

# Grow Ease Synergy

Tangy, Fruit Scent With a Hint of Spiciness

Eases the Aches Associated With Growing

Use Topically Diluted With A Carrier Oil

Add to a Warm Bath Before Bedtime

Helps Your Child Relax

Comforting and Soothing

## Product Details

**Ingredients:** Juniper Berry, Rosalina, Spruce, Turmeric, and Blue Tansy

**KidSafe:** Yes

**Cautions:** None Known When Diluted Correctly



## Description

As children grow and develop they can occasionally suffer from aches and leg cramps. It's awful and we have all been there to endure it. That is why at Plant Therapy we keep kids in mind with our KidSafe Grow Ease Synergy Blend. Grow Ease can help soothe sore muscles and ease the leg cramps associated with growing. It has a tangy, fruit scent with a hint of spiciness making it unique, and kid friendly. KidsHealth.org says that 25%-40% of children suffer from growing soreness and that it usually happens between the ages of 3-5 and 8-12. We can't stop them from growing, but we can help with the aches and cramps that come with it!

## Directions

For a soothing bath to help relax your child and ease the aches and cramping associated with growing, add 3-5 drops to 1 tablespoon of bubble bath or body wash and a 1/2 cup of Epsom salt, and add to a warm bath before bed. For topical use, dilute Grow Ease to 2-4% in your favorite Plant Therapy carrier oil and apply to the affected area.

## Why KidSafe®

Specifically formulated by Robert Tisserand for children ages 2-10, KidSafe by Plant Therapy is the first-ever line of essential oils developed especially for children. As parents ourselves, the Plant Therapy team wouldn't settle for anything less than absolute safety. That's why we invited the world's foremost expert on essential oil safety, Robert Tisserand, to create the KidSafe line. The level of research, testing and quality assurance that we put into developing our KidSafe line is unparalleled in the industry.

Not only are the oils 100% safe for children, they are effective too.

If you are looking for essential oils to use on your little one, there is simply no comparable product available on the market today!

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