

## IF YOU ENJOY WRITING...

- + Your own experiences chronologically.
- + Your own experiences when you remember them (no order necessary).
- + Compilation of other's amazing stories.
- + Story telling.
- + Your own Poetry.
- + A compilation of inspirational Poetry.
- + Gratitude List your whats and whys.
- + Collection of Characters from a movie/ Series.
- + Write about Mythology gods.
- + Write about Zodiac symbols.
- + Write about your feelings.
- + Learnings when reading Scriptures.
- + List of verses with special meaning to you
- + Health journal Exercises/ Special Diet/ Goals about your health.
- + Your journey about a new Habit you want to develop.

# IF YOU ARE ALL ABOUT GRAPHICS...

- + Trip or Stroll Collect pictures and arrange them by place/date.
- + Traveling Journal Keep a detailed itinerary of your trips or local visits.
- + Art Collection Pictures, prints or magazine pages.
- + Color palettes and the feelings they bring to you.
- + Your own Drawings or Sketches.
- + Photo journal Of yourself, or your family, a child, or someone you love.
- + Create Zentangles, as therapy.
- + Collection of pictures or drawings of Characters from a movie/Series.
- + Collect pictures about Mythology.
- + Make Doodles.
- + Plan your projects, a list of materials, cost, sketch the "after".
- + Sketch people wherever you are.

## IF YOU LOVE MUSIC...

- + Music Review Journal
- + Favorite albums List and comments.
- + Playlists and whys.
- + Inspirational music journal.
- + Concerts attending or wishlist.
- + Places where you've played or you would love to play.

## IF YOU ENJOY READING...

- + Book Review journal.
- + Collection of amazing phrases and quotes from books.
- + List of locations/ places mentioned in your books.
- + Create a map based on the book you are reading.
- + Biography Journal- Authors.
- + Biography Journal Book characteres.
- + Write your own opinions abt book.
- + Collection of Characters from a book or a series.
- + Create quick summaries of your books.
- + Find similitudes between fantasy and your own reality.

## IF YOU HAVE HOBBIES...

- + Planting/ Gardening journal
- + Collection of plants you would love to plant, with especifics.
- + Films journal Learn and write all about the movies and its characters you love.
- + Learn a new language Journal.
- + Workout Journal Health journey.
- + Next project list- Add details of what would you like to make/ learn, and what would you need to do it.
- + Foodie journal.
- + Recipe book/ Drinks Journal.
- + Family recipes stories.
- + Your children's artwork journal.



| My own ideas: |  |
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| My Own Ideas: |  |
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