

FA "Sublingual 5-HTP/GABA Spray"



Ingredients (per 6 sprays):

GABA	1500 mcg
L-Carnitine	100 mg
5-HTP	25 mg
Vitamin B6	5 mg

Other Ingredients:

Purified water, xylitol, stevia, malic acid, tartaric acid, citric acid, potassium sorbate, and fruit flavors.

How to use: 6 sprays under the tongue daily; can be split to 3 sprays twice per day.

Features/Benefits:

- Reduce appetite and cravings
- Fat Loss Accelerator / Optimize Fat Metabolism
- Increases Energy
- Reduce feelings of depression & anxiety
- Promotes quality of sleep
- Sublingual Absorption

Key Ingredients:

5-HTP - Precursor to serotonin. Increased levels of serotonin leads to a release of satiety hormones while simultaneously blocking specific neurons which inhibit satiety.

GABA - Amino acid and powerful neurotransmitter which plays a key role in energy balance. Can cause an increase of growth hormone which may help promote lean body mass via lipolysis and protein synthesis.

L-Carnitine - Facilitates transport of fatty acids into the mitochondria; stimulates lipolysis, a process which results in increased fat burning and ATP production.

Vitamin B6 - Essential for the conversion of neurotransmitters. Cofactor in metabolic functions.

Who should use?

- Patients who struggle with cravings (especially carbohydrate cravings or cravings triggered by emotions)
- Patients who are depressed or anxious
- Patients with trouble sleeping
- Patients with low energy levels

Brief description:

"5-HTP PLUS is a sublingual neurotransmitter/amino acid spray which will improve metabolism while promoting satiety and a sense of well-being."