, with RA# on it and return shipping of \$39.99. Return Shipping is subject to change as the rates change.