

VANILLA



Nutrition Facts

Serving Size 1/2 cup (71g)	
Servings Per Container 4	
Amount Per Serving	
Calories 150	Calories from Fat 120
% Daily Value*	
Total Fat 14g	22%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 70mg	23%
Sodium 15mg	1%
Total Carbohydrate 10g	3%
Dietary Fiber 2g	8%
Sugars 0g	
Sugar Alcohol 7g	
Protein 2g	
Vitamin A 8%	Vitamin C 0%
Calcium 4%	Iron 1%

*Percent Daily Values are based on a 2,000 calorie diet.

Cream, Water, Erythritol, Chicory Root Fiber, Egg Yolks, Milk Protein Isolate, Vegetable Glycerin, Vanilla Extract, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Contains: milk, egg

5.2g net carbs per pint
1.3g net carbs per serving

CHOCOLATE



Nutrition Facts

Serving Size 1/2 cup (71g)	
Servings Per Container 4	
Amount Per Serving	
Calories 150	Calories from Fat 120
% Daily Value*	
Total Fat 14g	22%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 20mg	1%
Total Carbohydrate 11g	4%
Dietary Fiber 3g	12%
Sugars 0g	
Sugar Alcohol 7g	
Protein 2g	
Vitamin A 8%	Vitamin C 0%
Calcium 4%	Iron 5%

*Percent Daily Values are based on a 2,000 calorie diet.

Cream, Water, Erythritol, Chicory Root Fiber, Dutched Cocoa, Egg Yolks, Milk Protein Isolate, Vegetable Glycerin, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Contains: milk, egg

5.6g net carbs per pint
1.4g net carbs per serving

COOKIE DOUGH



Nutrition Facts

Serving Size 1/2 cup (75g)	
Servings Per Container 4	
Amount Per Serving	
Calories 170	Calories from Fat 150
% Daily Value*	
Total Fat 16g	25%
Saturated Fat 9g	45%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 40mg	2%
Total Carbohydrate 14g	5%
Dietary Fiber 3g	12%
Sugars 0g	
Sugar Alcohol 10g	
Protein 3g	
Vitamin A 7%	Vitamin C 0%
Calcium 4%	Iron 5%

*Percent Daily Values are based on a 2,000 calorie diet.

Cream, Water, Cookie Dough (Almond Flour, Erythritol, Palm Oil, Water, Natural Flavors, Baking Soda, Salt, Sunflower Lecithin), Erythritol, Chocolate (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Natural Vanilla Flavor, Monk Fruit), Chicory Root Fiber, Egg Yolks, Milk Protein Isolate, Vegetable Glycerin, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Contains: milk, egg, almond, coconut

7.2g net carbs per pint
1.8g net carbs per serving

PEANUT BUTTER FUDGE



Nutrition Facts

Serving Size 1/2 cup (73g)	
Servings Per Container 4	
Amount Per Serving	
Calories 200	Calories from Fat 170
% Daily Value*	
Total Fat 19g	29%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 60mg	3%
Total Carbohydrate 12g	4%
Dietary Fiber 3g	12%
Sugars <1g	
Sugar Alcohol 7g	
Protein 3g	
Vitamin A 7%	Vitamin C 0%
Calcium 4%	Iron 5%

*Percent Daily Values are based on a 2,000 calorie diet.

Cream, Water, Peanut Butter (Peanuts, Peanut Oil, Salt), Erythritol, Fudge (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Natural Vanilla Flavor, Monk Fruit), Chicory Root Fiber, Egg Yolks, Milk Protein Isolate, Vegetable Glycerin, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Contains: milk, egg, peanuts, coconut

7.6g net carbs per pint
1.9g net carbs per serving

MINT CHIP



Nutrition Facts

Serving Size 1/2 cup (71g)	
Servings Per Container 4	
Amount Per Serving	
Calories 160	Calories from Fat 130
% Daily Value*	
Total Fat 15g	22%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 25mg	1%
Total Carbohydrate 11g	4%
Dietary Fiber 3g	12%
Sugars 0g	
Sugar Alcohol 7g	
Protein 2g	
Vitamin A 8%	Vitamin C 0%
Calcium 4%	Iron 5%

*Percent Daily Values are based on a 2,000 calorie diet.



Nutrition Facts

Serving Size 1/2 cup (73g)	
Servings Per Container 4	
Amount Per Serving	
Calories 140	Calories from Fat 110
% Daily Value*	
Total Fat 12g	18%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 60mg	20%
Sodium 15mg	1%
Total Carbohydrate 13g	4%
Dietary Fiber 2g	8%
Sugars <1g	
Sugar Alcohol 10g	
Protein 2g	
Vitamin A 8%	Vitamin C 0%
Calcium 4%	Iron 1%

*Percent Daily Values are based on a 2,000 calorie diet.



Nutrition Facts

Serving Size 1/2 cup (73g)	
Servings Per Container 4	
Amount Per Serving	
Calories 190	Calories from Fat 160
% Daily Value*	
Total Fat 18g	28%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 40mg	2%
Total Carbohydrate 10g	3%
Dietary Fiber 3g	12%
Sugars <1g	
Sugar Alcohol 6g	
Protein 2g	
Vitamin A 8%	Vitamin C 0%
Calcium 4%	Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet.



Nutrition Facts

Serving Size 1/2 cup (73g)	
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Calories 160	Calories from Fat 130
% Daily Value*	
Total Fat 15g	23%
Saturated Fat 10g	50%
Trans Fat 0g	
Cholesterol 65mg	22%
Sodium 25mg	1%
Total Carbohydrate 12g	4%
Dietary Fiber 3g	12%
Sugars 0g	
Sugar Alcohol 7g	
Protein 2g	
Vitamin A 8%	Vitamin C 0%
Calcium 4%	Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet.

Cream, Water, Erythritol, Chocolate Flakes (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Natural Vanilla Flavor, Monk Fruit), Chicory Root Fiber, Egg Yolks, Milk Protein Isolate, Vegetable Glycerin, Natural Mint Flavor, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Contains: milk, egg, coconut

5.6g net carbs per pint
1.4g net carbs per serving

Cream, Water, Erythritol, Strawberries, Chicory Root Fiber, Egg Yolks, Milk Protein Isolate, Vegetable Glycerin, Natural Flavors, Peruvian Carob Gum, Guar Gum, Monk Fruit, Citric Acid, Xanthan Gum, Carob Gum.

Contains: milk, egg

7.2g net carbs per pint
1.8g net carbs per serving

Cream, Water, Roasted Pecans (Pecans, Butter, Coconut Oil, Salt), Erythritol, Chicory Root Fiber, Egg Yolks, Milk Protein Isolate, Vegetable Glycerin, Vanilla Extract, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Contains: milk, egg, pecan, coconut

6.4g net carbs per pint
1.6g net carbs per serving

Cream, Water, Erythritol, Chocolate Flakes (Coconut Oil, Cocoa, Erythritol, Sunflower Lecithin, Salt, Dutched Cocoa, Natural Vanilla Flavor, Monk Fruit), Chicory Root Fiber, Egg Yolks, Coffee, Milk Protein Isolate, Vegetable Glycerin, Peruvian Carob Gum, Guar Gum, Monk Fruit.

Contains: milk, egg, coconut

7.2g net carbs per pint
1.8g net carbs per serving