

N1O1 Nitric Oxide Lozenges

User Guide



Take One Lozenge
Twice Daily
12 Hours Apart



Best if Taken
on an Empty
Stomach



DO NOT Chew
or Swallow the
Lozenge Whole



Keep Out
of Reach of
Children

Instructions:

Take One
in the
Morning



After
12 Hours

Take One
at Night



2 Lozenges
a Day



Place one Lozenge into your
mouth and allow it to
dissolve on your tongue.
Move it around to avoid
sensitivity or soreness in
the mouth, and when it
is fully dissolved, swallow
the remaining saliva.

IMPORTANT PLEASE READ:

Completely dissolve the lozenge in the mouth. Wait 15 minutes after it has dissolved before consuming food or liquids.

It is recommended that individuals taking medications related to blood thinning or blood pressure undergo physician evaluation and blood pressure monitoring.

Take this supplement before brushing your teeth to get the benefits of the good bacteria in your mouth that naturally produce Nitric Oxide. It is best to avoid mouthwash, as it kills the bacteria responsible for natural Nitric Oxide production.

After taking two tablets per day for 30 to 45 days, then reduce the dosage to one tablet per day, first thing in the morning.

Information provided is suggested use only. Consult with your healthcare provider and modify as needed. Some medication can be impacted by supplements.



Visit Our Website
to learn more!

Have you tried our shaker bottle?

You'll love it!

