

AIR FILL:

1. Unthread and remove the negative air chamber cap found on the bottom of the spring leg.

2. Attach a high-pressure, suspension specific pump to the valve and using the pump's bleed button, remove all pressure. Remove the pump.

3. Unthread and remove the positive air chamber cap (at the top of the spring leg) and attach a high-pressure suspension specific pump to the valve.

4. Fill the positive air chamber to the desired pressure (a chart can be found below). Remove the pump and re-install the positive air chamber cap.

5. Return to the negative air chamber; attach the pump, fill to the desired pressure, remove the pump, and re-install the negative air chamber cap.

REBOUND:

Utilize these recommened settings by turning the rebound knob fully clockwise then turning it back counter-clockwise until you reach the desired number of "clicks".

WEIGHT			LONG TRAVEL 150mm+				MID TRAVEL 27.5 150mm / 27.5+/29 140mm				SHORT TRAVEL 27.5 140mm / 27.5+/29 120+130mm			
				NEG. PSI.	NEG. PSI.	REB. (from		NEG. PSI.	NEG. PSI.	REB. (from		NEG. PSI.	NEG. PSI.	
LBS.	KG.	ST.	POS. PSI.	NEUTRAL	PLUSH	closed)	POS. PSI.	NEUTRAL	PLUSH	closed)	POS. PSI.	NEUTRAL	PLUSH	REB. (from closed)
100	45	7.1	40	41	44	16	45	46	49	15	50	51	55	15
110	50	7.9	44	45	48	15	50	51	54	15	55	56	60	14
120	55	8.6	48	49	52	15	54	55	59	14	60	61	65	14
130	59	9.3	52	53	57	14	59	60	64	14	65	66	71	13
140	64	10.0	56	57	61	14	63	64	69	13	70	71	76	13
150	68	10.7	60	62	65	13	68	69	74	13	75	77	82	12
160	73	11.4	64	66	70	13	72	74	78	12	80	82	87	10
170	77	12.1	68	70	74	12	77	78	83	10	85	87	93	10
180	82	12.9	72	74	78	10	81	83	88	10	90	92	98	9
190	86	13.6	76	78	83	10	86	87	93	9	95	97	104	9
200	91	14.3	80	82	87	9	90	92	98	9	100	102	109	8
210	95	15.0	84	86	92	9	95	97	103	8	105	107	114	8
220	100	15.7	88	90	96	8	99	101	108	8	110	112	120	/
230	105	16.4	92	94	100	8	104	106	113	7	115	117	125	7
240	109	17.1	96	98	105	7	108	110	118	/	120	122	131	6
250	114	17.9	100	103	109	7	113	115	122	6	125	128	136	6
260	118	18.6	104	107	113	6	117	120	127	6	130	133	141	5
270	123	19.3	108	111	117	6	122	124	132	5	135	138	147	5
280	127	20.0	112	115	122	5	126	129	137	5	140	143	152	4
290	132	20.7	116	119	126	5	131	133	142	4	145	148	158	4
300	136	21.4	120	123	130	4	135	138	147	4	150	153	163	3