

*The perfectly fitting leggings are notoriously tricky to find.
Check out our tips to solve all of your legging dilemmas!*

Do your leggings keep sliding down?

Look for a . . .

- **Gusset**

This triangular shaped piece in the crotch gives a better fit

- **Wide Waistband**

with elastic sewn into the top

- **High Waist**

Be sure to . . .

- **Choose the right fabric**

At least 10% spandex/lycra/elastane with four way stretch

Try . . .

- **Going down a size**

Are your leggings see through?

Be sure to . . .

- **Choose the right fabric**

At least 10% spandex/lycra/elastane with four way stretch

- **Wash Properly**

Try . . .

- **Going up a size**

Camel Toe?

Look for a . . .

- **Gusset**

This triangular shaped piece in the crotch gives a better fit

Be sure to . . .

- **Choose the right fabric**

At least 10% spandex/lycra/elastane with four way stretch

Baggy Crotch or Knees?

Try . . .

- **Going down a size**

Muffin Top?

Look for a . . .

- **Wide Waistband**

with elastic sewn into the top

- **High Waist**

