

Ston One: Dancer Profile

The Shoe Room 406 Jarvis Street Toronto, ON Canada, M4Y 2G6 Toll Free: 1-800-387-0785

416-964-5100

virtualfittings@nbs-enb.ca

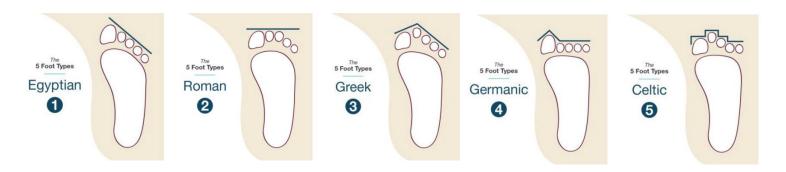
VIRTUAL POINTE SHOE FITTING FORM

The Shoe Room's "Virtual Fitting" system allows for long distance pointe shoe fittings. Our expert fitters will work with any dance student who does not have access to the boutique in Toronto to provide the same excellent fitting and customer service. To complete the following six steps, you will need a measuring tape and a camera.

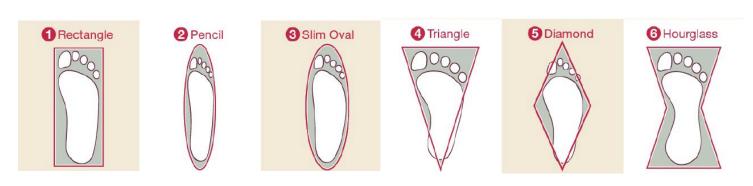
otep one. Dank			
Name:			
Pronouns:			
Age:			
Dance School:			
Height:	feet and _	inches	
Weight (lbs):	lbs.		
	BeginnerPre-Professional		
How many years	have you been on point	e?	
How many hours	per week do you do poi	nte?	
How did you hear	r about our Virtual Point	e Shoe Fittings?	
Is this a group fit	ting? O Yes O	No	
If yes, what is you	ur pointe teacher's name	e?	

Step Two: Foot Profile

Which Foot Types best describes the shape of your feet?



Which Foot Shape best describes the shape of your feet?



How would you describe your arches?

O Low O Medium O High Very High

How would you describe your foot strength?

O Weak O Moderate O Strong

How would you describe your foot flexibility?

O Hypomobile O Moderate O Hypermobile

What is your street shoe size and width (US)? _____ (ex. 8½)

How would you describe the width of your foot?

O Extra Narrow O Narrow O Medium O Wide O Extra Wide

Do you have compressible feet? Dancers of all foot shapes have the potential to be compressible. If your feet feel squishy, bouncy, if they change shape, they are likely compressible. To test for compressibility, gently squeeze the foot just below the first and fifth metatarsal (or bunion and bunionette) **O** Yes **O** No

What are you looking for in a pointe shoe?				
Has	your teacher given a	any recommendations/sugges	stions of pointe shoe styles?	
Wha	at style of pointe sho	es have you previously worn,	if applicable?	
1)	Brand:	Style:	Size:	
	Width:	Strength:	Date of Purchase:	
Wha	at did you like or dislike	e about them?		
2)	Brand:	Style:	Size:	
	Width:	Strength:	Date of Purchase:	
Wha	nt did you like or dislike	e about them?		
3)	Brand:	Style:	Size:	
0 ,				
	Width:	Strength:	Date of Purchase:	
Wha	at did you like or dislike	e about them?		
	ou have not worn poi	nte shoes, what brand, style a	and size are your current ballet	

Do you wear any pads or cushioning (lamb	b's wool, ouch pouches, gel pads, etc.) that affect
the way your shoes fit? Please tell us what	t you wear.

