

# **Indirect Cementation Solutions**

When choosing the proper dental cement, it is critical to consider the material that is being used for the indirect restoration. Below is a summary of factors to consider for various substrates and restorative conditions.



# **Dental Substrate** Considerations

## **METAL RESTORATIONS**

Self-cure and dual-cure adhesive resin cements are ideal where little or no light can be transmitted through the restorative material.

- The cement you use should have a strong affinity to metal. If not, use a separate metal/zirconia primer (i.e. Z-Prime Plus).
- · Self-adhesive cements are a good choice for retentive preparations.
- · A self-adhesive resin cement containing the MDP monomer will have a higher affinity to metal (i.e. TheraCem).

### ZIRCONIA OR ALUMINA

Dual-cure adhesive resin cements are recommended as only some light can transmitted through the restorative

- Dual-cure cements are ideal for crowns, bridges and inlays/onlays.
- Creating a hydrophobic, resin-loving, surface is imperative. This can be done by applying a primer such as Z-PRIME™ Plus or, by applying a dental adhesive that contains MDP (All-Bond Universal). Application of a primer significantly enhances the bond strength between the resin cement and the dental substrate.
- · If using an MDP containing selfadhesive resin cement (i.e. TheraCem), no primer is required.

#### FELDSPATHIC CERAMIC LITHIUM DISILICATE/e.max<sup>3</sup>

A total-etch or, a universal adhesive system in the total-etch technique, along with a resin cement will yield the best

- · HF etching & silanization of the ceramic surface is required.
- · A total-etch or, a universal adhesive system in the total-etch technique, is recommended for treatment of the tooth surface.
- Light-Cure resin cements are ideal for dental veneers as they will prevent potential discoloration (shade shifting) over time and will provide maximum strength.
- A hema-free bonding resin (Porcelain Bonding Resin) is recommended for the internal surface of the veneer which will also aid in preventing discoloration
- · A dual-cure resin cement is recommended for crowns, bridges, inlays/onlays.

### **COMPOSITE**

Dual-cure resin cements are recommended as light may be attenuated as it transmits through the restorative material.

- · Any resin cement can be used as they all have a strong affinity to resin composite.
- · A dental adhesive in the self-etch, selective-etch or total-etch technique can be used for a full coverage restoration.
- · For inlays/onlays, a selective-etch or total-etch technique is recommended.



# **Restorative** Considerations

## **MARYLAND BRIDGES**

A total-etch or, a universal adhesive system in the total-etch technique. and a resin cement should be used as the retention of the bridge is highly dependent upon achieving a maximum

· Dual-cure or self-cure resin cements are recommended as light transmission

### **SHORT CROWNS**

A total-etch or, a universal adhesive system in the total-etch technique, and a resin cement should be used as the retention is highly dependent upon achieving a maximum bond between the tooth surface and restorative material.

· Priming the indirect restorative material is mandatory.

### **POSTS**

Dual-cure or self-cure cements and/ or dual-cure core build-up materials (i.e. Core-Flo DC/Core-Flo DC Lite) are recommended for metal posts as no light can be transmitted into the canal

- Dual-cured resin cements are acceptable for light-transmitting fiber
- Self-adhesive resin cements are a good option for both fiber and metal posts as it simplifies the bonding/cementation process by eliminating the need for bonding in the canal.'
- A self-adhesive resin cement containing the MDP monomer will have a higher affinity to metal (i.e TheraCem).

\*Post length must be a minimum of 8mm or bonding is recommended.

### **VENEERS**

A total-etch or, a universal adhesive system in the total-etch technique. and a resin cement should be used as the retention of the veneer is highly dependent upon achieving a maximum bond to the enamel.

- · A light-cured cement (i.e. Choice 2) will aid in preventing discoloration (shade shifting) over time.
- A hema-free bonding resin is recommended on the internal surface of the veneer.
- After HF etching, a pure silane should be used to prime the ceramic surface. It is not recommended to use a silanecontaining dental adhesive.

When should a **CROWN** restoration be BONDED?

Preparatio	n Height /	Taper

	<b>8</b> °	10°	12°	16°	20°
4mm	Conventional or Self-Adhesive Cement (eg. TheraCem)	Conventional or Self-Adhesive Cement (eg. TheraCem)	Conventional or Self-Adhesive Cement (eg. TheraCem)	Self-Adhesive Cement (eg. TheraCem)	Self-Adhesive Cement (eg. TheraCem)
3mm	Conventional or Self-Adhesive Cement (eg. TheraCem)	Conventional or Self-Adhesive Cement (eg. TheraCem)	Self-Adhesive Cement (eg. TheraCem)	Self-Adhesive Cement (eg. TheraCem)	Bond (eg. All-Bond Universal + Duo-Link Universal)
2mm	Bond (eg. All-Bond Universal	Bond (eg. All-Bond Universal	Bond (eg. All-Bond Universal	Crown Lengthen	Crown Lengthen



By Dr. Ron Jackson

# **CEMENT** Selection Guide

BISCO offers the latest technology in cementation and keeps it simple for the clinician by providing a cement line which covers every Dentist's indirect restorative needs.



