

CRAVINGS CONTROL “CARBOHYDRATE CRAVINGS AND EMOTIONAL EATING”



Ingredients (per capsule):	300 mg.
L-Phenylalanine	100 mg.
Vitamin C	25 mg.
Vitamin B6 (pyridoxine HCL)	50 mg.
Pantothenic Acid (B5)	

Other Ingredients:

Microcrystalline cellulose, magnesium stearate, silicon dioxide.

How to use: 1 capsule before bed, 2 capsules in the morning.

Features/Benefits:

- Inhibits appetite by releasing cholecystinin (CCK), the hormone associated with satiety
- Increases production of norepinephrine (NE)
- Curbs cravings and “head hunger”
- Regulate mood
- Enhance mental focus
- No side effects, non-stimulant
- Safe for long-term use

Key Ingredients:

L-Phenylalanine - converts to neurotransmitter in the brain; precursor to norepinephrine
Vitamin C + B6 - catalysts required for the conversion of phenylalanine to norepinephrine
Vitamin B5 - co-enzyme required for the utilization of other vitamins

Who should use?

- Add-on to any weight loss program
- Easily transitions to maintenance program

Brief description:

CRAVINGS CONTROL is a natural appetite suppressant that is not a stimulant and is available without a prescription”

Common questions:

Q: Why do I take one before bed? **A:** L-phenylalanine takes several hours to be converted to NE.