



FREE TO B. A LEADER

Main Guide

“Don’t let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity.”

– 1 Timothy 4:12 (NIV) 1T412

1 Timothy 4:12 (1T412) makes it clear: Youth are not too young to lead. Instead, they are encouraged to lead by setting a beautiful and Uplifting example for others.

Based on 1T412, *The Free to B. a Leader (FBAL) Patch Program* is designed to work hand-in-hand with the AHG Girl Leadership Positions Guide, by helping girls to set their gaze UPwardly, and to align their unique God-given gifts with opportunities for Christ-led servant leadership.

Read and Discuss: Frieda B. and the Finkledee Ink

- What is the desire on Frieda’s heart?
- Why did she buy the jar of ink?
- Does it appear that Zilla agrees with Frieda buying the ink?
- Does it appear that the ink salesman cares about the desire of Frieda’s heart? What does he appear to care about?
- Does it appear that Frieda’s teacher cares about the desire of Frieda’s heart? How does she show it?
- Why is Frieda’s heart shattered when the ink is gone?
- What causes Frieda to try writing again?
- Did Frieda need Finkledee Ink to write?
- Who is an example of a good leader in this story? Why?

What is Leadership?

- As humans in an imperfect world, we sometimes don’t get leadership right.
- Leadership that serves the leader isn’t what God intends. This is motivated by pride. Discuss what this kind of leadership looks like.

- Read John 13:12-15. Here, Jesus gives us a model of servant leadership. How is it different from leadership that serves the leader? Why is it different? What is the end goal of each?



- We hear a lot today about “girl power”. How and why is servant leadership different?
- Do you have to be an adult to lead? Read and discuss, as relates to 1 Timothy 4:12, the key verse for the FBAL Program.
- How is being an example in speech, conduct, love, faith and purity living out leadership?
- Discuss how Zilla is an example of supportive conduct and love in *Frieda B. and the Finkledee Ink*.

Using Your Gifts to Lead.

- Read Romans 12:3-8. Discuss: Do each

of us have special gifts? Are any of us – any gifts – better than another? Why are we called the Body of Christ?

- FriedaB.com/AHG/FBAB. The Free to B. a Blessing Program is a great foundational tool for leading a discussion. God

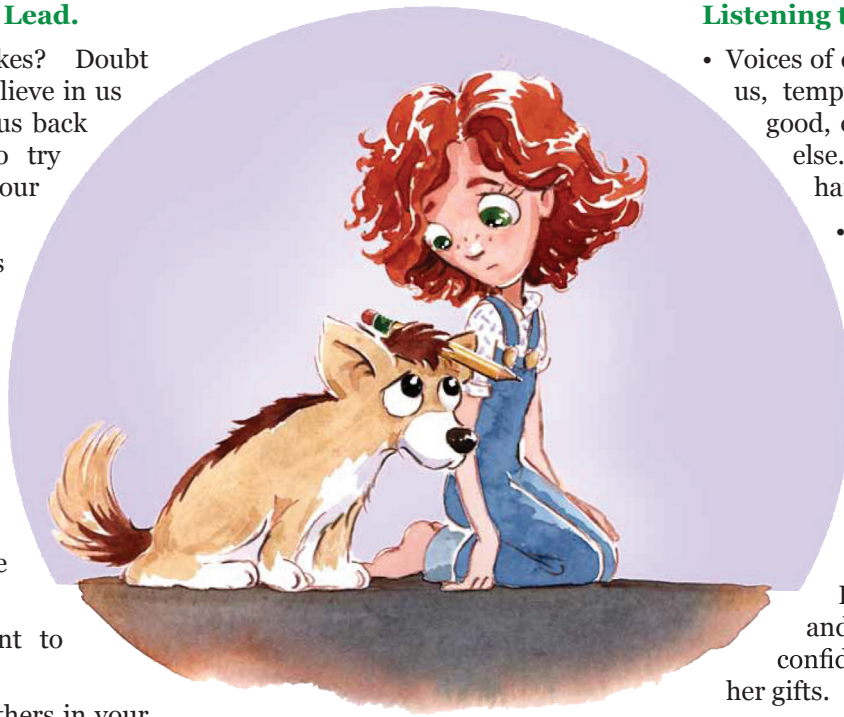
has blessed you with a unique story – a combination of gifts and desires designed to lead you (through your big dreams) to be a light in this world. When you choose to use your gifts to serve others, you are leading.

- Explore and discuss: What are some of the gifts God has given to you? How could you use them to lead – with and within your Troop, your family, your community, your world?



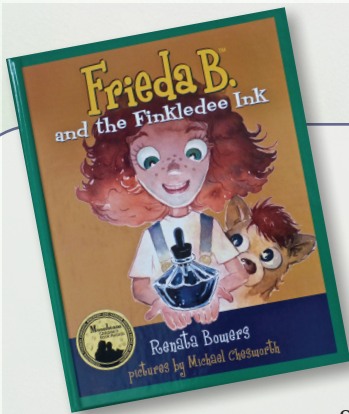
Using Encouragement to Lead.

- Do you ever make mistakes? Doubt your worth? Those who believe in us and our gifts – who help us back UP and encourage us to try again... They are leaders in our lives.
- Read and then discuss Ecclesiastes 4:9-10. How does this connect with Romans 12:3-8?
- A servant leader seeks out the gifts in others and encourages at all times; you, too, are designed to help others UP. This helps to build and strengthen the Body of Christ.
- Who is an encouragement to you?
- What gifts do you see in others in your Troop? How might you encourage them?
- Learning to recognize your gifts and the gifts of others is an important step in becoming a servant leader. Why?
- Read verse 10 of Ecclesiastes 4 again. Why is it important for you to lead by encouraging?



Listening to the Right Voices.

- Voices of doubt and pride swirl around us, tempting us to believe we're no good, or we're better than anybody else. How are both of these harmful?
 - In *Finkledee Ink*, the salesman leads Frieda B. to be unsure of her gifts (doubt) – and to desire to be a celebrity (pride).
 - When Frieda places her hopes in her one jar of Finkledee Ink (and the salesman), she ultimately struggles with deep doubt, disappointment, and shame. But the belief of her teacher and Zilla help her to become confidently, genuinely rooted in her gifts.
- Discuss: How does surrounding ourselves with those who encourage us help us to tune out those who have other motives?
- Read and discuss John 10:27-30. Whose is the one true voice?
- As a servant leader it's important to seek UPwardly, relying on Christ as the model when choosing the right voices to listen to, and in being a good voice for others.



FriedaB.com/AHG/FBAL

The Story...

...on which FBAL is based: *Frieda B. and the Finkledee Ink*. Frieda B. longs to be a writer. So much so, she spends every cent she has to buy a jar of magical Finkledee Ink. And she writes glorious stories. But when that jar of ink shatters, Frieda believes her dreams are shattered, too. It takes the love and belief of her loyal friend, Zilla, to lead her into understanding that everything she needs is already inside of her.

The Patch...

To earn an FBAL Patch, a girl must: read and discuss *Frieda B. and the Finkledee Ink* as outlined in the FBAL Main Guide, and complete two of the Girls Guide program activities. FBAL activities assist in helping girls identify Girl Leadership Positions for their unique gifts. Patches can be purchased in the online store at **FriedaB.com** or in the AHGstore.



Finkledee Ink is available in both the hard cover book and a downloadable PowerPoint presentation for larger groups. Both can be purchased in the online store at **FriedaB.com**.

