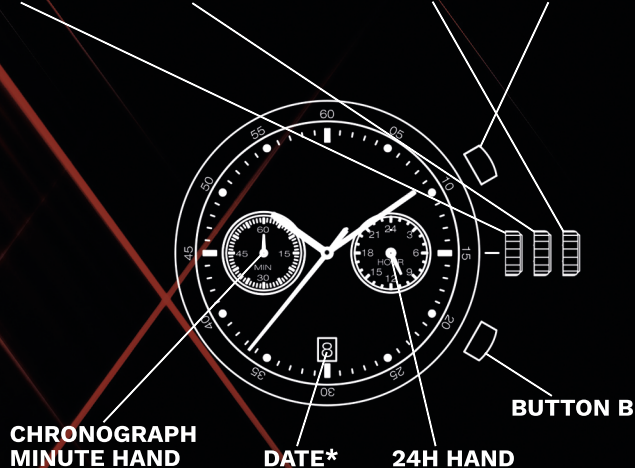


NORMAL 1ST POSITION 2ND POSITION BUTTON A



*Date position may be located at different position depends on models.

SETTING THE TIME

1. Pull the crown out to the 2nd click position.
2. Turn the crown clockwise to set the hour and minute hands.
3. After the time has been set, push the crown back to the normal position.

SETTING THE DATE

1. Pull the crown out to the 1st click position.
2. Turn the crown clockwise to set the date.

*If the date is set between the hours of around 9:00 PM and 4:00 AM, the date may not change on the following day.

3. After the date has been set, push the crown back to the normal position.

HOW TO USE THE CHRONOGRAPH

1. Press button A to start the chronograph. The chronograph minute at 9 o'clock moves in minute increments clockwise, and so on. Up to 60 minutes.
2. When the chronograph button is pressed again, the chronograph stops and the indicator of the chronograph minute dial is the recording time.
3. After finishing timing, press the reset button B to reset the chronograph to zero.