

BALANCE

WORKER-WALKER-RELAXER

ORIGINAL RANGE



*Can sit
easily
under your
insole*

Foot
Supports
Int'l™

WELCOME TO A NEW WORLD OF BALANCE!

*Arch support
should end before
the ball of the foot*

**BALL
JOINT**

BALANCE TEST

*Every foot support we make
has Balance-Ability. We only
make foot supports that pass
THE BALANCE TEST.*

*The world's only super-thin
foot supports that fit in
every shoe and balances
your entire body weight.*

*It's simple. When you
balance your feet,
your whole body is
transformed. The body
aligns itself. Poor posture,
sore backs, feet, heels,
ankles, knees, legs, hips,
and shoulders... aches
can disappear wearing
Foot Supports.*

*These arch supports are
made exclusively in New
Zealand from the highest
quality materials and
have worldwide
design patents.*

BALANCE WORKER

High lift for swing power, balance, running, hiking & sports performance



BALANCE WALKER

Medium Lift for Better Balance, Posture and Everyday Use.



BALANCE RELAXER

A low lift, perfect for tighter shoes while still offering support and balance, but allowing the forefoot to relax after a day on your feet.



IMPACT ABSORBER

A smooth nylon topcover on a thick 3mm neoprene base creates a light weight, shock absorbing cushion, perfect for sensitive feet.



INSTANTLY IMPROVE YOUR POSTURE & CORE-BALANCE!

WELCOME TO A NEW WORLD OF BALANCE!

After selling the Good Feet Stores and leaving behind their first concepts, the original founders created a new company, Foot Supports International. Using over 20 years of experience they made the thinnest, sleekest, "Best arch support in the world" that fits in any shoe.



WARNING:

If you are a diabetic or have a known medical condition, please consult your medical specialist before wearing arch supports.

Foot Supports International will not be liable for any injury resulting from incorrect use. If you are unsure if arch supports are appropriate for you, consult your doctor or specialist.

BEFORE WEARING:

If you have never worn arch supports before, please begin by wearing them a short time each day, until you are sure that your feet are used to them. If at any time your feet or body feel uncomfortable while wearing arch supports, take them out immediately.

DIRECTIONS FOR USE:

Wear the arch supports in your shoes with the heel of the arch support securely fitted against the heel inside your shoe. Your arch supports may be worn underneath your shoes' inner lining, if it lifts up easily, or on top of the lining. Arch supports can be worn directly under your foot or with socks or stockings and are suitable to be worn in shoes with a heel height of up to 5 centimetres (2 inches). For most of us, our feet hold the Balance Supports in place when we walk. However, if you wish to fasten the arch supports down, our specially designed Velcro for our Balance Supports is an option.

Do not wear your arch support on top of another arch support. Replace your arch support every year for maximum performance. If you have squeaking or clicking when you wear your foot supports, simply put a little talcum powder in the shoe.

APPLYING THE VELCRO:

For most of us, our feet hold the Balance Supports in place when we walk. However, if you wish to fasten the arch supports down, the included Velcro is an option.

Each set of Velcro dots has a hook (hard) dot and loop (soft) dot.

- Place the hook (hard) dot on the roughened area on the underside of the heel of the arch support.*
- Place the loop (soft) dot on the heel area inside your shoe, ideally under your insole if removable. Ensure the support is correctly positioned under your foot*

HOW TO CLEAN:

Wash by hand in luke-warm water and a mild cleaner. Dry with a soft towel. Do not machine wash or dry!

HOW TO DO THE BALANCE TEST

Every foot support we make has Balance-Ability. We only make foot supports that pass these balance tests.

This is a step-by-step guide to performing the balance test:

1. If you are a diabetic, you should consult your doctor before wearing anything under your feet.
2. Ask your partner to stand in a natural position placing his/her palms up one on top of the other in front of their body at waist height. Note that most people do not stand with their feet parallel but with their forefeet fanning out about 15 degrees from each other.
3. Once your partner has the correct position, push directly down, lightly on the person's palms. (The person will probably rock forward onto their toes). When this happens stop pushing down and explain to them that they have just come up onto their toes because of a bit of imbalance.
4. Ask your partner to interlock their fingers behind their backs waist high. Position yourself firmly behind the person to ensure the customer doesn't fall backwards. Then, push lightly, directly down again on the person's interlocking hands. The person should start to lean back onto their heels. Again stop pushing once the person starts leaning back, explain that coming back onto their heels indicates the need for greater balance and support.
5. Then ask your partner to remove their shoes and step onto the Foot Support, ensure that the person's foot is correctly aligned in the arch supports, with their heels in the very back of the products.
6. Once your partner is standing correctly on the Foot Support, repeat steps 3 through 5 again. The person should notice a wonderful new stability and balance when standing on the Foot Support.





ONE (1) YEAR LIMITED REPLACEMENT WARRANTY STATEMENT

If your product becomes defective due to faulty material or workmanship within a period of 1 year from the date of purchase, we warrant to do the following:

- **For New Zealand Consumers:** We will replace the product with a new product, free of charge, or repair the product at our cost, at our discretion.
- **For Australian Consumers:** Our goods come with guarantees that cannot be excluded under the Australian Consumer Law. You are entitled to a replacement or refund for a major failure and for compensation for any other reasonably foreseeable loss or damage. You are also entitled to have the goods repaired or replaced if the goods fail to be of acceptable quality and the failure does not amount to a major failure.

Your warranty is subject to the following conditions:

- The item has not been misused, abused, neglected, altered, modified or repaired by anyone.
- The item has been subjected to fair wear and tear
- The item has not been used for trade, professional or hire purposes.
- The item has not sustained damage through foreign objects, substances or accident.

Your warranty does not cover;

- Components that are subject to natural wear and tear caused by normal use in accordance with operating instructions.
- Unauthorised/improper maintenance/handling or overload is excluded from this warranty.
- For guarantee claims, you will need to submit a proof of purchase in the form of a valid receipt that displays date and place of purchase.

This warranty does not replace but is in addition to your statutory rights.

This warranty does not apply to accessories supplied with the item.

This warranty applies only to the original purchaser and may not be transferred.

Replacement items will be covered by the limited warranty for the balance of the warranty period from the date of the original purchase.

Please note:

Only the defective product or parts returned to place of purchase will be replaced under this warranty.

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