Congratulations! Since 1976, Chris King has been supplying cyclists with the best made, most reliable components in the market. With proper installation and maintenance, you will enjoy many years of exceptional performance from the legendary quality built into each one of our components.

ThreadFit™ 30 Conversion Kit Installation

Your ThreadFit™ 30 Bottom Bracket comes stock with a 68/73mm compatible center sleeve. Please see the ThreadFit™ 24 and 30 manual and the diagram on the backside of this manual for instructions on how to correctly install your ThreadFit™ 30 cups. You will need two 2.5mm cup spacers behind the driveside cup and one 2.5mm cup spacer behind the non-driveside cup.

1. Apply a thin layer of grease to the interface lip of the type “Z” spindle sleeves. This is the portion that interfaces directly with the bottom bracket bearings. Before installation see the schematic on the backside of this manual for specific setup details.

*Note some spindle sleeves are side specific.

2. The spindle sleeves are designed to have a snug fit and will hand-press into the bottom bracket bearings.

Crank Installation

1. Clean crank spindle and apply a thin layer of grease to spindle surface.

2. Spindle should be inserted into BB using only hand pressure. Use of excessive force may cause bearing to separate.

3. Before passing spindle through second BB bearing be sure spindle is properly aligned with BB bearing spindle sleeve. Follow crank arm manufacturer’s installation instructions to properly install crank assembly and achieve optimal BB bearing preload. *If you have issues filling your cranks spindle into your bottom bracket please contact Chris King customer service at 800.523.6008 or info@chrisking.com.

4. Check for bearing play (i.e. proper bearing preload) by pushing/pulling the crank arm toward/away from the frame. To eliminate bearing play confirm proper spacer orientation and readjust bearing preload. *If you have issues achieving proper bearing adjustment please contact Chris King customer service at 800.523.6008 or info@chrisking.com.

*For conversion kit questions regarding non-ThreadFit™ Chris King threaded bottom brackets please visit www.chrisking.com/tech/bottombrackets
Tech note: Three .33 mm white plastic spindle spacers have been included with your conversion kit. When needed, these spacers can help to fine tune the BB bearing preload. Spacers should be placed outboard of the drive side spindle sleeves.

Periodically check bearing adjustment during the first 100 hours of use. Keeping optimal preload on BB bearings will maximize their longevity. **DO NOT RIDE WITH LOOSE BEARING ADJUSTMENT.**

Questions? Please e-mail us at info@chrisking.com or call Customer Service at 800-523-6008. Replacement parts can be purchased through any authorized Chris King dealer, or directly from Chris King, at www.chrisking.com/store.

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2.5mm Cup Spacer
Non-Drive x1

2.5mm Cup Spacer
Drive x2

Installed ThreadFit™ 24 BB
(Installed with 68/73mm center sleeve)

"Z" Spindle Sleeve

DRIVE SIDE

"Z" Spindle Sleeve
identification marks
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