

Raw Materials[®] Capsules & Liquid

User Guide



Take with
Filtered
Water



Take on
an Empty
Stomach



No meds 30 min before
or 2 hours after taking
Raw Materials

Suggested Use: 1 to 2 Capsules a Day

One in the
Morning



+



One Midday


1 to 2 Capsules a Day

4 to 8 oz

Can be taken with
Dr. Tennant's[®] RESTORE
and/or BRAIN FOOD

Suggested Use: ½ to 2 Full Droppers a Day

One in the
Morning



+



One Midday


½ to 2 Full Droppers a Day

8 oz

Can be taken with
Dr. Tennant's[®] RESTORE
and/or BRAIN FOOD

IMPORTANT PLEASE READ:

When starting a supplement containing concentrated Humic Acid, it is important to do so slowly. Humic Acid is a powerful detoxifier, and intestinal detoxification symptoms are common if started too quickly.

Information provided is suggested use only. Consult with your healthcare provider and modify as needed. Some medication can be impacted by supplements.



Visit Our Website
to learn more!

Have you tried our shaker bottle?

You'll love it!

