

The American Heritage Girl who gave
this to you believes she is

Free to B. a Blessing

...and prays she's been
a blessing to you today.



By exploring the things she's good at
and the things she cares about, she is discovering the
story God wrote just for her, and is sharing His love in
ways that are unique and meaningful to her.

God's rich blessings to you, from all of us at American
Heritage Girls and Frieda B. May His promises in
Jeremiah 29:11 and Ephesians 3:20 give you reason to
Dream Big and Believe in your own free-to-be story!

To learn more about American Heritage Girls,
Frieda B., and the Free to B. a Blessing initiative,
visit FriedaB.com/AHG/FBAB.



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