

Lesson Plan

Parents/Teachers,

Ask your children to select a theme and design their dream bedding following our helpful templates. Download template here. Then simply fill out the cover sheet questions and online entry form.



- a. Space / Galaxy
- b. Travel
- c. Empowerment / Girl power
- d. Video Game (A)
- e. New Theme (List the name)

The Creative Process:

Introduce the concept of bringing ideas to life and the creative process. Explain that all big dreams start with imagination and creativity.

- Encourage children to seek inspiration all around them as they imagine their design. From their favorite colors, to their favorite clothes, stores, books/magazines, greeting cards, toys, etc.
- Encourage creativity by discussing bedtime and comfort and dreaming. What are some feelings, thoughts, words that come to mind when you think about bedtime?
- Think about your current bedding and why it was selected?
- Brainstorm patterns, shapes and ideas that inspire.

Design Elements

- Discuss with children the components bedding has: sheets pillows, blankets/comforters, quilt.
- Review the different themes and have kids brainstorm words, colors, shapes, ideas that come
 to mind when they think about the theme.