

JUICES

GREENHOUSE 1 Kale, Spinach, Celery, Romaine, Cucumber, Apple, Lemon	6.95
GREENHOUSE 3 Kale, Spinach, Celery, Romaine, Cucumber, Ginger, Lemon	6.95
GREENHOUSE 5 Kale, Spinach, Romaine, Cucumber, Apple, Tangerine, Jalapeño	6.95
ORCHARD 1 Strawberry, Apple, Lemon, Mint	6.5
ORCHARD 2 Apple, Lemon, Ginger	4.5
ORCHARD 3 Strawberry, Apple, Coconut Water, Coconut Milk	6.5
GARDEN 2 Beetroot, Apple, Lemon, Ginger	6.5
GROVE 3 Orange, Lemon, Tangerine, Grapefruit, Turmeric, Cayenne, Black Pepper	4.5

HYDRATORS

BLUE SPIRULINA LEMONADE Water, Lemon, Agave Syrup, Fytobblue Powder (Blue Spirulina)	4.5
CHARCOAL LEMONADE Water, Lemon, Agave Syrup, Lavender, Activated Charcoal	4.5

NUTM•LKS

VANILLA NUTM•LK Spring Water, Almonds, Rice, Dates, Vanilla Bean, Sunflower Oil, Himalayan salt	5.95
CACAO NUTM•LK Spring Water, Almonds, Rice, Dates, Raw Cacao, Vanilla Bean, Sunflower Oil, Himalayan Salt	5.95
ESPRESSO NUTM•LK Spring Water, Almonds, Rice, Dates, Coffee, Vanilla Bean, Sunflower Oil, Himalayan Salt	5.95

TONICS

GINGER IMMUNITY Orange, Lemon, Ginger, Cayenne, Garlic, Oregano	3.75
DETOX Coconut Water, Lime, Aloe Vera, Activated Charcoal, Milk Thistle	3.75

KOMBUCHA

ORIGINAL Filtered Water, Raw Cane Sugar, Loose Leaf Green Tea, Kombucha Culture	3.5
RASPBERRY & ELDERFLOWER Filtered Water, Raw Cane Sugar, Loose Leaf Green Tea, Raspberry Leaf, Elderflower, Hibiscus, Rosehip, Nettle, Kombucha Culture, Natural Flavouring	3.5

SOUPS

SKINNY VEG BROTH WEIGHT LOSS • IMMUNE BOOSTER	5.5
MINTED PEA ENERGY • STRENGTH	5.95
THAI COCONUT DIGESTION • ANTI-INFLAMMATORY	5.95
TOMATO, BASIL & CASHEW HEART HEALTH • CIRCULATION	5.95
BUTTERNUT & BEETROOT DETOX • ENDURANCE	5.95

BOWLS

AÇAÍ Açaí Berry, Orchard 1, Banana, Raw Granola, Flaked Almonds, Goji Berries, Seasonal Fruit	7.95
PITAYA Pitaya, Orchard 1, Banana, Seasonal Fruit, Desiccated Coconut, Flaked Almonds, Bee Pollen	7.95
CHIA Chia Seeds, Almond Milk, Raw Granola, Flaked Almonds, Goji Berries, Seasonal Fruit	3.95

