TEN stade HACKS

SIX UNDERGROUND MEDIA

SCHEDULE YOUR CONTENT

 Pre-program your content roll out using apps such as GRUM or Schedulegram

USE PINTEREST TO FIND CONTENT

02

 Save images on Pinterest and use the boards to create categories for your pins.

WORK WITH TRENDING HASHTAGS

03

 Have a look at whats trending and weave those tags into your narrative for greater reach

GIVE YOUR PAGE A UNIQUE AESTHETIC

04

 Find a theme that is signature to your brand. A font, colour or shape that is a recurrent theme in your feed.



OPTIMISE THE LINK IN THE BIO

 Use the link in your BIO to drive people to online booking or a "sign up" tab. Consider changing the link for every new blog post you publish.

ONLY USE MOTIVATION **AL QUOTES** EVERY FORTH POST

06

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 This stops the posts stacking on top of each other in your page feed.

CLEVER USE OF EMOJI'S INCREASES ENGAGEMENT

• Find funny and relevant ways to incorporate emoji's into your comments.

DON'T PUBLISH THE SAME INSTA **CONTENT TO** FACEBOOK

• Avoid publishing the same content on FB and Insta simultaneously.



11 HASHTAGS

• This is the ideal number of hashtags for an Instagram post.

YOU ARE MONDAY I AM FRIDAY NIGHT.

POST MORNING AND NIGHT

 $\mathbf{10}$

 The best times to schedule your Instagram content is between 6.00am and 7.00am and 8.00pm - 9.00pm.

> YOU ARE MONDAY I AM FRIDAY NIGHT.

WANT KNO MORI CHECK OUT OUR EBOOK



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