



# Genuine Essiac

## Essiac Tea User's Guide

You're here because you want to learn about using Essiac Tea – or perhaps you already use it, and you're hoping that you're using it correctly! That's great. By the end of this guide, you will be an expert in all things Essiac!

### Eight Herb versus Four Herb Essiac

The first thing you need to know is that you want to be sure that the Essiac tea you're using is an eight herb formula.

**Many companies warn you that it's best to buy "Original Essiac" – which is the one that contains just four herbs.** However, buyer beware - there is a newer, more up-to-date formula available, and it's the eight herb Essiac. Like most products, this formula was built upon and improved over the years via extensive research. The four additional herbs are designed to enhance the effectiveness of the original four. *Because of that, four herb formulas call for 2 oz. of tea per serving, while eight herb formulas call for 3 oz. You're not missing out on any of the first four herbs – you're just getting more herbs to help the formula work even better.* You can learn more about that research on eight herb essiac [here](#).



## **What is Essiac Tea Used for?**

Essiac tea is used for any health condition that would benefit from immune support and/or a full body detox. The most common reason folks take Essiac is because they have a tumor (that may or may not be cancerous) or another form of cancer. However, there are many other reasons that folks use Essiac!

### **Some of the most common are:**

- Diabetes
- High Blood pressure
- Heart Disease
- Inflammation
- Digestive Problems
- Chronic Pain

**For more information on the benefits of Essiac Tea visit [this page](#).**



## How Do I Use Essiac Tea?

Next, you may wonder what a regimen of using Essiac tea looks like. It depends on whether you're looking to improve your health or you are simply looking to stay the same.

**If you're looking to improve your health, we recommend you drink 3 oz. of Essiac three times per day.** We call this the Aggressive or Improvement of Health Regimen. This is the amount that was proven to work best in Rene Caisse and Dr. Charles Brusch's research about Essiac tea. The only exception is if you have stage 4 cancer or have been given a terminal diagnosis. In that case you can take up to 6 oz. of Essiac three times per day. You can read more about Rene Caisse and Dr. Charles Brusch's research [here](#).

**If you are simply looking to maintain good health and/or prevent developing health problems, it is recommended that you take 3 oz. twice per day.** We call this the Health Maintenance Regimen.

**No matter whether you take Essiac three times per day or twice per day, you will want to be sure you take your Essiac tea on an empty stomach.** This means no food 2 hours before taking your Essiac and no food 1 hour after taking your Essiac. Water, black coffee, black tea, unsweetened natural fruit and vegetable juice, stevia, supplements, and medications can all be taken during the “empty stomach” time.

### **Sounds Easy Enough. How Do I Make Essiac Tea?**

It's as easy as making pasta! To summarize, you simply boil water and add the amount of herbs you'll need depending on how much you have chosen to make at once. The vast majority of folks make 1 gallon at a time because they are taking the Essiac at a pace of 3 oz. three times per day. A gallon is a perfect amount to make to save time and to make sure your batch is made accurately. The gallon will last 2-3 weeks in the fridge and you will be using up your Essiac by the two-week mark at that usage rate for one person. If you plan to take Essiac only twice per day, you may prefer to make 1 or 2 quarts at a time instead. You can see brewing instructions [here](#) including a [one minute video](#).



## What Can I Expect in Terms of Results?

We have some folks who start feeling better right away – within a few days! Be aware that the Essiac can take up to 6 months to fully kick in based upon the research, but the good news is that many people begin to see and feel benefits much sooner. Most people are shocked at how much their health improves after using this product for a bit. If you'd like to read more about specific testimonials from customers of ours with a variety of conditions, you can see them [here](#).



## What Happens If It Doesn't Work?

There are always a few cases for whom Essiac just doesn't work. While it's exceedingly rare, it does happen. To help make up for it if you are one of the unlucky few for whom it doesn't work, we offer a [Money-Back Guarantee](#) that your health will improve when you use our product for 6 months! If your health doesn't improve, we refund your cost right away. All you have to do is [contact us](#) to let us know.

## How Does it Taste?

Essiac can be described as having a bitter, grassy taste. It's not a tea designed to be sipped for pleasure. That said, many of our customers love the taste and grow to crave it! However, it can certainly take a bit of getting used to. Keep in mind, you only need to drink 3 oz. at a time – it's not a big deal even if you don't love it. You can always add stevia or unsweetened fruit and/or vegetable juice to the tea if you like. Most folks find that they become accustomed to the taste after a few days, even if they have a hard time taking it at first. Here are some more [helpful hints](#) on taste.

