



PANTA
protecting runners since 490 B.C.

Print this template at 100% or 'actual size'.

Check with a credit card if you're unsure you've printed true size.



align heel

Check your size by standing on the template and aligning your heel with the back. Position the hole in the fold between your first and second toe.



right size

You need between half a centimeter to a centimeter of extra space in front of your toes. Try another size template when in doubt about the size.



too big

Can't find a match? For a small extra charge we'll shape a custom pair of sandals for you. Just send us a couple of photo's of your feet on the nearest size template and we'll be in touch!

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