

	mg/kg	mg per 3 oz
Calcium	12300	292.86
Iron	623	14.83
Mercury	0.01	0.00
Potassium	18600	442.86
Magnesium	3470	82.62
Sodium	2610	62.14
Phosphore	2780	66.19
Lead	0.641	0.02
Zinc	20.9	0.50

Humidity	7.55 %
Ash	9.26 %
Total fat	4.05 %
Carbohydrate	68.1 %

Iodine 201 mcg

	per 100 g	per 3 oz
Calories	353	18.97849
Dietary fiber	46.9	2.521505