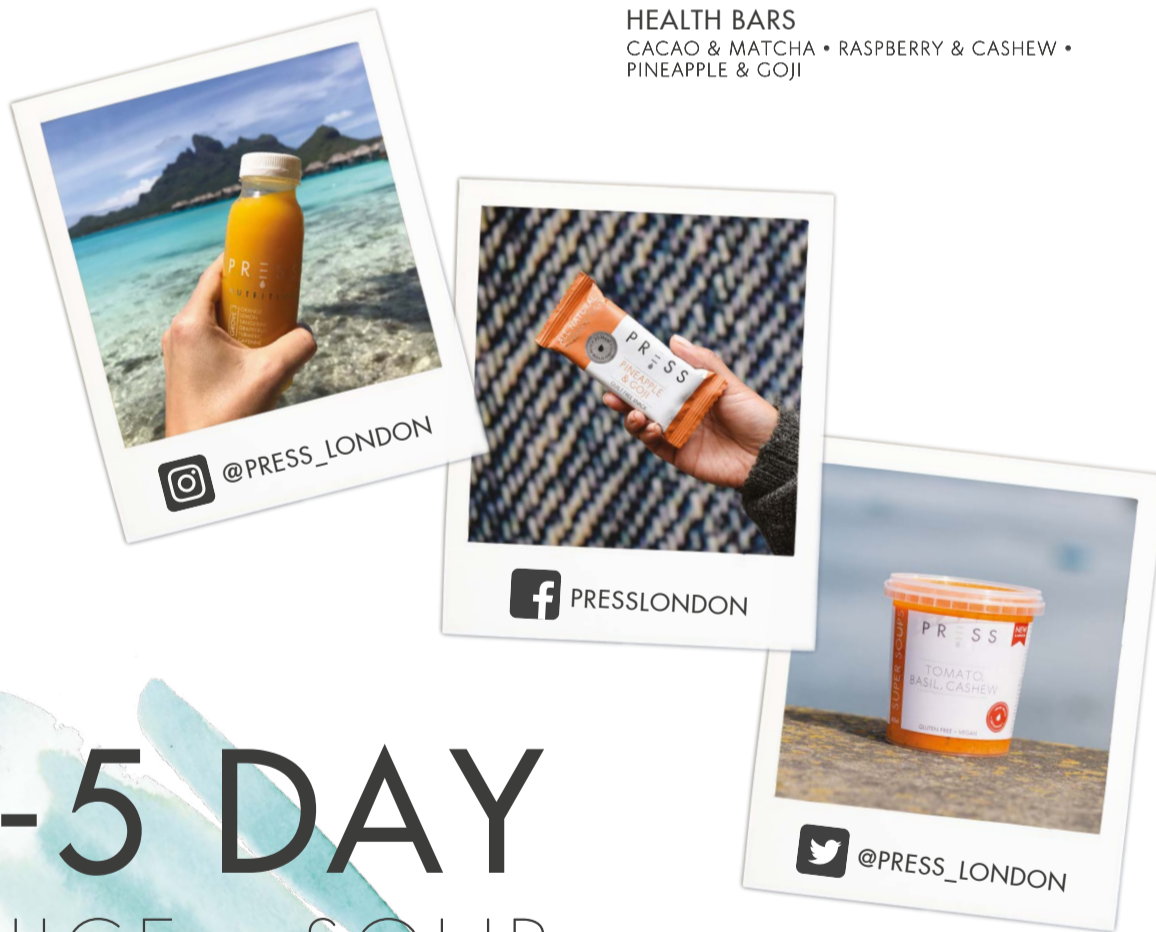
SHAKES

BREAKFAST BOOST Almond Milk, Banana, Almond Butter, Granola, Maca, Lucuma, Baobab	7.5
SUPER GREENS Kale, Spinach, Romaine, Cucumber, Apple, Tangerine, Jalapeño, Banana, Almond Butter, Moringa, Guarana, Cayenne, Mulberries	7.5
WARRIOR Almond Milk, Banana, Peanut Butter, Hemp Seeds, Baobab, Protein (28g)	8
BERRY RECOVERY Strawberry, Apple, Coconut Water, Coconut Milk, Banana, Almond Butter, Blueberries, Cacao Nibs, Protein (22g)	8
MINT CHOC CHARCOAL Almond Milk, Banana, Peanut Butter, Cacao Nibs, Peppermint, Greens Powder, Activated Charcoal, Cacao Powder	8.5

SUPPLEMENTS + EXTRAS FROM 50p
Maca, Hemp Seeds, Activated Charcoal, Baobab,
Turmeric, Lucuma, Greens Powder, Cacao,
Chia Seeds, Flax Seeds, Bee Pollen

SNACKS

SNACK PACKS TOP BANANA BITES • MIGHTY MANGO SLICES • NAKED ALMONDS • ENERGY TRAIL MIX	3.25/3.85
HEALTH BARS CACAO & MATCHA • RASPBERRY & CASHEW • PINEAPPLE & GOJI	2.95



1-5 DAY
JUICE & SOUP
CLEANSSES
AVAILABLE IN-STORE