Please list any injuries	affecting yo	our pointe work:
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Optional: If you are looking for pointe shoes to match your skin tone, based on product availability, select the numbers that you feel best represent you: _____



Recommended: Would you like to try more than one pair of pointe shoes? You will be charged for each pair of pointe shoes we send, but fully refunded for every pair that is returned to us in like-new condition. • Yes • No

Step Three: Foot Accessories

Do you requi	re ribbon an	d elastic with y	our pointe sh	oes?	
O Yes O	No O	Fitters Recomm	nendation	D M	atch Skin Tone
•	•	match your skin ation AND Match		insure	e of which option will work best,
-	•	are our most pop eshoeroom.ca/co			ee our full selection of ribbons and lastics
Ribbon: • Freed Nylon Ribbon (\$8		on Ribbon (\$8.00	0)	O	Sansha Stretch Ribbon (\$8.00)
	BodyWrap	opers Stretch Rib	bon (\$8.00)	0	Gaynor Minden TLC Ribbon (\$10.00)
_	_	s Pink Elastic (\$ unheads Pink E	,	0	
Do you requi	re any acces	sories with you	ır pointe sho	es?	
O Yes O	No O	Fitters Recomm	nendation		
If yes, what ty	ype?				
O Toe Pad I	,) O	Toe Pad Med Slim Toe Pad Lamb's Wool Gel Toe Cap Toe Spacers	d Sma I (\$10 (\$15	all (\$38.00) 0.00) .00)
O Toe Spacers Sleek (\$19.00)		9.00)	Toe Spacers Large (\$19.00)		
Go to http://w If this is the fire	rst time en po kit includes, a	Bunheads Stite	all available nend our Poin	te Sh	lucts noe Kit for \$35.00 (retail value andages, Lamb's Wool and Gel Toe
Item:			Qty:		
Item:			Qty:		
Item:			Qty:		
Item:			Otv.		

Step Four: Photos of Your Feet

Photos are a big help in determining the correct brand/model of shoe that is right for your feet. If you have access to a digital camera or a cell phone camera, please take pictures of your feet as demonstrated in the photos below. Please compile all photos into a PDF document with the rest of the form. If you need assistance or have questions, please give us a call 416-964-5100.

Send your email to:

Email: virtualfittings@nbs-enb.ca

Subject: Virtual Fitting (Dancer's Name)

