



LUNCH BOXES

All our lunch boxes come with :



Two salads of the day *
Trio cheddar cheese
Fresh fruits
Ecological box



Regular water 500ml. + 1\$
Juice or soft drinks * + 1,80\$
Dessert * + 2\$

THE REGULAR : chicken salad wrap, celery heart, greenery and tomato bruschetta.

11,50 \$

SESAME OCEANIC : tuna salad wrap with carrot, cucumber, greenery, homemade mayo and sesame.

11,50 \$

HALF AND HALF : half wrap with chicken salad, celery heart and tomato bruschetta with half ham wrap, carrot, cucumber, greenery, cheese and grilled red pepper mayo.

11,50 \$

THE SWEET ONE : pulled pork wrap, homemade fruity bruschetta, mango stick, mozzarella, greenery and dijonnaise.

11,50 \$

THE REFRESHING : chicken strips, celery heart, diced apple, avocado, toasted almonds, fresh mint and our delicious homemade mayo with green pesto on bread of the day.

12,50 \$

THE BIG BLT GUEDILLE : big BLT guedille with the pollock salad of the Bistro garnished with bacon, greenery on hot-dog brioche bread.

12,50 \$

THE BIG GUEDILLE PULLED PORK BBQ : fried slowly cooked pork, homemade BBQ sauce, gherkins and mozzarella, on brioche hod-dog bread.

12,50 \$

THE PULLED PORK SIGNATURE : frayed pork slowly cooked, onion confit, blueberries, feta, greenery, balsamic syrup, mayo, dijonnaise on fresh bread of the day.

12,50 \$

THE FRAYED: fried pork SLOWLY cooked, butter apple and sweet curry, onion confit, arugula and homemade mayo with turmeric, curry and chives, on fresh bread of the day.

12,50 \$

THE TAIWANESE : beef, cooked salad of cabbage, carrot and onion, Taiwanese style, mayo flavored with 5 Chinese spices, arugula and fresh coriander, all on fresh bread of the day. A real favorite !

12,50 \$

THE VEGGY PLUS : generous grilled vegetables like bistro, brie or goat cheese, greenery and homemade mayo with red pesto, on fresh bread of the day.

12,50 \$

THE FRESH VEGGY : italian tomato, bocconcini cheese, fresh basil, green pesto mayo, fresh bread of the day.

12,50 \$

THE VEGANE : slightly spicy black bean dumplings, brussels sprouts, baby tomatoes, arugula, piri piri mayo vegan, on fresh bread of the day.

13,50\$

THE COMFORTING : tender chicken strips, sundried tomatoes, brie cheese, baby spinach, fresh basil and green pesto mayo on fresh bread of the day.

12,50 \$

THE BISTRO SHELF : ham, apple, caramelized grenobles, mozzarella cheese, swiss cheese, baby spinach and dijonnaise on flatbread.

12,50 \$

THE TANDORI : daily bread roll, tandori-flavored chicken strips, cucumber, minced onion, homemade sour cream mayo and fresh coriander.

12,50 \$

THE SUD-WEST : BBQ chicken, avocado, onion, fresh coriander and lime, homemade mayo, on fresh bread of the day.

12,50 \$

THE ADDICT : Delicious philly steak garnish, goat cheese, pine nuts and garlic spinach, all layered on a multigrain loaf of bread with a delicious home-made mayonnaise with roasted red peppers.

13,50\$

THE CLASSIC : sliced ham, sliced turkey, brie cheese, lettuce, honey Dijonnaise, all on fresh bread of the day.

13,50 \$

THE GODNESS : smoked salmon, red onion, cucumber, capers, unctuous mixture of lemon cream cheese and chives, greenery, all on a delicious fresh bread of the day.

14,50 \$

THE FAMOUS DELI : sliced turkey, gherkins, hot peppers, black olives, Swiss cheese, grilled red pepper mayo, herbed foccaccia bread.

13,50\$

LUNCHBOX CHEF'S SELECTIONS

- 2 ET +
- COOK'S CHOICE

12,25\$

Specifications

* Salads of the day: an assortment among the star salads of the day and at the chef's choice.

* **Dessert of the day:** an assortment according to the selection of the day, at the choice of the chef. For a specific request, please indicate it (only according to availability of the day).

- Sweet square choco, caramel, coconut
- Berry crunch
- Date square
- Duo of cookies of the day
- Homemade choco mousse 4oz
- The perfect vanilla yogurt, cereals and berries in 4oz
- Dessert of the day

* **Juice or liqueur:** an assortment of the chef's choice. For a specific request, please indicate it (only according to availability of the day).

- Vegetable juice Oasis 300ml
- Oasis apple juice 300ml
- Oasis orange juice 300ml
- Coke can / Pepsi
- Coke 0 can
- Sprite / 7UP
- Other according to availability

* **Delivery service available, minimum of 5 b-a-l. Less than 5, come and pick them up at the Bistro**

- St-Eustache : 4\$
- Deux-Montagnes, Ste-Marthe, Boisbriand : 6\$
- Oka, Ste-Thérèse, Rosemère, Bois-des-Filion, Lorraine : 11\$
- Laval, Terrebonne, Blainville, Mirabel : 16\$
- St-Jérôme : 26\$
- Other : on demand

*N.B. In **allergies**, although we take all the necessary precautions, we are forbidden to guarantee the absence of allergenic traces in our dishes since our kitchen contains some.*

cafebistrodecouvertes@hotmail.com

Looking forward to serving you!

Frédéric and his team
514-910-7191

