

<https://GenuineEssiac.com>

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Genuine Essiac

We Believe in Our Organic Essiac So Much, We Guarantee It!

Your *first* concern when choosing essiac tea should be whether or not the formula is from a *credible* source. After all, what is the point in taking essiac if it it's not the real stuff?

Our Formula was Developed by Rene Caisse, the Founder of Essiac.

Rene Caisse is the Canadian nurse who brought essiac tea into popular use. Rene Caisse and Dr. Charles Brusch spent eight years together studying essiac tea at the Brusch Medical Research Center in Cambridge, Massachusetts.

Additional Herbs Were Found to Enhance the Original Essiac Formula.

Rene Caisse and Dr. Charles Brusch researched essiac tea from 1959 to 1967. They found that one of the essiac tea formulas consistently outperformed all others. This formula was composed of the original four essiac herbs combined with an additional four herbs. This new and improved formula maximized the effectiveness of essiac when taken as a tea.

Why the “Original” Four Herb Essiac is not your Best Choice.

When a company says they have “original essiac,” that is really nothing to brag about! This is because the original formula is an older one that was found to be less effective than the updated eight herb formula developed by Caisse and Dr. Brusch.

How the Paulhus Family Took Over for Rene Caisse and Dr. Brusch

Being from the same area, our family was fortunate enough to be introduced to Dr. Charles Brusch through a common friend. As Dr. Brusch grew older he appointed our family as the ones to make sure essiac remained available to everyone. Dr. Charles Brusch passed the formula to our family so that we could distribute it to whomever may need it. His wish was for us to keep pricing as low as possible so that everyone had access to it. In keeping with his mission, we provide essiac at the lowest cost possible while still able to stay in

business. To help support Dr. Brusch and Rene Caisse's mission, all of our essiac products ship free – no minimums!

Essiac Available at Reduced or No Cost for those with Financial Need

It is tragic when essiac is not available to those in need due to financial concerns. We personally have been affected by having loved ones who were sick and unable to afford alternative options and we know how sad that can be. In fact, we are so determined to get essiac to those who need it that we can provide you with essiac at reduced cost or free of charge to you if you have an extenuating financial need. All you have to do is ask by contacting us.

How Our Essiac Formula Works

This essiac formula has led to tens of thousands of satisfied customers over the years. Dr. Charles Brusch and Rene Caisse researched a variety of eight herb formulas and found them to be superior to four herb blends. Dr. Brusch has stated, "Clinically, on patients suffering from pathologically proven cancer, [essiac] reduces pain and causes a recession in the growth; patients have gained weight and shown an improvement in their general health...Remarkably beneficial results were obtained even on those cases at the 'end of the road' where it proved to prolong life and the quality of that life...The doctors do not say that essiac is a cure, but they do say it is of benefit."

Our *Industry-Exclusive* Money-Back Guarantee

Please don't hesitate to give essiac a try, because you don't risk a *thing* when you try essiac tea from our company! No other company is so confident in their product that they offer a money-back guarantee! *All* of our customers are covered by our 6-Month 100% Money-Back Guarantee. People very rarely have to take us up on this—there is no way we could stay in business if many of them did! But our wish is to prove to you how confident we are in our product. We wish for you to be able to try essiac risk free. We only want you to pay when it works, and for that reason we extend the guarantee to all users.

Here is the way our Essiac Tea Guarantee works:

Order essiac and give it your own personal "test run." Take it for 6 months. If you haven't experienced any health improvements, simply return the remaining portion (only if there is any left) and we'll issue you a complete refund.

All we ask is that you, on the honor system, take essiac at the suggested dosage level on an empty stomach for 6 months. If you have not experienced any benefit, you may contact us for a refund. You may return any remaining portion to us (*this will only apply if you ordered MORE than 3 lb. 4 oz. of herbs - otherwise there will be no herbs left to return*) and you will receive a full refund for the amount you paid for your essiac.

Please direct refund inquiries to our phone for fastest service: 1-978-504-9517. *Make sure you have taken essiac as directed for the full six months in a row before requesting your refund.* If you take essiac for less than six months, skip servings or you take it with food, it may not produce results you can see and feel and you won't be covered under the Guarantee.

Why Essiac is NOT Cheaper on Amazon

So many people use Amazon as their go-to for purchasing just about everything. However, essiac is *not even close* to being the cheapest when purchased on Amazon!

