

# HOUBLONMONSTRE TRIPEL IPA

Official NORTHERN BREWER Instructional Document

Once upon a time a poor homebrewer was lamenting the lack of time that the modern world allowed him for his hobby. He had the ingredients for a batch of Tripel and a batch of IPA, but the demands of home and work life were such that he had no opportunity to brew them, and so he cried himself to sleep. While he slept, a collective of Ardennes Forest Beer Gnomes (Houblonmonstres, in Flemish) came into his house and took pity on the poor homebrewer. They decided they'd brew his beer for him. Unfortunately, the Gnomes were already three sheets when they broke into his home, and so they combined the ingredients for the two batches. This recipe is the result of their drunken meddling: an elegant and pale strong abbey ale carpet-bombed with American and continental hops. You're going to have to do the brewing yourself, though.

**O.G: 1.082 READY: 2 MONTHS**

1-2 weeks primary, 1 month secondary,  
1-2 weeks bottle conditioning

## KIT INVENTORY:

### MAILLARD MALTS™ EXTRACTS & OTHER FERMENTABLES

- 3.15 lbs Pilsen malt syrup (60 min)
- 6 lbs Pilsen malt syrup late addition (15 min)
- 2 lbs Corn or Priming sugar late addition (0 min)

### HOPTIMUS REX™ PREMIUM HOPS & OTHER FLAVORINGS

- 1 oz US Magnum (60 min)
- 1 oz Saaz (15 min)
- 1 oz Cascade (15 min)
- 1 oz Saaz (5 min)
- 1 oz Cascade (5 min)

### YEAST (2 PACKS OR AN APPROPRIATE YEAST STARTER)

**DRY YEAST (DEFAULT):** Fermentis Safbrew BE-256  
West Coast Ale Yeast Optimum temperature: 54-77F

**LIQUID YEAST OPTION:** Wyeast 3522 Belgian  
Ardennes. Optimum temperature: 65-76°F - or - Omega  
Yeast OYL - 024 Belgian Ale A. Optimum temper-  
ature: 65-78°F.

## BEFORE YOU BEGIN ...

### MINIMUM REQUIREMENTS

- Homebrewing starter kit for brewing 5 gallon batches
- Boiling kettle of at least 3.5 gallons capacity
- A 5 gallon glass carboy, with bung and airlock, to use as a secondary fermenter - If you do not have a secondary fermenter you may skip the secondary fermentation and add an additional week to primary fermentation before bottling
- Approximately two cases of either 12 oz or 22 oz pry-off style beer bottles

## UNPACK THE KIT

- Refrigerate the yeast upon arrival
- Locate the Kit Inventory (above) - this is the recipe for your beer, so keep it handy
- Doublecheck the box contents vs. the Kit Inventory
- Contact us immediately if you have any questions or concerns!

## PROCEDURE

### A FEW DAYS BEFORE BREWING DAY

1. Remove the liquid Wyeast pack from the refrigerator, and "smack" as shown on the back of the yeast package. Leave it in a warm place (70-80° F) to incubate until the pack begins to inflate. Allow at least 3 hours for inflation; some packs may take up to several days to show inflation. Do not brew with inactive yeast - we can replace the yeast, but not a batch that fails to ferment properly. If you are using dry yeast, no action is needed.
2. Prepare a yeast starter. Follow the Yeast Starter Kit instructions. Allow the starter to incubate for at least one day. Or, instead of a yeast starter, reuse a yeast cake from a previous batch.

### ON BREWING DAY

3. Collect and heat 2.5 gallons of water.
4. Bring to a boil and add the 3.15 lbs Pilsen malt syrup. Remove the kettle from the burner and stir in the Pilsen malt syrup.
5. Return wort to boil. The mixture is now called "wort", the brewer's term for unfermented beer.
  - Add 1 oz US Magnum hops and boil for 60 minutes.
  - Add 1 oz Cascade hops, 1 oz Saaz hops and 6 lbs Pilsen malt syrup 15 minutes before the end of the boil.
  - Add 1 oz Cascade hops and 1 oz Saaz hops 5 minutes before the end of the boil.
  - Add 2 lbs Corn sugar at the end of the boil.

6. Cool the wort. When the 60-minute boil is finished, cool the wort to approximately 100° F as rapidly as possible. Use a wort chiller, or put the kettle in an ice bath in your sink.

7. Sanitize fermenting equipment and yeast pack. While the wort cools, sanitize the fermenting equipment - fermenter, lid or stopper, fermentation lock, funnel, etc - along with the yeast pack and a pair of scissors.

8. Fill primary fermenter with 2 gallons of cold water, then pour in the cooled wort. Leave any thick sludge in the bottom of the kettle.

9. Add more cold water as needed to bring the volume to 5 gallons.

10. Aerate the wort. Seal the fermenter and rock back and forth to splash for a few minutes, or use an aeration system and diffusion stone.

11. **OPTIONAL:** if you have our Mad Brewer Upgrade or Gravity Testing kits, measure specific gravity of the wort with a hydrometer and record.

12. Add yeast once the temperature of the wort is 75°F or lower (not warm to the touch). Use the sanitized scissors to cut off a corner of the yeast pack, and carefully pour the yeast into the primary fermenter.

13. Seal the fermenter. Add approximately 1 tablespoon of water to the sanitized fermentation lock. Insert the lock into rubber stopper or lid, and seal the fermenter.

14. Move the fermenter to a warm, dark, quiet spot until fermentation begins.

### BEYOND BREWING DAY, WEEKS 1-2

15. Active fermentation begins. Within approximately 48 hours of Brewing Day, active fermentation will begin - there will be a cap of foam on the surface of the beer, and you may see bubbles come through the fermentation lock.

16. Active fermentation ends. Approximately 1-2 weeks after brewing day, active fermentation will end: the cap of foam falls back into the new beer, bubbling in the fermentation lock slows down or stops.

17. Transfer beer to secondary fermenter. Sanitize siphoning equipment and an airlock and carboy bung or stopper. Siphon the beer from the primary fermenter into the secondary.

### BEYOND BREWING DAY- SECONDARY FERMENTATION

18. Secondary fermentation. Allow the beer to condition in the secondary fermenter for 1 month before proceeding with the next step. Timing now is somewhat flexible.

### BOTTLING DAY-ABOUT 1.5 MONTHS AFTER BREWING DAY

19. Sanitize siphoning and bottling equipment.

20. Mix a priming solution (a measured amount of sugar dissolved in water to carbonate the bottled beer). Use the following amounts, depending on which type of sugar you will use:

- Corn sugar (dextrose)  $\frac{2}{3}$  cup in 16 oz water.
- Table sugar (sucrose)  $\frac{5}{8}$  cup in 16 oz water.

Then bring the solution to a boil and pour into the bottling bucket. **NOTE:** If you wish to achieve a level of carbonation similar to commercial versions of Belgian ales, use an additional 1 to 2 oz. sugar in the priming solution.

21. Siphon beer into bottling bucket and mix with priming solution. Stir gently to mix - don't splash.

22. Fill and cap bottles.

### 1-2 WEEKS AFTER BOTTLING DAY

23. Condition bottles at room temperature for 1-2 weeks. After this point, the bottles can be stored cool or cold.

24. Serving. Pour into a clean glass, being careful to leave the layer of sediment at the bottom of the bottle. Cheers!