

RESTORE

User Guide



Take with
Filtered
Water



No meds 30 min before
or 2 hours after taking
RESTORE



Do not take
within 3 hours
of bedtime

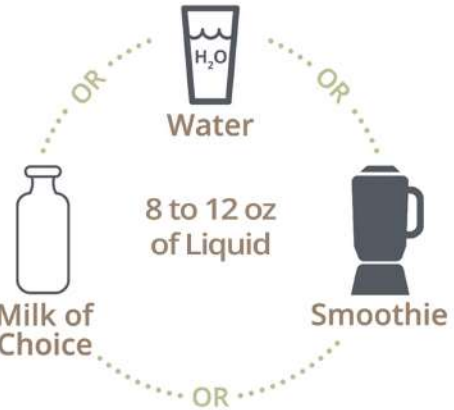


Do not
Heat

Instructions:



1/2 to 1 Packet



- Steps:
1. Add 1/2 to 1 Packet to 8 to 12 oz of Milk, Water, or Smoothie
 2. Blend, shake, or whisk
 3. Enjoy!



Scan QR code to get delicious
Restore Smoothie Recipes

When:



Best if taken
in the morning



Ok to Take
With Meals

Information provided is suggested use only. Consult with your healthcare provider and modify as needed. Some medication can be impacted by supplements.



Visit Our Website
to learn more!

Have you tried our shaker bottle?
You'll love it!

REV 7/2023