Cost/ lb.	Product
\$225.81	Flor Essence 2.1 oz. box
\$68.97	Genuine Essiac FOUR 4 oz. packets
\$55.37	Genuine Essiac THIRTEEN 4 oz. packets

The first thing you need to know is that there are a *ton* of bogus formulas on Amazon. In addition to that, most of the essiac products found on Amazon only contain four herbs, which is not the research-proven best form of essiac available. Rene Caisse and Dr. Charles Brusch worked together studying essiac at the Brusch Medical Research Center from 1959 to 1967 and were able to determine that eight herb essiac is best. Visit [this page](https://genuineessiac.com/pages/which-is-really-better-four-herb-or-eight-herb-essiac) for more info: <https://genuineessiac.com/pages/which-is-really-better-four-herb-or-eight-herb-essiac>

Here is a product sold on Amazon that contains the same eight herbs as ours: Flor Essence Detox Dry Tea Blend - Gentle Daily Herbal Cleanse - All Natural 90% Organic Ingredients - 2 1/8 oz - by Flora \$29.99 on Amazon (makes only 3/4 of a gallon). This product costs \$225.81 per lb. of herbs.

Our product of 4 4 oz. essiac packets contains the same eight herbs but it makes a whole lot more tea (it makes four gallons of tea).

This product costs \$58.27 per lb. of herbs - *only 30%* of what it costs to order on Amazon!

Want even *more* savings? If you purchased our larger value size, a six month supply, the cost per lb. drops even more. That supply is \$179.97. This product costs \$55.37 per lb. of herbs - *only 22%* of what it costs to order on Amazon.

Our low prices are due to many factors, but are NOT due to poor quality!

Here is how we have been able to keep the incredible quality of our product even though our prices are the lowest anywhere:

1. We receive huge volume discounts from our herb suppliers.
2. We ship direct to you, eliminating “middleman” expenses.
3. We have minimal overhead costs as we don’t have a storefront.
4. Our essiac formula works so well that our best advertising is word of mouth, and that doesn’t cost us a penny!
5. Our business goal is to provide essiac to as many people as possible – not to make as much money as possible.

The Paulhus family continues Dr. Brusch's mission of providing the highest quality organic essiac tea at prices that don't take advantage of people in their time of need. Our essiac tea costs just \$10.62 per gallon when you purchase 4 lb. of herbs at a time, and a gallon lasts between two to three weeks, depending on the dosage level you choose. Each dose costs 25 cents! If you know anything about essiac, you know that this price is an absolute steal. In fact, essiac is commonly sold in health food stores for up to *ten times* this price. And with no shipping costs, ordering essiac is the way to go. We are tremendously confident that we are your best option for essiac tea.

If you have any questions or concerns at any time, simply call us 7 days a week at 1-978-504-9517 or Toll-Free at 1-866-ESSIAC1 (1-866-377-4221). You will be able to talk directly with someone who knows all about essiac.

Sincerely,
Gina and Bryan Paulhus

Handwritten signatures of Gina Paulhus and Bryan Paulhus in cursive script.

P.S. If there's *anything* else we can help you with, including special order options not found on our site, please contact us. We'll do our absolute best to accommodate you! You may also reach out to us on our Facebook page or on Messenger: <https://www.facebook.com/genuineessiac/>

Our Herb Quality is Top-Notch. We have always included the Sheep Sorrel Root.

At GenuineEssiac.com, we have maintained the original herb suppliers that were recommended by Dr. Charles Brusch. We have always included the essential sheep sorrel root in our blend.

The herbs we use in our essiac formula are:

1. Organic
2. Chemical-free
3. Pesticide-free
4. Non-irradiated
5. Fully mixed and blended per the exact ratio specified by Rene Caisse and Dr. Charles Brusch
6. 100% Fresh--average inventory turnover is once every three weeks
7. Each batch is tested and used by us before it's shipped to customers.

We obtain seven of the eight herbs we need for the essiac formula (blessed thistle, burdock root, kelp, slippery elm bark, red clover, Turkish rhubarb root, and watercress) from Starwest Botanicals, Inc. in California. Our sheep sorrel includes the root and is sourced from a private grower in Arkansas.

Freshness of Our Herbs

The moisture content of our herbs is: 12-15% moisture content for the blessed thistle, sheep sorrel including the root, and kelp, and less than 10% for the burdock root, red clover, slippery elm bark, watercress and turkish rhubarb root. Our herbs are incredibly fresh because we sell thousands of pounds of essiac every month. We turn over our entire inventory of herbs every 2-3 weeks. This means that our suppliers' herbs are fresh, too. They can hardly keep up with all the essiac we are selling worldwide!