Top View – Parallel Feet



Side View - Tendue a la Seconde, Both Feet



Side View - Seconde Position, Both Feet



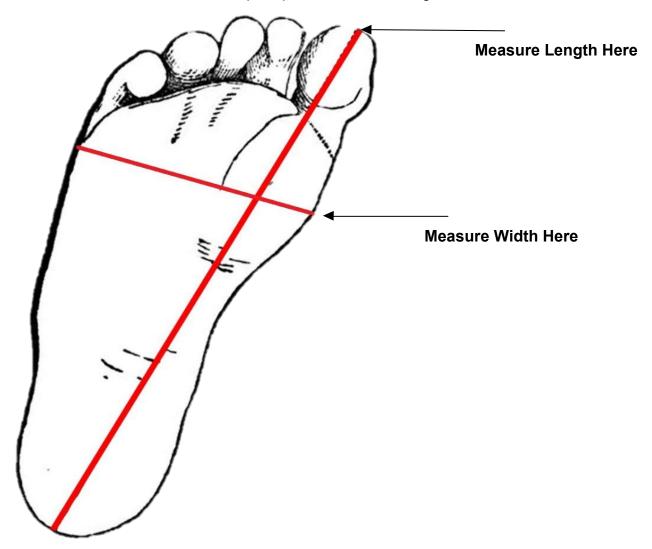
Side View - Demi Pointe, Both Feet

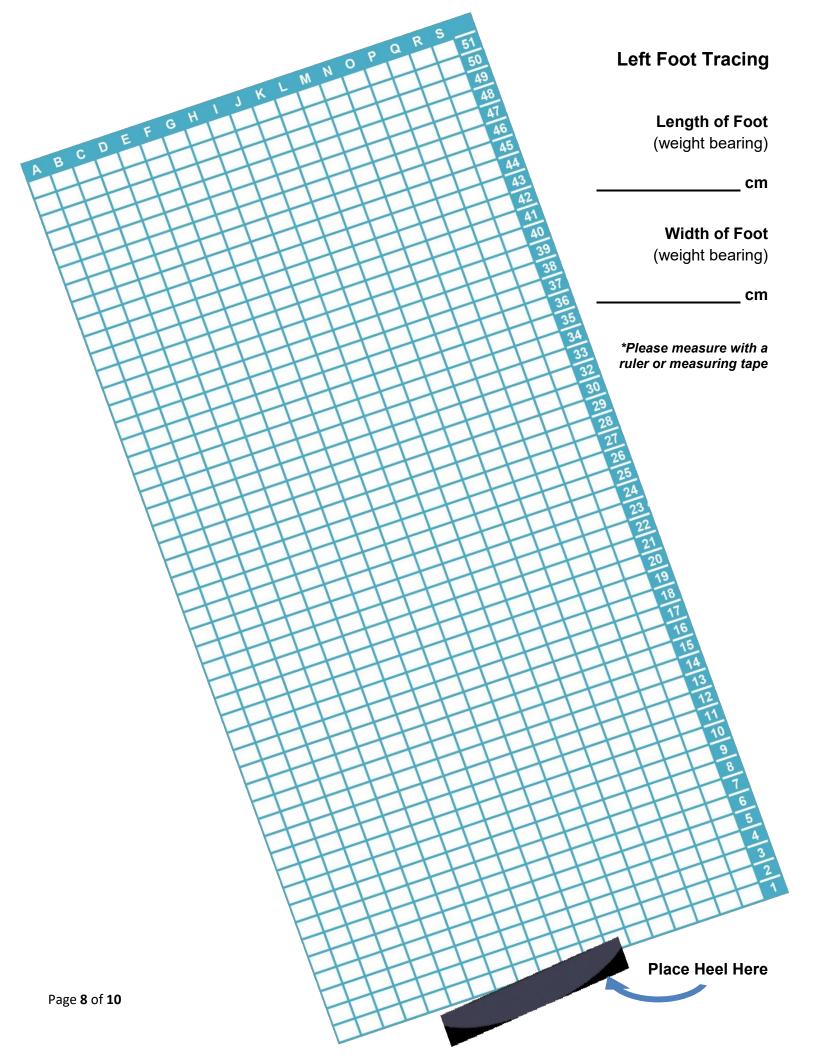


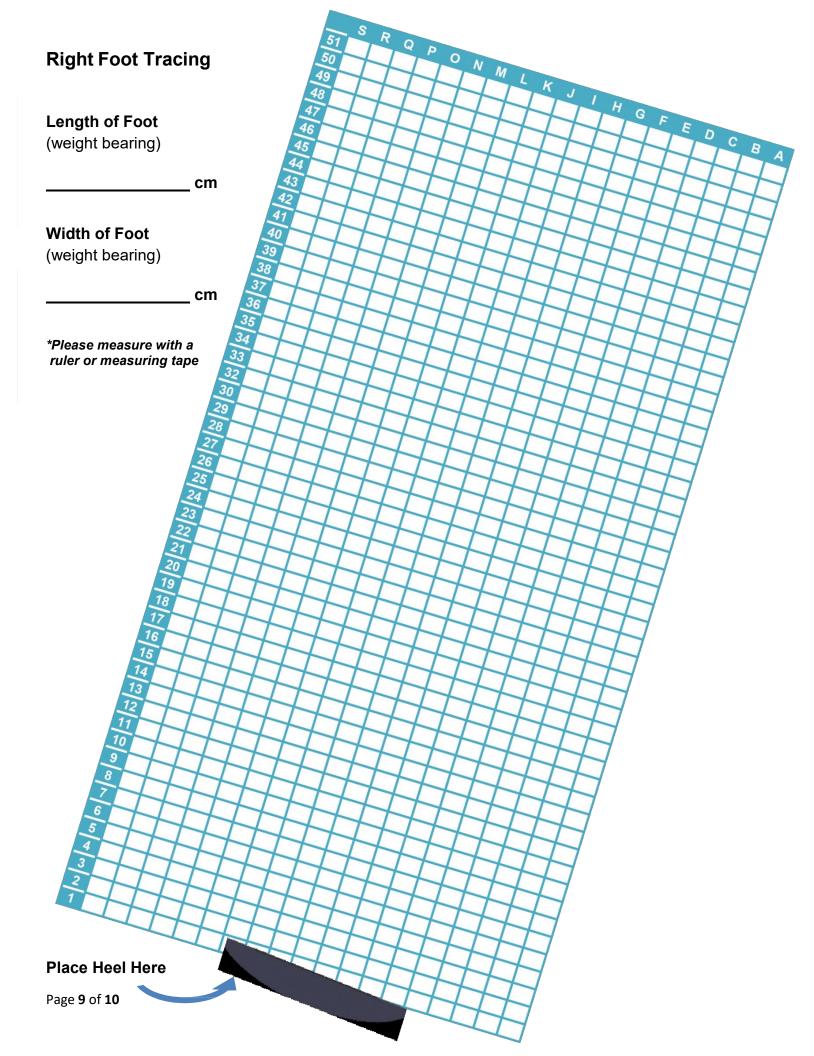
Step Five: Trace Your Feet

Tracing Instructions

- 1. On the Left Foot Tracing Sheet on Page 7, align your left foot to the heel line, with your heel next to the Heel Line and the ball of your foot next against the numbered edge. Be sure to position your foot on the graph so it does not spread beyond the heel line & numbered edge.
- 2. Put your full weight on the foot and carefully trace it with a pen (not a pencil or marker). Hold the pen in an upright, vertical position and make a clean, unbroken line.
- **3.** Repeat for the right foot using the Right Foot Tracing Sheet on Page 8.
- **4.** Precisely measure the Reference Line (see example red line in the diagram on the tracing form) for each foot and enter the result in the space provided on the tracing form.
- **5.** Measure your foot tracings with a ruler or measuring tape, do not use the grid.
- **6.** Precisely measure the Reference Line (see example red line in the diagram on the tracing form) for each foot and enter the result in the space provided on the tracing form.







Step Six: Personal Information

