



Before printing, ensure this guide is set to print at 100% scale and that you are printing on standard US letter paper (216mm x 279mm). If you are unsure as to whether you have printed the correct size, or if you are measuring on a screen, place a credit card on the guide.



INCH	6	6.5	7	7.5	8	8.5	9	9.5	10
CM	15	17	18	19	20	22	23	24	25

*Measured and added 1.5cm to ensure a comfortable fit.