Many of our customers have commented on how fresh our herbs look, smell, and taste. If you purchase essiac from an outlet that sells many different herbal formulas, you're much more likely to receive stale herbs. We carry essiac *and only Essiac*. We never have stale inventory lying around.

If you ever have a concern about the quality of our herbs or packaging, please let us know! If you order doesn't come or doesn't arrive in pristine condition, let us know! We will make it better. Happy customers are our number-one priority! Certificates of Analysis (COA) are always available upon request.

The Essiac Tea Ingredients

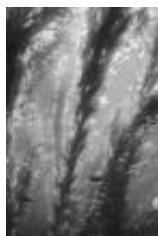
All of our essiac herbs are organic, non-irradiated, pesticide-free, and chemical-free. They are powdered just as Rene Caisse specified, shown here: <https://www.youtube.com/watch?v=cT4TpEpGAp>- see min. 19:57.



Blessed Thistle is used for digestive problems such as gas, constipation and upset stomach. This herb is also used to treat liver and gallbladder diseases.



Burdock Root serves as a mild diuretic for those who have excess fluid. It increases the production of urine and sweat, potentially making it useful in treating swelling and fever. Burdock root might play a role in preventing liver damage caused by alcohol, chemicals or medications. The exact reason is thought to involve opposition of a chemical process called oxidation, which is a reaction that occurs in the body during normal metabolism. One result of oxidation is the release of free radicals, which are chemicals that may suppress immune function and have been linked with cancer. This antioxidant may protect cells from damage caused by oxidation.



Kelp is a sea vegetable that is a concentrated source of minerals, including iodine, potassium, magnesium, calcium, and iron. Kelp as a source of food-based iodine assists in making thyroid hormones, which are necessary for maintaining normal metabolism in all cells of the body. The average American is deficient in iodine. Having sufficient iodine in the body can improve energy levels, boost the immune system and make it easier to maintain a healthy body weight.



Red Clover is a source of calcium, chromium, magnesium, niacin, phosphorus, potassium, thiamine and vitamin C. The isoflavones isolated from red clover have been studied for their effectiveness in treating some forms of cancer. It is thought that the isoflavones prevent the proliferation of cancer cells and that they may even destroy cancer cells.



Sheep Sorrel, including the root (It's 20% root) contains an abundance of oxalic acid, sodium, potassium, iron, manganese, phosphorous, beta carotene, and vitamin C. Sheep sorrel is a mild diuretic, mild antiseptic and a mild laxative for those in need of these effects. These properties make sheep sorrel useful for ridding the body of toxins.



Slippery Elm Bark has been used as a poultice for cuts and bruises, and also for treating aching joints due to gout, arthritis or other causes. This herb also helps to alleviate sore throats. Slippery elm bark is an active ingredient in many throat lozenges. Since sore throat and cough are often linked, slippery elm bark has also been used in cough remedies. It also can alleviate both constipation and diarrhea by regulating the digestive tract.



Turkish Rhubarb Root. This detoxifying herb is world-famous for its healing properties. Rhubarb root purges the body of excess bile, parasites and stagnated food by stimulating the gall duct to expel toxic waste. It has been shown to alleviate chronic liver problems by cleansing the liver. Rhubarb root improves digestion and increases the appetite for healthful foods. It has also been shown to help heal ulcers, alleviate disorders of the spleen and colon, relieve constipation and help heal hemorrhoids and bleeding in the upper digestive tract.



Watercress. Abundant in vitamin C, watercress is used as a general tonic. Its bitter taste is thought to stimulate the appetite and improve digestion. It can be used to alleviate nervous conditions, constipation, and liver disorders. Watercress is a popular cough and bronchitis remedy. It contains a remarkable substance called rhein, which appears to inhibit the growth of pathogenic bacteria in the intestines. It is believed that rhein is also effective against *Candida albicans* (yeast), fever, inflammation and pain.

Benefits You May Receive from Essiac Tea

Essiac tea's primary actions are to remove heavy metals from the body, detoxify the body, restore energy levels, and rebuild the immune system. All of these effects help restore the body to a level to where it is able to better defeat illness and disease using its own resources. Essiac helps rebuild the immune system and improves the body's strength and capacity to fight off disease so that the body can have a better chance to rid itself of illness and disease. Essiac also helps combat inflammation to support healing.

