

Goji Berry Smoothie



By Chef Amanda DeLaura

When I drink this smoothie, I think of the beaches and mountains in Malibu. It used to be a weekly habit of mine to go hiking in the cliffs of the Santa Monica Mountains, get a smoothie from my favorite little shop Vitamin Barn, and then hit the beaches and summer sun. Nothing gets better than moments like those, right? Here is my version of their goji berry smoothie, packed with vitamin C and fresh ginger. If you cannot find goji berries, substitute cranberries, blackberries or raspberries. Bon appétite!

Makes 1 smoothie

Ingredients:

3/4 cup almond milk
1/2 orange, *juiced*
1 frozen banana
2 Tbsp dried goji berries
1 Tbsp raw almond butter
1/2" piece fresh ginger, *cut into small pieces*

Directions:

Blend all ingredients together in a blender, Vitamix, or bullet blender, and serve!

