

PRIMAL PANCAKE MIX 200G

NUTRITION FACTS (FINISHED SERVE)

SERVES PER PACK: 8 SERVING SIZE: 60g

INGREDIENTS

Almond Meal, Coconut Sugar, Spices (Cinnamon, Nutmeg), Vanilla Extract, Baking Powder.

Contains Tree Nuts (Almond).

These values are for a batch of pancakes weighing approximately 480g produced when pancakes are prepared according to packet directions.

NUTRIENT	QUANTITY PER SERVING	QUANTITY PER 100G
Energy	864kj	1440kj
Protein	6.4g	10.7g
Total Fat	18.3g	30.5g
- Saturated Fat	4.7g	7.8g
Carbohydrates - Total	3.7g	6.2g
- Sugars	2.7g	4.4g
Sodium	86mg	144mg