Here are some of the reported effects of essiac tea in the body.

1. Prevents the buildup of harmful fatty deposits in the artery walls, heart, kidneys and liver.
2. Regulates cholesterol levels by helping convert sugars and fats into energy.
3. Destroys parasites in the digestive system and throughout the body.
4. Helps counteract the harmful effects of aluminum, lead and mercury poisoning that can cause illness and disease.
5. Strengthens and improves the functioning of muscles, organs and other tissues throughout the body.
6. Makes bones, joints, ligaments, lungs, and membranes stronger and more flexible, and therefore less vulnerable to stress or stress injuries.
7. Nourishes and stimulates the brain and nervous system.
8. Promotes the absorption of necessary fluids into the body tissues.
9. Removes toxic accumulations that accumulate in bodyfat, lymph tissue, bone marrow, bladder and alimentary canals.
10. Neutralizes and eliminates acids in the bowel.
11. Absorbs and eliminates toxins in the bowel.
12. Clears the respiratory channels by dissolving and expelling mucus.
13. Helps relieve the liver of its burden of excessive detoxification by converting fatty toxins into water-soluble substances that can then be easily eliminated through the kidneys.
13. Assists the liver in producing lecithin. Lecithin forms part of the myelin sheath and is a white fatty material that encloses end nerve fibers. Lecithin is very important for nerve health.
14. Reduces heavy metal deposits in tissues (especially those surrounding the joints) which then reduces inflammation and stiffness.
15. Improves the functions of the pancreas and spleen by increasing the effectiveness of insulin in the body.
16. Purifies the blood.
17. Increases red blood cell production and helps prevent red blood cells from rupturing.
18. Increases the body's ability to utilize oxygen by increasing oxygen levels in the cells.

19. Maintains the ideal balance between potassium and sodium within the body, which helps regulate fluid balance inside and outside each cell. This keeps all body cells nourished with nutrients and optimally cleansed.
20. Converts calcium and potassium oxalates into a harmless form by making them solvent in the urine. Regulates the amount of oxalic acid delivered to the kidneys, thus reducing the risk of stone formation in the gallbladder, kidneys, and urinary tract.
21. Protects against toxins entering the brain.
22. Protects the body against the harmful effects of radiation and X-rays.
23. Relieves pain.
24. Speeds wound healing by an increasing the rate of cell regeneration in the damaged area.
25. Increases the production of antibodies such as lymphocytes and T-cells in the thymus gland to aid in the defense of the immune system.
26. Inhibits benign growths and tumors.
27. Protects the cells against the harmful effects of free radicals.
28. Increases the appetite for healthful foods.
29. Decreases sugar cravings due to improved blood sugar control.
30. Increases energy levels and increases one's sense of well being.

Here are Some Health Conditions that Benefit from an Improved Immune System and Body Detox

It has been proven that the herbs that make up essiac tea reduce levels of toxins and improve the immune system.

1. Cancer (both internal and external to the body)
2. Tumor growth (benign or malignant)
3. High blood pressure and high cholesterol
4. Diabetes
5. Arthritis
6. Chronic pain, including that associated with Fibromyalgia
7. Ulcers
8. Liver problems
9. Problems with the colon, including Irritable bowel syndrome (IBS)
10. Sinus trouble
11. Gout
12. Pneumonia and chest colds
13. Kidney and bladder problems
14. Diarrhea and constipation
15. Fluid retention (edema)
16. Obesity
17. Asthma
18. Allergies
19. Hepatitis C

A Few Essiac Tea Testimonials

"I'm doing quite well. I have been on the Essiac Tea for over a year now and have not missed a dose. I am a stage 4 cancer survivor who was sent home to die on 12/20/14.

After being sliced, diced, radiated, and poisoned for a year. I learned of Essiac Tea from books that I have collected over the years.

I believe that this tea has saved my life. I started the tea January 4 2015, 3 months later I had a pet scan and no cancer. After what I have been through I will never stop taking your tea. Because of my ordeal my wife got sick with liver disease and her prognosis was grim. It was my turn to help her. I started her on the tea. She responded unbelievably well to the tea. She and I take no medication, and our blood markers are all within normal range. Neither of us have told the doctors what we have done. The books I have read say it's best not to say anything. I have connected with a lot of people who are sick or knows someone who is sick.

I recommend your essiac tea to everyone. I'm a walking essiac testimonial. Whenever I order the tea it always arrives on time."

