

# When it's right, it just clicks

## Philips Respironics Amara – full face mask

### Mask fitting guide



1

Before putting on the mask, grip the headgear clips and twist away from the frame to disconnect.

**Note:** Wash hands and face before use; avoid moisturizers and lotions.



2

Pull the mask over your head and hold it against your face.

**Note:** You may need to loosen the headgear to a larger setting.



3

Holding the mask in place, reconnect the headgear clips by pushing them back onto the frame.

**Note:** The headgear should lie flat against the back of your head.



4

Fully extend the forehead adjuster by pressing and holding the button and sliding the frame away from your face.

**Note:** There should be minimal pressure felt on the bridge of your nose.



5

Starting with the lower straps first, pull back the headgear tabs evenly to achieve a comfortable fit.

**Note:** Do not overtighten. The forehead pad should only lightly touch the forehead.



6

Final adjustments for comfort and seal should be made while lying down with your device pressure applied.

**Note:** Should excessive leaks persist, try an alternate cushion size.

Additional details on fitting may be found in the instructions that accompany your mask. A larger frame is also available by request.

For more information, please visit [www.philips.com/respironics](http://www.philips.com/respironics)

Broudy NB 11/11/13 MCI 4105943 PN 1114003

**PHILIPS**  
**RESPIRONICS**