

Bangle Size Guide

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How to use the ruler:

- To get the best results, you will need to go to the 'printing option' before printing and ensure that the 'page scaling' option is set to 'none' in the print dialogue box. The bangle sizer must be printed on full letter size (8 ½ x 11 inches) size page.
- Cut out the ruler and cut the slit at the end of the ruler. Place your hand through the sizer and pull until you are comfortable with the fit.

How to measure using a tape measure:

• Using a soft tape measure, wrap the soft tape measure around your wrist and stop when you are comfortable. Make a note of the number at the point where the tape meets the number 0.

Bangle Size (cm)	Bangle Size (mm)
13 cm	48 mm
14 cm	50 mm
15 cm	52 mm
16 cm	54 mm
17 cm	56 mm
18 cm	58 mm
19 cm	60 mm
20 cm	62 mm
21 cm	64 mm







