

## **DERMAPLANING WITH CHEMICAL PEEL POST-TREATMENT CARE**

- Non-steroidal, anti-inflammatory (NSAID) agents are recommended for use.
- Transient skin erythema and edema, as well as heat or tingling sensations, may last up to several hours after treatment.
- If post-treatment discomfort is experienced, the patient may cool the area with cold (not frozen) compresses.
- Tiny scabs of less than 1 mm diameter will usually form 24-72 hours post-treatment and may remain for a few days. The scabs should not be touched or scratched, and should be allowed to shed off naturally.
- The patient should use a high-factor sunscreen (**at least 30 SPF**) and protect the treated area from direct sunlight **for 3 days**.
- The patient should use plenty of moisturizing cream between treatments (Aquaphor is recommended) starting 12 hours after treatment.
- No acids (Vitamin C, Retinol, Acids, Hydroquinone) are to be applied to the face for 48 hours