

Determine bracelet size:

- 1 You will need a ruler, a piece of paper and a pencil.
- 2 Cut out a thin strip from the paper. This will be used to measure your hand.
- 3 Make a narrow hand, as if you wanted to overlap something, and wrap the paper strip around the widest part of your hand.
- 4 Mark the place where the paper overlaps and measure the length with a ruler.
- 5 Note: The bracelet size is based on the size of your hand, not on the size of your wrist! Make sure the paper fits snugly against your skin.
- 6 Use the following chart to determine your bracelet size:

BRACELET SIZES	BRACELET CIRCUMFERENCE (CM)
XS	18
S	20
M	21,5
L	23
XL	24,5