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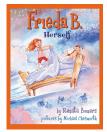
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Cheers! - The Team at Frieda B.

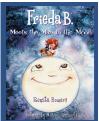
www.FriedaB.com

## Frieda B. Books

What would the world look like if all children dreamed big and believed in their stories?

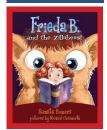


**Frieda B. Herself**, published in March 2010 is the foundational book of the series. Here the reader is introduced to Frieda – the world's biggest dreamer – and Zilla, her fuzzy little dog and loyal sidekick. In following Frieda through her adventures of imagination, the reader is encouraged to Dream Big and Believe in his/her own free-to-be story. The moral: You are Free to Be You.



In *Frieda B. Meets the Man in the Moon*, Frieda and Zilla take a trip to the moon "to see what it's like where the rockets and astronauts go." Inadvertently, Frieda crash-lands and hurts the Man in the Moon. The rest of the story follows Frieda as she not only apologizes, but does more than expected, to make full amends. This book combines imagination and adventure (and humor) with great empathy toward resolving conflict honestly and wholly.

The moral: You are Free to Be True to Your Very Best You.



Frieda B. loves books. And *Frieda B. and the Zillabeast* begins with Frieda and Zilla literally entering a book of classic fairytales. Yet with each turn of the page, Zilla grows bigger, bristlier, and growlier – until a hair-raising encounter with Little Red Riding Hood puts everyone on edge. What turned him into a Zillabeast? And what can bring him back to the sweet Zilla we all know and love? The answers to those questions reveal a lot about the importance of putting others first... and the love we welcome in when we do. *The moral: You are Free to See Kindness and Be Kindness.* 



Can a jar of magical ink turn Frieda B. into the writer she dreams she can be? Frieda scrapes together every penny she owns to buy a jar and see for herself. But when that jar of ink shatters, does her dream shatter, too? *Frieda B. and the Finkledee Ink* is a story to help children understand: When it comes to our dreams and our natural gifts, there's nothing we need to buy or get. Everything is already inside us. What we do need is dedication, perseverance, the belief and support of others, and of our very own selves. *The moral: You are Free to Believe in Your Gifts, and the Gifts of Others.* 



Frieda B. and Zilla delve into imagination and adventure in *Frieda B. A Great Day at the Dog Park*. As they break for a snack, Zilla notices a boy in the distance who looks sad and lonely. Zilla kindly approaches. But the boy lashes out, yelling for Zilla to go away and leave him alone. Frieda implores her parents to take action and yell at the boy who is "bad, bad, bad." In response, her dad takes her hand and opens his heart... showing Frieda and the boy – and the reader – that authentic connection, compassion and communication is the pathway to unleashing the hero in us all.

The moral: You are Free to Be a Hero.



It's true: You, dear reader, are free to be the one-of-a-kind, never-before-told, amazing and very important story you carry right inside you. Within the other Frieda B. books, Frieda B. shares her own story and dreams and adventures with you. But in this book, Frieda wants to celebrate the story of YOU. So come along as we meet Frieda's favorite librarian, Ms. Foster, and embark on an adventure better than any other... discovering, exploring, dreaming about who YOU uniquely are free to be.

The moral: You are Free to Be Resilient.



Awarded Best Picture Book Series 2015

Always available for purchase at FriedaB.com and AHG.org