

First Last Name

Austin, TX 78759 | (555) 000-0000 | your-email@email.com

Caregiver

Experienced caregiver bringing four years of dedicated patient care in institution and at home. I seek to leverage my passion and commitment towards the well-being of adult patients to improve their health and life quality. Builds strong and positive relationships with patients and their families.

SKILLS

- Communication and social skills
- Physical strength and stamina
- Knowledge of dietary restrictions
- Extremely fast learner
- Safety instruction
- Strong ethics
- Reliability
- Commitment to health and safety
- Compassionate caregiver
- Injury prevention

PROFESSIONAL EXPERIENCE

COMPANY/HOSPITAL NAME, City, State or Country

02/2022 – Now

Nurse Assistant/Caregiver

- Observed patients' conditions, measuring and recording food and liquid intake and output and vital signs, and reported changes to professional staff.
- Monitored glucose level and pacemaker.
- Administered medication, and kept a daily journal of medicine intake.
- Maintained a daily journal of activities and reported any physical or cognitive changes.
- Provided patients with help walking, exercising, and moving in and out of bed.
- Responded to all physical and emotional needs of the patient.

COMPANY/HOSPITAL NAME, City, State or Country

01/2020 – 02/2022

Nurse Assistant/Caregiver

- Offered emotional support, companionship and conversation.
- Completed light housekeeping duties; planned and prepared meals; changed bed linen.
- Planned, shopped for, and prepared nutritious meals.
- Transported clients to locations outside the home, such as to physicians' offices
- Assisted client with bathing, dressing and other personal hygiene items.
- Responsible for trachea care, such as suctioning and cleaning.

EDUCATION & LANGUAGE SKILLS

Nursing assistant Certificate

09/2017 – 07/2019

Austin Community College, Austin, TX

Language Skills: Proficient in **English, French** and **Berber**.