



In the second half of *Frieda B. Meets the Man in the Moon*, we find Frieda realizing she's caused a conflict... She's hurt The Man in the Moon. And we watch both Frieda and The Man in the Moon as they make choices about how they're going to handle this conflict.

While it's true that most people would prefer to avoid conflict altogether, God uses it for good, and is clear about how He wants us to handle it: He wants us to be True to Others and resolve conflict *honestly and responsibly*. He commands us in Luke 6:31 to "Do to others as you would have them do to you." (NIV) This is The Golden Rule.



To Get Things Started...

Read through *Frieda B. Meets the Man in the Moon*.
Think about/discuss:

- ★ Did Frieda mean to hurt The Man in the Moon? Did it still cause conflict? How so?
- ★ How does The Man in the Moon respond to Frieda when she asks what's wrong? Does he respond wisely? How might he have responded differently?
 - ★ How does Frieda respond to The Man in the Moon? Does she respond wisely? How might she have responded differently?
 - ★ How is Zilla a good and loyal companion throughout the story? How and why is it important to choose friends who are good and loyal?
 - ★ Look at the last picture in the book. Would Frieda and The Man in the Moon be friends if either had acted differently? Discuss.

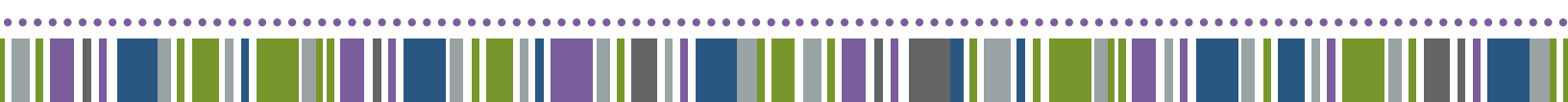
Being True to Others.

In a world of sin, conflict is bound to happen. We hurt others, others hurt us. Sometimes on purpose, sometimes not. In Luke 6:31 (The Golden Rule), we are told to "*Do to others as you would have them do to you.*" Being True to Others is not always an *easy* thing to do, but it's an *important* thing to do.

★ **When you've hurt someone: Use "The 3 A's"**. First, imagine: How would you want to be treated? Once Frieda understood she'd hurt The Man in the Moon, she lovingly took 3 honest and responsible actions. These are important to remember and use whenever you've hurt someone... We call them "The 3 A's": 1. ACKNOWLEDGE the wrong; 2. APOLOGIZE; and 3. AMEND - make it right. Discuss how she did each. What was the result?

★ **When someone has hurt you: Use "The Ephesians 4 Approach"**. First, imagine: How would you want to be treated? The Man in the Moon responded to Frieda honestly and kindly. He didn't yell at her or try to make her feel badly. He gave her the chance to make it right. We call this "The Ephesians 4 Approach." Read Ephesians 4:31-32... "*Get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Be kind and compassionate to one another, forgiving each other, just as in Christ God forgave you.*" (NIV) Discuss: Is being kind and forgiving when you've been hurt what the world expects? How can God use that for everyone's good? How is Jesus the best example of this? And: How is forgiveness as much a gift to you as to the other person?

For full FBT program details:
FriedaB.com/AHG/FBT



★ **What do you do when the other person refuses to be kind and honest in return?** Does that give you the right to be unkind back? Read and discuss Romans 12:17-19... *“Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone. If it is possible, as far as it depends on you, live at peace with everyone. Do not take revenge, my dear friends, but leave room for God’s wrath, for it is written, ‘It is mine to avenge; I will repay,’ says the Lord.”* (NIV) When kindness and honesty aren’t returned, do your best to be peaceful. Use your gift of imagination to imagine what might be causing the other person to act that way; maybe there’s a deep hurt you don’t know about. Pray for him or her. If need be, bring the situation to a trusted adult. Remember Romans 8:28 (*“And we know that in all things God works for the good of those who love him, who have been called according to his purpose.”* NIV) and place the conflict in God’s hands.

★ **What about times when your faith puts you in a difficult situation?** There are times when doing or believing what God says will put you in conflict with others. Discuss examples. How should you respond? With anger and judgement, or with a desire for them to know God’s grace? Read and discuss what God says in Hebrews 12:14-15... *“Pursue peace with everyone, and holiness, since no one will see God without it. Watch carefully that no one falls short of God’s favor, that no well of bitterness springs up to trouble you and throw many others off the path.”* (The Voice) Very difficult to do at times, but when you strive for peace and love in the face of conflict, you rely on God to help you stay on course, and help others to do the same.

Believe it or not, conflict makes your story sweeter.

Pick any book off a shelf and see for yourself: Every single story contains a conflict (the Bible contains a LOT of them!). And it’s often the resolution of the conflict that causes us to love a certain story. The same is true for the story God wrote for you. In John 16:33 God promises there will be conflict in our lives... Yet in Romans 8:28 He promises that He will use all things – including conflict – for the good of those who love Him. Sometimes conflict is God’s way of redirecting you, of taking you down a new path. Consider and discuss: How did the conflict in *Man in the Moon* turn into something sweet? How have conflicts in your story turned into something for good?

Think about it: Is there a conflict in your life God is calling you to resolve? Commit yourself to doing it. Don’t forget “The 3 A’s” and “The Ephesians 4 Approach”!

As a Troop, consider creating your own Conflict Resolution Credo. See the FBT Just For Leaders Event Guide for instructions.

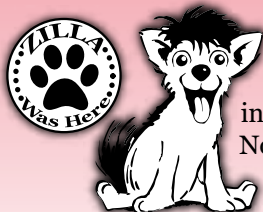
Activities



Your Life is an Adventure! Where Will Your Imagination Take You (and Zilla) Today?

When you dream big and believe in the one-of-a-kind story God wrote just for you, your life becomes a constant adventure with and for God. From the blue-sky easy-going happy and fun days to those filled with gray skies, challenges and conflict, all experiences play a role in your journey. Where will your adventure take you today? *With your FBT tools, your eye on the North Star, your dreams, and Zilla at your side, you’ll be ready to embrace whatever comes your way!*

Activity: Pack an Adventure Bag. Frieda B. planned out a course and picked out a bag for her adventure... Do the same! Find a bag you love, or decorate one however you like. Inside, place adventure essentials such as your FBT True Tin and Story - Journal. Then fill your bag with stuff that inspires *your* story... things that encourage what you love and care about. Always have it at the ready, and take every moment you can to grab it, dream big and explore! Within your Troop, take time to each share what’s in your bag and why – and how it helps prepare you for whatever’s ahead.



Activity: “Make and Take Zilla”. Frieda never goes anywhere without Zilla. He is always by her side on every adventure, and is a wonderful example of what it means to be a good friend. Proverbs 12:26 says *“The righteous choose their friends carefully.”* (NIV) A good friend is a blessing in your life who helps you celebrate the good, resolve the difficult, and stay true to yourself and others. Now you can bring Zilla with you on your adventures, both real and imaginary! Find the free template and instructions for our “Make and Take Zilla” as part of the FBT resources at FriedaB.com/AHG/FBT.

Snap and Share. Take a group Troop photo with your Make and Take Zillas – what a great keepsake for each girl and Leader! And if you’d be so kind, send a copy to us with a few words at AHG@FriedaB.com or on our Facebook page ([Facebook.com/FriedaB Herself!](https://www.facebook.com/FriedaB Herself/))