## Can I Find It for a Lower Price Elsewhere?

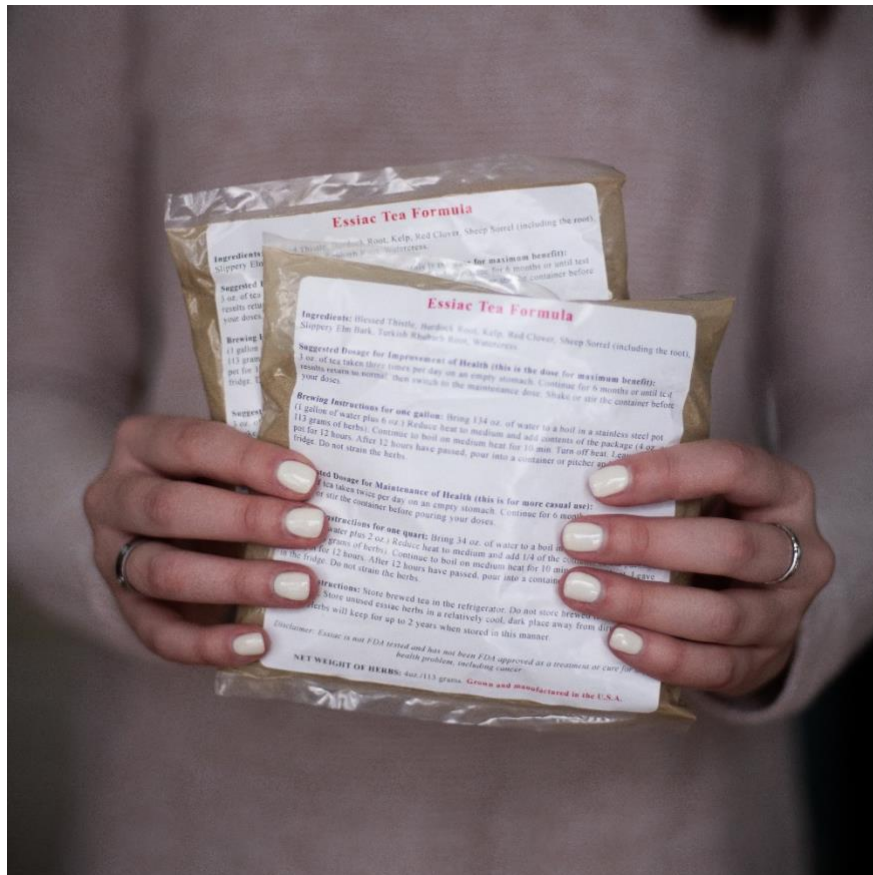
That's doubtful! We notice that we have the lowest prices of any Essiac company that has the legit eight herb formula. We even have a 110% Price Match Guarantee to help prove it to you. If you see a price for real Essiac that is less than ours, we will honor that price and even beat it by 10%. Just [contact us](#) to let us know.

**If you're thinking of buying on Amazon, think again.** We routinely see Essiac being sold for *eight times* as much on Amazon. And on top of that, many of the Essiac products there aren't legit. They are either made of outdated formulas or they contain cheap fillers. You can read more about the pitfalls of buying Essiac on Amazon [here](#).



## How Do I Know You Have the Correct Formula?

Keep in mind that we are the only Essiac tea company offering the Money Back Guarantee that your health will improve! That alone should tell you a lot. Aside from that, we have Proof of Authenticity posted on our site for you to [check out](#).



## How Do I Order?

Ordering is easy! You can order on our site with a Credit Card, Paypal or Amazon Pay. We also offer payment in 4 installments.

<https://genuineessiac.com/collections>

You can also call in your order anytime: 1-978-504-9517.

If you aren't sure what type of packaging you should order, you can check out our [Ordering Guide video](#). To summarize, you want to order the 4 oz. packets from our [Value Collection](#) if you will be making 1 gallon at a time. You want the 1 oz. packets from our [Mini Packets Collection](#) if you will be making 1 quart or 2 quarts at a time.

**The 4 oz. packets are best for adult users who wish to improve their health.** The 1 oz. packets are best for those using this product for maintenance or prevention, or for those providing Essiac tea to [children](#) or [pets](#) 85 lb. and under. Pets over 85 lb. are best with the 4 oz. packets.

Here is our [FAQ](#) if you would like to learn even more about our Essiac.

You can [request to Join our Facebook Group here](#).

Learn all about common Essiac myths and misconceptions [here](#).

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