-Thomas Bezak, Maryland

"Very pleased with the tea. I take it 3 times a week and feel terrific. My dad has been taking it for 10 months for stage 4 bone cancer and it has done wonders for him. He is stage 4 bone cancer, and his doctor is amazed how it has helped him."

--Joe Nimey

"I have been taking ESSIAC since May 13th 2020. My dosage has been 3 x 3oz daily. My main reason for going on this course was because of a prostate problem that was threatening to get a little more serious, and I was putting off visiting the doctor because I knew where he would send me.

Within a few weeks of taking ESSIAC I noticed I was going to the toilet almost every 2 hours, and my urine was not looking very good, with quite a bit of blood showing. This went on for almost 6 weeks, and I said to my wife, I may have to go and get the problem sorted in hospital, but because of the COVID-19 virus, I was reluctant to go into hospital. So, I kept up my dosage. and almost like a miracle, I noticed a sudden change, not only with my toilet problems, but I in my overall feeling of wellness, in eating, sleeping etc.

That was two weeks ago now and I am happy to say that I appear to be completely free from my prostate problem. I have more energy, am less worried about the future, not worried about COVID because I think my immune system has been supercharged. I will continue with my regular 3x3oz dosage, and will be placing another order with you, God willing, later in the year. And I have become an expert in making the ESSIAC TEA!!! Thank you and good health to you and your family.

--Joe Campbell, Dublin, Ireland

"Essiac tea helped my dad last year with the cancer on his spine. After my

dad came home from the hospital, the week before Christmas, he was on oxycontin, and was in a tremendous amount of pain (they radiated his 'whole' spine). Basically, they sent him home to die. I brought him essiac and he started taking it, just to appease my sister and me. Two days after taking the essiac tea, his pain went away, and his CT scans were good--the doctors were amazed! However, my dad thinks prescription drugs are the way to go; he doesn't believe in 'voodoo' stuff. Of course, he didn't attribute getting well to the tea. He stopped the essiac tea in the spring. The cancer did spread again in the summer and now he is in a cancer 'vaccine' testing. He has some essiac at his house if he so chooses. I have seen this works and we like the idea of purging cancer causers from our bodies. It is hard to find real essiac tea at an affordable price, which is why we are so glad we found you." **--Karen, CT**

"This wonderful herbal mixture actually works. I am no longer diabetic because of Essiac. I absolutely love it. It also lends a strengthening of will and fortitude to live. Essiac is a Wondrous miracle of nature" **-Jason Honor**

"A very big thank you! I am a 5-year survivor of stage 4 malignant melanoma. I had my second surgery on July 31 when the cancer metastasized and a tumor appeared on my liver. It was successfully removed. There was no other treatment available. That was good news (I didn't plan to do chemo again anyway).

I was told I still had a suspicious cyst on the midsection of my liver. Doctors suggested to watch for changes. I started Essiac tea in August. I went back for a recheck January 12. I had a pet scan, cat scan and blood work. All results are normal! No sign of cancer and the cyst...it's gone! The doctor couldn't believe it and said she couldn't explain it. She was just hoping it didn't grow or change shape. But it actually vanished!!

I feel great, I am running 2 to 4 miles a day. I work full time and all is good. I can't thank you enough. I want to help pass on the great benefits of Essiac. I believe." **--Sue, FL**

"I have been practicing alternative medicine since 1980. I have always known about essiac and recommended it to many of my patients over the years, but never saw the 'need' to take it myself. After all, I didn't have cancer! Thank God I discovered your website. I didn't realize that there were many different formulas out there or that essiac could be used for so many different things.

I was fighting bronchitis and gave essiac a try. Two weeks later I am well! Also, I can truthfully say that I have more energy and feel better, as well as sleep better on essiac. You must realize that these statements are coming from a 60-year-old alternative health practitioner. Until I tried the prescription cough meds to help me sleep last month, I hadn't taken a prescription in over 25 years. I plan on using essiac for the rest of my life and I am going to recommend that all of my patients use it to detox before starting other treatments." **--Dr. Micheal Cole, Murrells Inlet, SC**

You can see more testimonials on our product reviews. Click on an individual product to read them: <https://genuineessiac.com/collections>

Essiac Side Effects, Compatibility and Interactive Concerns

Essiac has no side effects. There is however a beneficial effect that essiac provides for some people. In the beginning some experience an increased frequency of needing to go to the bathroom. *This is a desirable effect* because, once the body is cleaned out, everything will begin to work more effectively. The reason that essiac works at all is that essiac removes toxins – that is what you are hoping for! The increased frequency of needing to go to the bathroom will not be an uncontrolled diarrhea nor an uncomfortable sensation.

