

TENKAICHI

VEGETARIAN & VEGAN MENU

NOODLE & RICE DISHES

VEGETARIAN CURRY 10.60 Crispy tempura battered tofu, served with traditional pickle & boiled rice

VEGAN RAMEN 9.65 Vermicelli (rice) noodles served in a deep bowl with mixed greens, menma (pickled bamboo shoots) mixed vegetables in a vegetable stock 

VEGAN YAKI 8.65 Your choice of yaki or soba stir fried noodles with, beansprouts, carrots, green peppers, mange tout, onions, Chinese leaf garnished with shredded seaweed 

VEGETABLE RAMEN 9.10 Japanese style egg noodles in a miso base with mixed vegetables and a spring onion topping

YASAI ITAME TOFU KING SIZE 7.75 Tofu with stir fried mixed vegetables in a sesame, soy, ginger sauce 

KITSUNE UDON 9.25 Udon noodles in a traditional shoyu broth topped with sweetened deep fried tofu pockets

VEGAN NINUKU CHAHAN 9.35 Stir fried rice, with garlic and mixed vegetables 

NINUKU CHAHAN 9.55 Egg fried rice, garlic and mixed vegetables

VEGETABLE DONBURI 10.60 Deep fried mixed vegetables in a light crispy batter; with boiled rice garnished with seaweed & spring onions (Includes very lightly cooked eggs, no miso soup)

BENTO

TEMPURA VEGETABLE BENTO 13.45 Vegetable tempura, with vegetarian California roll and Japanese spinach gyoza

SIDE DISHES

JAPANESE 5 VEGETABLE GYOZA 5.60 Deep fried spinach dumplings. Filled with cabbage, pea, soy bean (edamame), carrot and white radish (5 pieces) 

HOT PEPPERED TOFU 5.75 A spicy tofu with onions & peppers 

YASAI ITAME 5.45 Stir fried mixed vegetables in a soy ginger sauce 

SALT OR CHILLI SALT EDAMAME 4.10 Steamed soy beans, harvested whilst young and tender. Low in calories, no cholesterol and an excellent source of protein, iron and calcium 

EXTRAS

WHEAT NOODLES 4.95 Your choice of Soba or Udon Noodles stir fried with beansprouts, onions and garlic sauce 

VERMICELLI RICE NOODLES 5.95 Gluten free vermicelli noodles stir fried with beansprouts, onions and garlic sauce 

PICKLES 1.35 Authentic traditional Japanese pickles; served with most meals in Japan 

CURRY SAUCE 2.45 Home made Japanese curry sauce 

PICKLED GINGER (Gari) 1.55 Thinly sliced young ginger marinated in sugar and vinegar 

BOILED RICE 2.75 

SUSHI

HOSOMAKI

ASSORTED HOSOMAKI (16 piece) 7.95 Assorted hosomaki with cucumber, egg, yellow radish pickle & avocado

KAPA HOSOMAKI 4.15 Sushi rice rolled in seaweed and filled with juicy cucumber 

OSHINKO HOSOMAKI 4.15 Sushi rolled in seaweed, filled with traditional Japanese yellow radish pickle 

AVOCADO HOSOMAKI 4.15 Sushi rice rolled in seaweed and filled with avocado 

MAKI

VEGETABLE CALIFORNIA MAKI (8 Piece) 4.95 Sesame sushi roll with a delicious avocado and cucumber filling 

NIGIRI

AVOCADO NIGIRI 3.65 

TAMAGO NIGIRI (Egg) 3.55

INARI NIGIRI (Tofu) 3.85 

THE TENKAICHI EXPERIENCE

Mr. TENKAICHI'S VEGAN EXPERIENCE 27.95 

VEGAN CALIFORNIA MAKI

AVOCADO NIGIRI

VEGAN NINIKU CHAHAN

JAPANESE 5 VEGETABLE GYOZA

EDAMAME

PASSION FRUIT & MANGO MOCHI

WITH DRINKS 44.95 

Mr TENKAICHI PLUM COCKTAIL

BOTTLE OF ASAHI BEER

SHO CHIKU BAI CLASSIC JUNMAI SAKE

CHOICE OF JASMIN OR GREEN TEA



DESSERTS

DEEP FRIED MANGO 5.65 Fresh mango, deep fried in a light coconut batter and drizzled with a luxurious golden syrup

MOCHI 6.65 (Three pieces) a traditional gluten free Japanese dessert made with sticky rice paste and sweet ice cream filling inside. Chose from; Chocolate Ganache, Coconut, Mango, Salted Caramel, Black Espresso or Passion Fruit & Mango 

Vegan dishes are marked with the following key: 

Allergies, intolerances and general information.—If you have a food allergy, intolerance or sensitivity, please let your server know before you order. They will be able to suggest the best dishes for you. Our dishes are prepared in areas where allergenic ingredients are present. We cannot guarantee our dishes are 100% free of these ingredients there are occasions in which our recipes change. It is always best to check with your server before ordering. We use soya bean oil produced from genetically modified soya. Please note whilst we take care to remove any small bones or shells from our dishes, there is a small chance that some may remain. Our staff receive 100% of tips.