HEIDOHU INSTRUCTION MANUAL



Change the way you think about time

Button B

Button A

1. How to read the time

- This watch uses an LCD "always on" display to show the time
- You can illuminate the display at night time for a short time with the EL backlight by pressing button A.
- . The current time is indicated by the blinking words.

Hours: 1-12



Minutes: groups of 10



Minutes: 1-9



Other indicators:

AM, PM, Date, Alarm on, Alarm setting



Alarm setting

AM PM Date

Example 1



4:25 PM (all words are lit except the words that display the current time which blink.)

Example 2



7:04 AM Alarm on (all words are lit except the words that display the current time which blink.)

2. How to set the time and date

 Press and hold button B for 3 seconds to enter setting mode.

*Note after 7 seconds of inactivity setting mode will deactivate

I. Setting the hour

- The hour blocks will flash when you are in hour setting mode.
- · Press button A to increase the hour as required.
- · Hold button A to increase the hours more quickly.
- The AM or PM icon will blink to indicate that you are setting the time in AM or PM.
- . Press button B to confirm and move to the minutes.

II. Setting the minutes

- The minute blocks will flash when you are in minute setting mode.
- · Press button A to increase the minutes as required.
- . Hold button A to increase the minutes more quickly.
- Press button B to confirm and move to date setting mode

Example:



Time setting mode (minute setting) 11:20 AM

III. Setting the month

- The D icon will be lit to indicate that you are in date setting mode.
- The month blocks will flash when you are in month setting mode.
- · Press button A to increase the month as required.
- Hold button A to increase the months more quickly.
- · Press button B to confirm and move to the date.

Example:



Date setting mode (month setting) Five = May

IV. Setting the date

- The date blocks will flash when you are in date setting mode.
- · Press button A to increase the date as required.
- · Hold button A to increase the date more quickly.
- · Press button B to confirm and exit setting mode.

3. How to set the alarm

- Press and hold buttons A and B for 3 seconds to enter alarm setting mode.
- The alarm setting icon (AS) indicates that you are in alarm setting mode.

*Note after 7 seconds of inactivity setting mode will deactivate

I. Setting the alarm hour

- The alarm time will be displayed and the hour will be flashing.
- · Press button A to increase the hour as required.
- · Hold button A to increase the hours more quickly.
- · Press button B to confirm and move to the minutes.

Example:



Alarm setting mode (hour setting) 8:00 AM

II. Setting the alarm minutes

- The alarm time will be displayed with the minutes flashing and the alarm setting icon on.
- · Press button A to increase the minutes as required.
- · Hold button A to increase the minutes more quickly.
- Press button B to confirm and move to the alarm on/off setting.

III. Turning the alarm on or off

- . The alarm time will be displayed.
- · Press button A to turn the alarm on or off.
- . The alarm on (A) icon indicates that the alarm is on.
- · Press button B to confirm and exit alarm setting mode.

Example:



Alarm setting mode (on/off setting) 8:15 AM

4. User information

I. Battery

- . This watch uses a CR2016 replaceable watch battery.
- Battery lifetime will vary depending on use, but is estimated to last for at least one year.
- To maximize battery life you should limit use of the EL backlight.

II. Warranty

This watch is covered by a 1 year manufacturers' warranty.
This warranty does not cover water damage, accidental damage, neglect or unauthorized repair.

III. Caution

 This watch has limited water resistance. Please do not use the watch in the shower, for swimming or for other water related activities.

SPECIFICATIONS Case Materials Stainless Steel Strap Materials Mood Case Dimensions 47 x 35 x 9 mm Finish Brushed / Clear Coating Maximum Fit 210mm (approx.) Wrist Size Weight 72a LCD with EL backlight Display Battery CR2016