Essiac is compatible with all prescription medications. You can take medications at the same time as you take essiac if you wish. Essiac is also compatible with chemo and radiation. Chemo and radiation can reduce the effectiveness of essiac, and so if you are using those treatments, we suggest trying 6 oz. of tea three times per day rather than 3 oz. three times per day.

Essiac does not interact with supplements and you can take any and all supplements while taking essiac. You can take supplements at the same time you take essiac.*

You do not have to change your diet (aside from taking essiac on an empty stomach) while taking essiac, although eating healthy is always a plus. If you choose to follow a special diet while taking essiac that is fine.

*protein powder or amino acids, although considered supplements by some, are considered food for the purposes of essiac and should **not** be taken at the same time as the essiac. Rather, you should treat protein powder just like food and take it with meals.

Genuine Essiac Product Listing

Our most popular order size is the 3 lb. 4 oz. essiac in THIRTEEN (13) 4-oz. packets, and we recommend that size if you've never tried essiac before. You'll also be sure to have enough to be eligible for the Guarantee. The convenience of the packets makes them popular.

Essiac Orders for Improvement of Health Dose

(Each 4 oz. packet of herbs brews one gallon of tea at a time to be used up every 2 weeks. Herbs keep for 2-3 years.)

These order sizes are listed from most popular to least popular.

Weight	Lasts one person*	packaging	Price
3 lb. 4 oz.	6 months	(13) 4-oz. pkts.	\$ 179.97
6 lb. 8 oz.	1 year	(26) 4-oz. pkts.	\$ 335.97
4 lb.	8 months	(4) 1 lb. bags	\$ 169.97
1 lb.	2 months	(4) 4 oz. pkts.	\$ 68.97
1 lb.	2 months	(1) 1 lb. bag	\$ 59.97

*assuming the typical Improvement of Health dose of 9 oz. of tea per day

Essiac Orders designed for Maintenance Dose

(Each 1 oz. packet brews 1 quart of tea at a time. The maintenance dose order size is similar to the aggressive dose for children and pets. See our website GenuineEssiac.com for children and pet dosages.)

These order sizes are listed from most popular to least popular.

Weight	Lasts one person for*	packaging	Price
1 lb. 2 oz.	3 months	(18) 1-oz. pkts.	\$ 79.97 Free
2 lb. 3 oz.	6 months	(35) 1-oz. pkts.	\$154.97 Free

*assuming the recommended 6 oz. of tea per day

Domestic parcels ship free. For international rates please e-mail genuineessiac@gmail.com

To Place an Order, please visit our site**:

GenuineEssiac.com. Click on the "Products" Dropdown menu. Or--Call in your order using 1-978-504-9517. We accept PayPal and all credit cards.

You may also do **mail order by mailing this page with the item you want circled in pen plus a check or money order made out to: Gina Paulhus.

Wholesale for Resellers and Clinicians

We can provide wholesale pricing when you specific quantites at a time for the purposes of resale. Learn more about minimums here:

<https://genuineessiac.com/pages/essiac-wholesale>

Our retail-ready products carry “generic labeling” available without our website or contact information so that your customers will return to you when they are ready to re-order. You may add your company name, logo and/or contact information directly to the packages (on the other side of the packet) if you wish. Preparation and usage instructions are included on the labels. Label-free essiac packets are also available if you would like to create your own. For our wholesale pricing please email genuineessiac@gmail.com.

International Orders

We are happy to ship orders internationally. For price quotes you can email us your full name and shipping address to genuineessiac@gmail.com. Another way is to simply enter your address into our online shopping cart and see shipping prices for your order there. If you phone in international orders, be sure to call us using 1- and then 978-504-9517. We are on EST but feel free to call anytime. You can also message us on Facebook:

<https://www.facebook.com/genuineessiac/>

We have been able to ship essiac to most countries worldwide with no problem. The average time for international orders to arrive depends on the service you choose. We offer USPS and UPS, and can send Fed Ex upon request. When we ship to Australia, we include a special note for customs as requested. *However, please note that if your parcel does not make it to your destination, we are not responsible for replacing missing parcels.* International orders are placed at your own risk. Please check with your local post office that the USPS can ship to your area.

