



FREE TO B. A LEADER



Girl Activities & Event Guide

As we've explored in the *Free to B. a Leader (FBAL) Main Guide*, via 1 Timothy 4:12, youth are called to lead, to set an example in speech, conduct, love, faith and purity. The activities and the event suggestions in this guide are designed to equip you to help your girls explore various aspects of leadership, and consider how and where God might be calling them at this place in time.

This is an intentional complement to AHG's Girl Leadership focus, an ideal kick-off to a Girl Leadership Retreat. Pi/Pa's are encouraged to help Leaders plan a related event and lead these activities.

LEADERSHIP ROCKS

This inexpensive and meaningful craft/keepsake allows girls to identify qualities of leadership, and to validate those qualities within each other.

Supplies:

- ✓ Whiteboard or large pad of paper
- ✓ Marker for board or paper
- ✓ Smooth, clean light-colored river rocks (at least one per participant)
- ✓ Fine-tip permanent markers in a variety of colors, to share
- ✓ Disposable tablecloths or placemats

Instructions:

- Gather girls around the whiteboard or paper.
- Review the *What is Leadership?* section of the FBAL Main Guide.
- Prompt girls to discuss: What are key characteristics of a good leader? Write each one on the whiteboard or paper. [Note that different leaders are blessed with different characteristics... you're creating a comprehensive list.]
- Review the *Using Encouragement to Lead* section of the FBAL Main Guide.
- Arrange girls at tables covered with disposable tablecloths or placemats. Place fine-tip permanent markers in center of tables. Present each girl with one rock.
- By whatever method you deem best, assign to each girl the name of another

Leadership Rocks participant.

- Instruct each girl to decorate one side of the rock with the name of the girl she's been given – and on the other side, to write 2-4 leadership characteristics she believes best describe that girl. Be available to help, as needed.
- Once Rocks are complete, invite each girl to share the rock she's created, then present it to the girl for whom she made it.



FINGERPRINTS OF GOD

Using nothing more than eye shadow and fingertips, this highly inclusive activity helps girls conceptualize unique worth and how that contributes to the Body of Christ.



Supplies:

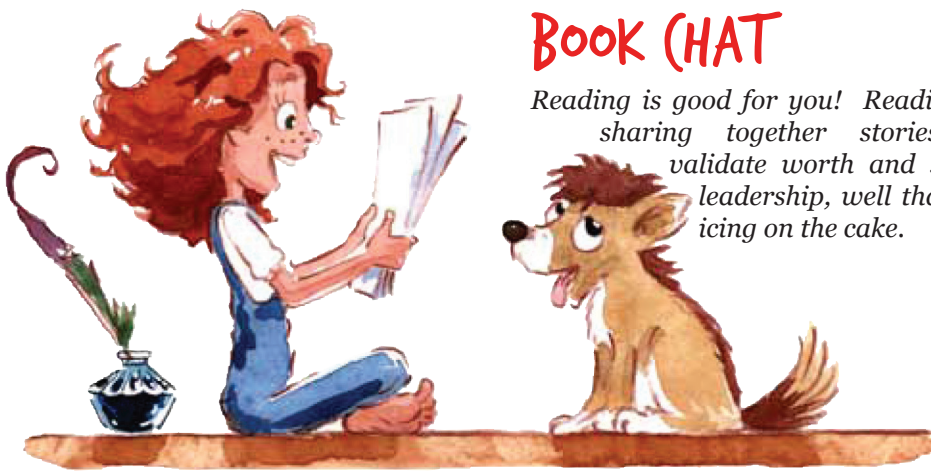
- ✓ Inexpensive eye shadow (one per participant)
- ✓ Written lyrics – and audio – for *Fingerprints of God* by Steven Curtis Chapman
- ✓ Sound system for playing *Fingerprints of God*

Instructions:

- Gather girls in a comfortable setting for discussion.
- Review the *Using Your Gifts to Lead* section of the FBAL Main Guide.
- Review *Listening to the Right Voices* in the FBAL Main Guide.
- Break into units, if desired. One girl at a time, give each girl an eye shadow. As you do so, share with the group one gift or leadership characteristic you see in that girl; ask the Troop to validate by applauding and/or providing an example.
- Once all girls have received an eye shadow, ask: Do you sometimes doubt your worth? Why? Whose voice helps us to remember our worth?

- Read to the group the lyrics to the song *Fingerprints of God*.
- Discuss: Does God ever doubt our worth? Why does He give us others to work alongside of? (To support and build each other up. These are good voices.)
- Now, the fun. Explain to all of the girls that you're now going to play the song *Fingerprints of God*, and while you do, they will move quietly around the room [you might prefer giving them a specific order or pattern to follow], placing eye-shadowed fingerprints on each other's faces as they listen to the words. This is to remind them that the Body of Christ works together, supporting and validating one another in the work He gives us – individually and collectively – to do.
- By all means, take a group photo!





BOOK CHAT

Reading is good for you! Reading and sharing together stories that validate worth and servant leadership, well that's just icing on the cake.

Instructions:

- Ahead of time, select a picture book or short story or biography to share. The subject theme should be focused on at least one of the key FBAL themes: *Using Gifts to Lead; Using Encouragement to Lead; Listening to the Right Voices.*
- Suggested reading: *You are Special* by Max Lucado is a beautiful picture book story about worth and listening to the right voices.
- Gather girls in a comfortable setting for a story and discussion.
- Read the selected story(ies) to them, then lead discussion around key FBAL themes.

• • • • • FBAL EVENT SUGGESTIONS • • • • •

Interested in an FBAL event, maybe even a sleepover? With the three FBAL girl activities, your imagination, and these event suggestions, you're sure to lead something wonderful.

- Decorate using FBAL themes, such as: upright arrows; "Leadership Rocks"; 1T412; FBAL Bible verses; and leadership characteristic words. If you choose to do the Book Chat using *You are Special*, you could implement stars and dots.
- Demonstrating the Body of Christ... For dinner or snack, have girls create an assembly line to assemble plates of food; assign others as place-setters; others as drink- and food-servers. Have them serve the Leaders first, then themselves.



- Carve out time to discuss the specific leadership opportunities within the AHG Girl Leadership Position Guide.
- For a sleepover, hold the Book Chat right before lights out, in pjs and sleeping bags.
- Close your event in prayer: *Dear Lord, we praise You for the gifts and worth You've graciously bestowed on each of us. May we listen to Your voice, and uplift one another, in using what we have to be servant leaders. May we, together as a Troop, be a pleasing example of what You call us to be, as the Body of Christ. In Jesus' name we pray. Amen.*
 - Assign a Leader(s) to be in charge of writing one note to each participant, validating her worth and gifts, as shared during discussions. Have every Leader sign each note. Hand notes to girls at the close of the event, or tuck them in their pillows if it's a sleepover.

DON'T FORGET TO SHARE!

We'd love stories, pictures, ideas on how you made this event your own! Send an email to us at:

AHG@FriedaB.com

or, post them at

Facebook.com/FriedaBHerself



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