



Baby & Toddler

REAL LIFE | EXPERT ADVICE | SLEEP SOLUTIONS

Time for tea?

WHETHER YOU'RE NEW to breastfeeding or have been doing it for a while, head down to one of Medela's Breastfeeding Café events. They're a great opportunity to share advice, meet other mums in your area and have a natter about all things baby-related, especially as a recent survey revealed that three quarters of mums found chatting with other mums helped them feel supported on their breastfeeding journey.

The events will be taking place on May 16 in homes across the country and you can find your nearest one at [facebook.com/medela.uk](https://www.facebook.com/medela.uk). If you'd like to hold your own, sign up for a free Medela Breastfeeding Café pack at medelamums@gmail.com and you'll receive posters, invitations, and even tea and biscuits!



Try this!

GET MUDDY FOR CHARITY

If your toddler loves getting muddy, sign up to Peppa Pig's Muddy Puddle Walk. She'll be able to jump, splash and explore lots of muddy puddles along the walk, just like Peppa,

while also raising money for Save the Children. Walks take place across the country between May 8 to 14. Find out more at savethechildren.org.uk/muddy-puddle-walk



We love new eco-friendly brand Kit & Kin's online nappy subscription service, as not only do you get a month's supply of nappies delivered straight to your door, you can create your very own bespoke bundle. Each nappy features a cute animal character, as well as keeping your baby dry and comfortable for up to 12 hours. Available in sizes 1 to 5. £29.99 for a month's supply of 160 nappies, kitandkin.com

3 of the best...

POURING BATH TOYS

Tipping and pouring water is one of the simplest and most fun games that you and your baby can play in the bath. But if he's getting tired of using cups and beakers, introduce one of these clever pouring bath toys to his next splash time.

1 The Personalised Bath Time Watermill has a colourful funnel that your toddler will enjoy tipping water into over and over again to make the cogs spin round. He'll also love that it is personalised with his name. Suitable from 12 months.

£20 my1styears.com



2 Teach your little one about numbers and colours while he's having fun pouring water with the Tappy Tap Guard and Bath Toy. Pour water into Tappy's mouth and watch his legs wiggle! It fits over the bath tap to keep little hands safe. Suitable from six months.

£12 jojomamanbebe.co.uk

3 The Seaside Pour and Play Bath Toy has a fun toy bar that lets your little one pour water onto the water wheel, scoop it into the funnel and play with the cute animal squirters, all in one bath time! Suitable from 12 months.

£10 mothercare.com