How to Store your Essiac

Store packets of herbs in a relatively cool, dark place. Room temperature is fine as long as you keep the herbs out of the direct sunlight and away from a blasting heater or wood stove. If the room is comfortable enough to live in, it's fine for the herbs. You may store the herbs in the original packaging or packaging of your choice. If you open a packet and need to save some essiac for later, reseal it with a twist-tie (such as the kind that comes with a loaf of bread). Unopened packets of herbs stay fresh for 2-3 years. Do not store the essiac herbs (before they are brewed into a tea) in the refrigerator.

Your **brewed** essiac tea must be refrigerated. Do not attempt to store brewed tea for longer than two weeks, because the tea may spoil beyond that time. Store your tea in any food safe container such as the type of pitcher in which you would store iced tea or lemonade. Amber bottles are not necessary (there is no light inside your refrigerator, so the amber bottles aren't necessary for protection from light for this product as it's stored in the fridge).

Essiac Tea Brewing Instructions

Step 1. Boil the necessary amount of water in a large pot.

The amounts for each size brew are*:

To Make	Use
One gallon of tea	136 oz. water (This is best for aggressive dose)
One quart of tea	36 oz. (This is best for maintenance dose)
One pint of tea	20 oz. (This is best for children or small animals)

* the additional water is there to account for evaporation during the brewing process

Step 2. Add the appropriate amount of essiac herbs.

The amounts for each size brew are:

To Make	Use
One gallon of tea	4 oz. herbs (If you don't have 4 oz. packets, please weigh on a kitchen scale: 4 oz. dry herbs = 113 grams--but an <u>estimate</u> is 1 ¼ cup using dry measurement cups)
One quart of tea	1 oz. herbs (If you don't have 1 oz. packets, please weigh 28.25 grams: estimation is one rounded ¼ cup using dry measurement cups)

3. Boil tea on a medium boil for 10 minutes, stirring occasionally.
4. Leave tea in pot, turn heat off, and let the mixture sit at room temperature for at least twelve hours, but no longer than 24 hours. You do *not* have to boil the tea twice.
5. Pour the tea into a container of your choosing and refrigerate. We prefer open top pitchers such as the kind you'd use for iced tea. The open top makes it easy to stir the tea with a large spoon before pouring each dose in order to ensure that you get some of the herbs into each and every serving. Do **not** strain the tea – leave the herbs in the tea. The herb particles are very fine and should disperse throughout the liquid upon shaking or stirring the container. Drink the essiac quickly upon pouring doses or the herb particles will settle again. The herbs themselves are believed to increase the efficacy level of the tea. This is how Rene Caisse administered the essiac.

Essiac Tea for Children

Essiac may be given to children for the same reason that adults take Essiac.

For more info: <https://genuineessiac.com/pages/essiac-tea-for-children>

Essiac Tea for Pets

Essiac may be given to pets for similar reasons that humans take essiac.

For info. on essiac and pets: <https://genuineessiac.com/pages/essiac-and-pets>

Essiac Tea Dosage

We have two main suggested levels of use for different needs.

1. Improvement of Health dose. We advise those who wish to address a health condition or improve health take the aggressive dose, or the aggressive PLUS dose. More details on these come in the next couple of pages.

2. Maintenance (or preventive) dose. This is what you take when you wish to keep your health the same. It might be used after finishing a course of the aggressive dose, or as a preventive.

To improve taste, some mix essiac with fruit or vegetable juice, honey, or stevia. You will get used to the taste once you start using essiac regularly. If you are still not used it, try holding your nose while you take your dose and rinse your mouth out afterwards with something you like.

****IMPORTANT**** Take essiac on an empty stomach—that means no food for 2 hours before and 1 hour after your dose! Fruit/vegetable juice, water, and black coffee or tea are all ok. Medications and supplements are OK to take along with the essiac as well. It's ideal to space the doses somewhat apart.

Sample eating schedule if you want to eat six times a day (if you want to eat fewer times a day, simply skip the snacks):

Take essiac: 7am

Eat breakfast: 8am

Eat snack: 11am

Eat lunch: 1pm

Take essiac: 3pm

Eat dinner: 5pm

Take essiac: 7pm

Have snack: 8pm

Schedule for when you wake up and want to eat right away:

Eat breakfast: 7am

Take essiac: 9am

Eat lunch: 12p

Take essiac: 2pm

Eat snack: 3pm

Take essiac: 5pm

Eat dinner: 6pm

Eat snack: 9pm

Schedule for spreading the doses out as much as possible:

Take essiac: 6am

Eat breakfast: 7am

Eat snack: 10am

Eat lunch: 12pm

Take essiac: 2pm

Eat snack: 3pm

Eat dinner: 7pm

Take essiac: 9pm

Any combination of stopping eating 2 hours before taking essiac, and waiting 1 hour after taking essiac to eat is fine. Spreading the doses far apart is a good idea, but it's not the end of the world if you can't.

