



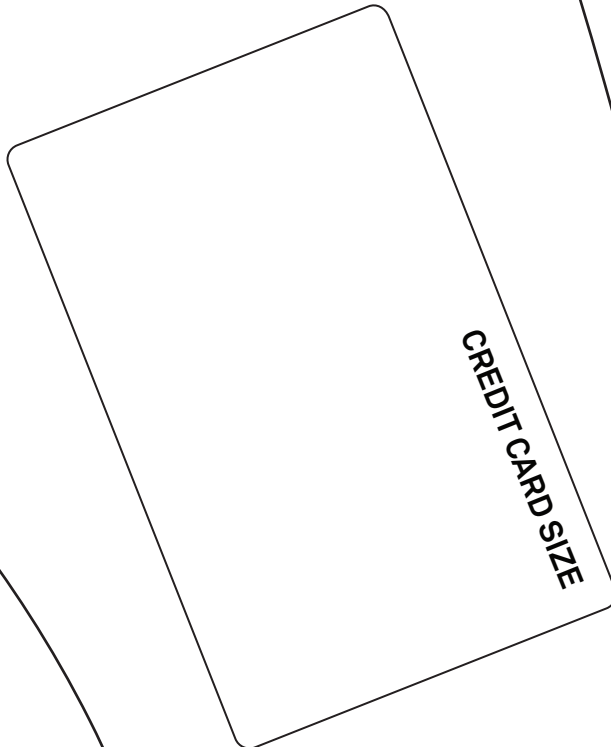
**PANTA**  
protecting runners since 490 B.C.

**Print this template at 100% or 'actual size'.**

Check with a credit card if you're unsure you've printed true size.

SIZE  
45

SIZE  
45



*align heel*

Check your size by standing on the template and aligning your heel with the back. Position the hole in the fold between your first and second toe.



*right size*

You need between half a centimeter to a centimeter of extra space in front of your toes. Try another size template when in doubt about the size.



*too big*

Can't find a match? For a small extra charge we'll shape a custom pair of sandals for you. Just send us a couple of photo's of your feet on the nearest size template and we'll be in touch!