Personal information gathered by The Shoe Room is kept in confidence. The Shoe Room staff are authorized to access personal information based only on their need to fulfill the purpose for which the personal information was obtained. Safeguards are in place to ensure that The Shoe Room does not disclose or share personal information more widely than is necessary to achieve the purpose for which it was gathered. The Shoe Room also takes measures to ensure the integrity of this information is maintained and to prevent its being lost or destroyed. For more information on our Privacy Policy, visit https://theshoeroom.ca/pages/privacy-policy

Shipping Information* Required Information				
* First Name:	*Last Nam	ne:		
* Dance School:				
* Email:	*Ph	none:		
*Mailing Address:				
* City:				
* Postal Code/ZIP:				
* I would like to be contacted with the tota to me: O Yes O No	al, including shipping co	sts, before my pointe shoes are sent		
Canadian Clients: While the first exchange is free, International Clients: Additional shipping charges v				
Credit Card Information (Optional)				
lf you do not wish to provide credit card ir Local: 416-964-5100 Toll Free: 1-80	· •	contact us by phone.		
Credit Type: O MasterCard	O Visa	American Express		
Card Number:		Expiry Date:		
Name on Card:				
Signature:				

Sending Us Your Virtual Fitting Form

Please send completed form with photos and tracings of your feet to us by scanning and emailing us at virtualfittings@nbs-enb.ca

If you do not hear back from us with a confirmation that we have successfully received your Virtual Fitting Form within **1 week** of sending, please follow up with a phone call or additional email. Please check your Junk folder incase our response has ended up there.