Tip: If you are out and about during the day, take essiac with you in a thermos with a few ice cubes. That way you don't have to miss a dose.

Tip: You can add water to essiac if you have to, but it's preferred to take it cold straight from the fridge.

Essiac Tea Dosage: Detailed Info

Improvement of Health Dose: Recommended dose is 9 oz. of tea per day, taken in three separate 3 oz. doses on an empty stomach.

--You should use this dose if you have or suspect you have a health problem.

--For best results, *stay on the aggressive dose for at least 6 months*. After that time period, you may choose to switch to a maintenance dose of 3 oz. twice per day *once your test results have returned to normal*. If the original health issue persists, continue on the aggressive dose until your condition improves and you're satisfied with the results. It's OK to be on the tea for a long time.

Aggressive PLUS Dose – This is an option for anyone who wants to be as aggressive as possible, in particular if you are on chemo and/or radiation while using essiac. This dose is also used in some cases if an individual is given less than six months to live. It's 6 oz. of tea three times per day on an empty stomach.

Note - Essiac and Chemo/Radiation: Essiac can be taken along with traditional cancer treatments without interfering with those treatments. However, if you are undergoing chemotherapy and/or radiation, be aware that *chemo and radiation can lessen the effects of essiac tea*. If you plan to continue your chemo and/or radiation while using essiac, you might consider taking the Aggressive PLUS Dose due to this issue.

Maintenance Dose: Recommended dosage is 3 oz. of tea twice per day. It's best to take one dose in the morning and one in the evening (meaning you should spread them out). Take the tea on an empty stomach.

--Administer the maintenance dose for at least 6 months *after your test results have returned to normal*.

--Some take the maintenance dose as a daily preventive supplement. This is healthy and safe in the long-term. There is no need to go off of essiac or take breaks, but you may do so if you wish.

--The amount of time you should stay on the maintenance essiac dose is an individual decision. You may decide whether to continue indefinitely, or to stop using essiac once your health is under control. Taking a break isn't going to affect how well essiac works. Your body doesn't "get used to it." Feel free to contact us with any questions.

Detoxification Dose: A detox regimen is typically something that is done for a fixed period of time. Many people choose 3- or 6-month time periods for detoxes. However, some choose to do shorter ones. The dose for a 2-week or 4-week detox is 9 oz. of essiac tea per day, taken 3 oz. three times per day – same as the aggressive dose. A more complete option for a more thorough detox is to simply follow the aggressive dose for six months.

Reason being, essiac really shines more in the long-term rather than as a short-term detox. The benefit to this long-term detox is that the results tend to be more thorough and longer-lasting. Essiac is also gentle on the body, with no unpleasant side effects. You can continue your usual diet and daily work schedule while taking it. All of these benefits make using essiac for a gentle detox a popular choice for all ages.

Frequently Asked Questions

Frequently asked questions about essiac tea are answered for your convenience: <https://genuineessiac.com/pages/faq-frequently-asked-questions-about-essiac-tea>

About us

Our mission is to continue on the mission of Dr. Charles Brusch and Rene Caisse - to make it easy and affordable for folks to purchase high quality, genuine organic essiac tea. We were introduced to essiac in 1986. Aside from hearing incredible stories about essiac over the years, Bryan became personally impacted by essiac when his father experienced a full recovery from lung cancer using essiac.

Bryan first introduced Gina to essiac as a general health supplement back in 2005. Gina Paulhus, Bryan's wife, created GenuineEssiac.com so that everyone could enjoy quality essiac tea that is the same as you would find at any reputable health food store, but at a fraction of the cost. She experienced greatly improved health upon using essiac, including the elimination of her lupus symptoms and resolving her digestion disorder that had previously caused her to need two emergency intestinal surgeries. Gina was so impressed with essiac that she created this website and decided she would like to help Bryan manage this company selling this herbal tea at a steep discount so that this popular herbal tea could be more affordable and accessible to everyone.

Gina and Bryan Paulhus reside in Haverhill, MA with their two cats. They enjoy traveling, the beach, and spending time together. They both share a passion for helping people.



Genuine Essiac

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