How to Sublimate In One Step Skill Level: Easy

Supplies Needed:

- Sublimation material you can print on (Subli-Flock®, Subli-Print® Thin, and most colors of SubliFlex®)
- Shirt or other cloth material
- Sublimation Printer
- Scissors
- Image You'd Like to Sublimate

Step 1: Print Out Your Design On Your Material

With most sublimation, you start by printing your design out on sublimation paper. If you wish to sublimate on sublimatable HTV that's exactly how you'd start. But with certain products made to be printed on, we can skip this step completely and print DIRECTLY onto your material! Today we're going to be using Glitter White SubliFlex® but that's not the only product we offer that can be printed on directly. Most of our other SubliFlex® colors can be printed on as can Subli-Print® Thin and Subli-Flock®. The first thing you need to do is to pick your image. We certainly can't sublimate without a design! With sublimation the options are limitless. This can be family photos, your child's favorite characters, complicated designs with many colors, designs with textures, etc

Unlike when you're printing to sublimate onto something, you're going to want to print right reading. Do **NOT** reverse the image. You're also going to want to print on the sublimatable side of the material, not the adhesive side. Every printer is different, so load in your material so it prints correctly. The inks will look dull right now- don't worry and trust the process! It looks dull because the inks have not been activated. They get activated when we press and get a lot brighter.

Now that you've got your design printed, now it's time to cut it out. It is possible to use registration marks and cut this material with a cutter, but to keep this simple we're going to use the most simple method- scissors! Take your scissors and carefully cut along the edge of the design. We recommend doing this before removing the liner, just because we find it easier to cut something with a stiff backing. If you're cutting soon after printing, be careful not to touch the design, as you could smudge the inks.

Once you're done cutting, it's time to remove the liner! We took this picture (below) before cutting to get a good look at the material being peeled back from the liner. You can see the adhesive side of the SubliFlex®– it's got a glossy sheen to it. You can also see the clear plastic carrier (backing) beneath it. Make sure you remove the material from the carrier (backing) before pressings or your material won't adhere to the shirt!



Now that we've got our design cut out and off the carrier (backing), we're ready to press!

Step 3: Press Your Vinyl

With our one-step sublimation materials, you can sublimate and press all in one step! Please note, if you're pressing on a heatsensitive garment, we recommend sublimating first then pressing. But we're just pressing onto a white cotton shirt, so we can get this done in one step! For SubliFlex®, the press settings are

Temp: 375° F Time: 30 sec

And you're done! Wasn't that easy? After sublimation you can really see how much the colors brightened up!